

Pos	Name	Category	Club	Time
1	Chris Arthur	M	Bowland	01:32:52
2	Sam Stead	M	Keswick AC	01:37:45
3	Morgan Donnelly	MV40	Borrowdale	01:38:24
4	Gregor Stewart	M	Westerlands	01:38:35
5	Ted Feguson	U23M	Borrowdale	01:40:10
6	Joshua Jardine	M	Helm Hill	01:40:33
7	Ben Bardsley	MV40	Borrowdale	01:42:46
8	Charlie Lowther	M	Eden Runners	01:43:32
9	Simon Pymm	M	Horwich RMI	01:43:45
10	Simon Netherway	M	Keswick AC	01:46:32
11	Mario Yeomans	M	CFR	01:46:52
12	Ray Ward	MV40	Hunters Bog Trotters	01:46:56
13	Graeme Brown	MV40	Todmorden	01:47:26
14	Jack Smith	M	Wharfdale Harriers	01:47:58
15	Neal Crampton	M	Pudsey And Bramley	01:48:34
16	Nick Corker	MV40	Royal Sutton Coldfield AC	01:48:36
17	David Birch	M	Keswick AC	01:49:16
18	Dave Milliken	MV50	Horwich Harriers	01:50:08
19	Andy Thompson	M	Helm Hill	01:50:20
20	Darren Fishwick	MV40	Chorley A&T	01:50:35
21	Mark Chippendale	MV40	Bowland	01:51:13
22	Shane Ohly	MV40	Helm Hill	01:52:35
23	Rick Stuart	MV50	Helm Hill	01:52:41
24	James Bailey	M	Bowland	01:52:41
25	Scott Umpleby	MV50	Kendal AAC	01:52:56
26	Ben Jackson	M		01:53:01
27	Dave Prosser	MV50	Keswick AC	01:53:28
28	Mark Baddley	MV40	Lincoln Wellington AC	01:53:28
29	Julian Simpson	MV40	Richmond And Zetland	01:54:24
30	Robert Green	M	Achille Ratti	01:54:41
31	Craig Freshwater	M	Hunters Bog Trotters	01:55:24
32	James Williamson	M	Clayton-le-moors	01:55:29
33	Adam Jackson	MV40	Northern Fells RC	01:55:39
34	Heidi Dent	W	Howgill Harriers	01:56:01
35	Grant Baxter	MV40	Ochil Hill Runners	01:56:21
36	James Graham	MV40		01:56:29
37	Richard Stevens	MV40	Ambleside AC	01:56:31
38	Rob Crawford	MV40	Howgill Harriers	01:56:33
39	Andrew Slattery	MV40	Keswick AC	01:56:35
40	Scott Collier	M		01:56:37
41	Andy Green	MV40	Tynedale Harriers	01:56:47

42	Philip Pearson	MV50	Northern Fells RC	01:56:51
43	Paul Johnson	MV40	CFR	01:56:53
44	Craig Burrow	MV40	Helm Hill	01:56:55
45	Nigel Bunn	MV50	Tring RC	01:56:57
46	Catherine Spurden	W	Keswick AC	01:56:57
47	Gary Beardwood	MV40	Helm Hill	01:57:08
48	Brett Stevens	M		01:57:12
49	Jonny Marchant	MV40	Helm Hill	01:57:14
50	Al Smithson	M	Mersey Tri	01:57:35
51	Dan Croft	MV50	Macclesfield Harriers	01:57:40
52	John Mason	MV50	Dewsbury Road Runners	01:57:44
53	Andy Gibbons	M	Bingley	01:58:12
54	Martin Spooner	M	Howgill Harriers	01:58:26
55	Steve Birkinshaw	MV40	Borrowdale	01:58:31
56	Simon Roberts	MV40	Buckley Runners	01:58:31
57	Andy Ford	M	Horwich RMI	01:58:32
58	Dave Haygarth	MV40	Rosendale	01:58:36
59	Jenn Mattinson	W	Horwich AC	01:58:37
60	Edmond Jackson	MV50	Ambleside	01:58:43
61	Neil McKensie	MV40	Ambleside	01:58:44
62	Graham Collins	MV40	Belper Harriers	01:59:21
63	Daniel Shaw	M	Holmfirth Harriers	01:59:29
64	Andrew Hobson	M		01:59:53
65	Mark Pearson	MV40		02:15:26
66	Simon Mortlock	MV50	Dumfries RC	02:16:51
67	Bill Johnson	MV50	Calder Valley	02:00:29
68	Rupert Bonington	MV40	Keswick AC	02:00:48
69	David Edmondson	MV50	Clayton-le-moors	02:01:42
70	Aaron Walmsley	M		02:01:50
71	Clark Hind	M	08:31	02:01:54
72	Jacob Tonkin	M	Keswick AC	02:02:00
73	John Beetham	MV40	Keswick AC	02:02:07
74	Tom Strong	M	Tri-Lakeland	02:02:27
75	Adam Oliver	M	Helm Hill	02:02:48
76	David McCabe	MV40	Trawden AC	02:03:12
77	Martin Howard	U23M	Calder Valley	02:03:22
78	Declan Oduffy	MV50	Bowland	02:03:35
79	Tim Roe	M	Helm Hill	02:03:50
80	Matt Fawthrop	M	Rosendale	02:03:59
81	David Bethell	M	Dark Peak	02:04:19
82	Gareth Clarke	MV40	Calder Valley	02:04:27
83	Simon Johnson	MV40	Tyne And Wear Fire And Rescue	02:04:29
84	Jim Roberts	MV40	Keighley & Craven AC	02:04:30
85	Dave Soles	MV50	Pennine	02:04:39

86	Matt Davis	M	Howgill Harriers	02:04:46
87	Andy Dickenson	MV50	Dark Peak	02:05:05
88	Neil Sidaway	MV50	CFR	02:05:08
89	Neil Hardiman	MV40	Clayton-le-moors	02:05:11
90	Dominic Raby	M	Chorley A&T	02:05:25
91	David White	MV40	Helm Hill	02:05:28
92	Caleb Reid	MV40	Borrowdale	02:05:34
93	Mick Hoffe	M	Helm Hill	02:05:36
94	Tom Cubbon	MV40	Blackburn Harriers	02:05:38
95	Kenny Short	MV50	Teviotdale	02:05:46
96	Pete Dimitrijevic	MV40	Wharfdale Harriers	02:06:03
97	Andrew Graham	MV40	CFR	02:06:04
98	Scott Morley	M	Eden Runners	02:06:05
99	Phil Metcalf	MV40		02:06:11
100	Phil West	MV40	Salford Harriers	02:06:22
101	Mark Wharton	MV50	Calder Valley	02:06:25
102	Adam Malloy	M	Derwent Valley Running Club	02:06:28
103	Michael Mallen	MV60	Keswick AC	02:06:49
104	Lee Pretlove	M	Royston Runners	02:06:51
105	Martin Dearden	MV40	Staffs Moorlands AC	02:07:09
106	Bevan Adams	MV40	Retford AC	02:07:40
107	Ben Kent	M	Helm Hill	02:07:53
108	Tom Loan	M	Keswick AC	02:07:55
109	Colin Moses	MV50	Wharfdale Harriers	02:08:25
110	James Ashworth	MV40	Ochil Hill Runners	02:08:47
111	Stuart Walton	MV40	Keighley & Craven AC	02:08:51
112	David Griffin	MV50	Dallam	02:09:23
113	Mark Harris	MV40	Helm Hill	02:09:27
114	Matthew Pearce	M	NFR	02:09:29
115	Damian Kimmins	MV40	Keswick AC	02:09:31
116	Richard Hill	M	Mornington Chasers	02:09:32
117	Mark Davinson	MV40	Derwentside AC	02:09:40
118	Robert Jones	M	Keswick AC	02:09:44
119	Tim Grimwood	M	Swaledale Runners	02:09:48
120	Craig Marsh	M	Keswick AC	02:09:50
121	David McChesney	M		02:09:59
122	Kate Archer	W	Ilkley Harriers	02:10:02
123	Ross Butler	M	Keswick AC	02:10:09
124	Tom Matthew	MV40	Bowland	02:10:25
125	Adam Wallwork	M	Trawden A/C	02:10:26
126	Richard Todd	MV40	Northern Fells RC	02:10:46
127	Lindsey Oldfield	W	Calder Valley	02:11:21
128	Paul Turner	MV40	Helm Hill	02:11:42
129	David Hulley	MV40	Stockport Harriers	02:11:42

130	Craig Storozuk	M	Trawden	02:11:54
131	Jeremy Jehan	MV40	Wye Valley Runners	02:11:57
132	Malcolm McMillan	M	Baildon Runners	02:11:58
133	Robert Sharkey	M	Lostock AC	02:12:00
134	Annabel Mason	W	Wakefield And District Harriers	02:12:06
135	Jenny Rice	W	Helm Hill	02:12:24
136	Jason Craven	M	Rosendale	02:12:29
137	John Fletcher	MV50	CFR	02:12:43
138	Briony Curtis	W	HBT	02:12:46
139	David Bainbridge	M	Howgill Harriers	02:12:59
140	Steve Swallow	MV40	Macclesfield Harriers	02:13:04
141	Karl Mason	M	Helm Hill	02:13:18
142	Dominic Hoare	MV40	Bowland	02:13:22
143	Ian Race	MV50	Helm Hill	02:13:24
144	Zoe Webber	W	Keswick AC	02:13:50
145	Nick Hewitt	MV60	Bowland	02:14:14
146	Andy Barnet	MV50	Dark Peak	02:14:17
147	Paul Jenkinson	MV40	Eryri	02:14:22
148	Gavin Baxter	MV40	Holmfirth Harriers	02:14:25
149	Paul Jackson	MV40	Helm Hill	02:14:33
150	Joe Todd	MV40		02:14:41
151	Peter Nelson	MV60	WCOC	02:14:48
152	Michael Toman	MV50	Rosendale	02:15:27
153	Richard Sunderland	MV40	Calder Valley	02:15:43
154	Jamie Dowdall	MV40	Darwen Dashers	02:15:57
155	Elliot Skorupa	M	Rosendale	02:16:27
156	Phil Vincent	MV40	Tynedale	02:16:31
157	Rob Mortimore	M	Helm Hill	02:16:32
158	Roger Taylor	MV40	Preston Harriers	02:16:41
159	Alasdair Menmuir	M	Steel City Striders	02:17:08
160	Richard Davey	M		02:17:22
161	Vic Belshaw	MV50	Denbigh Harriers	02:17:23
162	Nick Sebley	MV50	Black Combe	02:17:26
163	Chris Eggett	MV40	NFR	02:17:51
164	Rose Singleton	W	Northern Fells RC	02:17:55
165	Sean Robinson	M	Howgill Harriers	02:18:10
166	Julie Carter	WV50	Keswick AC	02:18:24
167	Scott White	MV40	Cambridge & Coleridge	02:18:33
168	Tony Little	MV40		02:18:33
169	Chris Funnel	MV50	Clayton-le-moors	02:18:42
170	Seamus White	MV40	Staffs Moorlands AC	02:19:07
171	Simon Taylor	MV40	Darwen Dashers	02:19:08
172	Joanna Goorney	WV40	Lytham St Annes RRC	02:19:13
173	Lawrence Day	MV40	Ambleside	02:19:15

174	Claire Ward	WV40	Hunters Bog Trotters	02:19:17
175	Andy Bryan	MV40		02:19:28
176	Keith Holmes	MV60	Dark Peak	02:19:36
177	John Robson	MV50	Helm Hill	02:19:53
178	Matthew Wilcock	MV40	Trawden	02:20:12
179	Steve Whitehurst	MV50	CFR	02:20:19
180	Craig Dring	MV40	Keswick AC	02:20:30
181	Martin Hancock	MV40	Skipton	02:20:34
182	Paul Doxford	MV50		02:20:37
183	Stuart Russel	MV40	Liverpool	02:20:44
184	Rebecca Simpson	WV40	Swaledale Runners	02:21:29
185	Amy Freeman	W	Darwen Dashers	02:22:02
186	Grant Thomson	MV40	Westerlands	02:22:03
187	Robert Hudson	MV40	Keighley And Craven	02:22:08
188	Nick Watson	MV40	Darlington Quakers RC	02:22:11
189	Lindsay Walker	W	Keswick AC	02:22:17
190	Steven Dawber	MV50		02:22:17
191	Jason Inman	MV40	Ochil Hill Runners	02:22:19
192	James Williams	M	CVFR	02:22:21
193	Mark Dye	MV50	Knivesmire Harriers	02:22:25
194	Dave Tait	MV70	Dark Peak	02:22:35
195	Tim Brooks	MV40	Calder Valley	02:22:39
196	Gary Lane	MV40	Howgill Harriers	02:22:49
197	Gillian Lindsey	WV40	Macclesfield Harriers	02:23:07
198	Ken Carslaw	MV40		02:23:11
199	Nick Taylor	M		02:23:18
200	Keith McClean	MV40	Low Fell	02:23:26
201	Andrew Lee	MV40	Rosendale	02:23:30
202	Richard Smith	M	Helm Hill	02:23:51
203	Richard Watson	M	Black Combe	02:23:55
204	Tyron Lewis	MV50	Dallam	02:23:58
205	Carrie Gibson	WV40	Helm Hill	02:24:06
206	Richard Andrews	MV40	Southwell RC	02:24:08
207	Rowen Ratcliffe	W	Saddlworth	02:24:09
208	Paul Mason	MV50	CFR	02:24:11
209	Matt Bourne	MV40	Bowland	02:24:17
210	Laura Baynham-Hughes	WV40	Helsby RC	02:24:29
211	Mark Seddon	MV50	Horwich RMI	02:24:38
212	Marlon Frost	MV40		02:24:39
213	Outi Kamarainen	W	Ilkley Harriers	02:24:48
214	Richard Love	MV50	Mercia	02:24:51
215	Kerry Cornforth	WV40	Borrowdale	02:24:52
216	Jim Clapp	MV60	Durham Fell Runner	02:24:53
217	Mark Shuttleworth	MV50	Lostock AC	02:24:55

218	Helen Buchan	W	Calder Valley	02:24:56
219	Jennie Chatterley	WV40	CFR	02:24:57
220	Sophie Fosker	W	Bowland	02:25:09
221	Ben Edmondson	MV40	Rosendale Harriers	02:25:10
222	Miriam Leonard	W		02:25:34
223	Sean Hudson	MV40	Northern Fells RC	02:25:36
224	Kate Mansell	WV40	Todmorden	02:25:39
225	Rob Oliver	MV40	CFR	02:25:50
226	Honor Thompson	W	Skelmersdale Harriers	02:26:01
227	Graeme Menzies	MV40	Bowland	02:26:09
228	Andrew Smith	MV50		02:26:39
229	Paul Davis	MV50		02:26:49
230	Paul Taylor	M	Saddlworth	02:27:10
231	Marie Robson	W	Helm Hill	02:27:21
232	Justin Bibby	MV40		02:27:25
233	Phil Fortun	MV40	Coniston FRC	02:27:25
234	Amelia Hope-Jones	W	Hunters Bog Trotters	02:27:25
235	Alison Weston	WV50	Ilkley Harriers	02:27:31
236	Wendy Dodds	WV60	Clayton-le-moors	02:27:45
237	Richard Ashcroft	MV40		02:27:48
238	Julie Deery	WV50		02:28:16
239	Tim Palmer	MV50	Helsby RC	02:28:17
240	Kathleen Aubrey	WV50	Helm Hill	02:28:34
241	Ben Joynson	M	Ilkley Harriers	02:28:49
242	Angela Brown	W	Northern Fells RC	02:28:50
243	Gary Mason	MV50	Keswick AC	02:29:10
244	Jo Taylor	WV50	Bowland	02:29:13
245	James Durrans	MV40	Holmfirth Harriers	02:29:39
246	David Mackie	MV40	Corsham RC	02:29:50
247	Toby Sydes	MV40	Calder Valley	02:30:11
248	Peter Buchanan	MV50	Ochil Hill Runners	02:30:24
249	Mo Kelly	W	Howgill Harriers	02:30:25
250	Derek McHugh	MV50	Teviotdale	02:30:26
251	Andrea Frost	WV50	Macclesfield Harriers	02:30:27
252	Dominic Martin	MV40	Derwent Valley Trail Runners	02:30:32
253	Adrian Tarasiuk	M	Penistone	02:30:32
254	Nigel Horney	MV50	Keswick AC	02:30:46
255	Caroline Graham	W	Swaledale Runners	02:31:02
256	Mike Baldwin	MV60	Ilkley Harriers	02:31:03
257	Denise Wright	WV40	Bingley	02:31:06
258	Phil Gillard	MV50	Helsby RC	02:31:12
259	Heather Ohly	W	Helm Hill	02:31:35
260	Jamie Feilden	M	Team Bath	02:31:39
261	Martin Randall	MV40	Swaledale Runners	02:31:51

262	Ian Hughes	MV40	Guinea Pig Racing	02:32:10
263	John Conroy	MV40	Keighley & Craven AC	02:33:07
264	Karon Forster	WV50	Calder Valley	02:33:07
265	Simon Long	MV40	Saltwell Harriers	02:33:27
266	William Taylor	MV50	Rossendale	02:33:54
267	Simon Franklin	MV50	Horsforth Fell And Dale	02:33:55
268	Clare Griffin	W	Macclesfield Harriers	02:34:03
269	Bill Beckett	MV50	Chorley A&T	02:34:11
270	Lisa Parker	W	Accrington RR	02:34:14
271	Fiona Hall	WV40	Trawden	02:34:17
272	Deborah Gowans	WV50	Accrington RR	02:34:17
273	Toni O'Donovan	W	Barrow Runners	02:34:21
274	Jim Coldwell	MV40	Swaledale Runners	02:34:32
275	Trevor Symonds	MV60	Northern Fells RC	02:34:37
276	Simone Rouse	W		02:35:07
277	Chris Draper	M		02:35:10
278	Sam Gibbs	MV40	Helm Hill	02:35:12
279	Nicola Lavery	WV50		02:35:23
280	Craig Walling	M	Hunters Bog Trotters	02:35:32
281	David Birks	M		02:35:43
282	Simon Stansfield	MV40	Clayton Harriers	02:35:48
283	Anthony Joyce	M		02:35:51
284	Peter Ferris	MV50	CFR	02:35:56
285	Graham Watson	MV50	CFR	02:36:11
286	Peter Shakespeare	MV50		02:36:15
287	Paul Arts	MV40	Hardly AC	02:36:17
288	David Milton	MV50	Holmfirth Harriers	02:36:32
289	Fiona Buchan	W		02:36:56
290	Mike Troup	MV60	Ambleside AC	02:37:02
291	Alexander Rothwell	M	Ambleside AC	02:37:11
292	Tom Rothwell	M	Ambleside AC	02:37:13
293	Alexandra Woodward	WV40	Ambleside	02:37:28
294	Debbie Charlton	W	Keswick AC	02:37:31
295	Nick Lyons	MV60	Lincoln And District	02:37:33
296	Amanda Burrow	WV40		02:37:36
297	Sarah Edwards	W	Ilkley Harriers	02:37:45
298	Paul Young	M	Rossendale Harriers	02:37:56
299	Geraldine Walkington	WV60	Helm Hill	02:38:00
300	Paul Lydon	MV40		02:38:01
301	Tim Thom	MV50	Keighley & Craven AC	02:38:04
302	Anne Edwards	W		02:38:09
303	Neil Adair	M	Spectrum Striders	02:38:15
304	Hannah Thom	W	Keighley & Craven AC	02:38:23
305	Edwin Sherstones	MV50	Southport Waterloo	02:38:25

306	Wayne McIntosh	M	Clayton-le-moors	02:38:35
307	Mary Gibbons,	W	Ilkley Harriers	02:38:46
308	Andrew Hewitson	MV40	Lonsdale FR	02:39:04
309	Andy Skelhorn	MV50	Macclesfield Harriers	02:39:07
310	Peter Burgon	MV50	Lincoln And District	02:39:24
311	Emma Jennings	WV50	Helm Hill	02:39:33
312	Nathan Thomas	M		02:39:41
313	Caroline Pollard	WV50	Wharfdale Harriers	02:39:49
314	Luke Gibson	M	South Shields Harriers	02:40:43
315	Barbara Savage	WV50	Clayton-le-moors	02:41:03
316	Mark Stanbridge	MV40	Macclesfield Harriers	02:41:14
317	Adrian Dixon	MV70		02:42:06
318	Jo Buckley	WV40	CVFR	02:42:21
319	Lesley Malarkey	WV60	Keswick AC	02:42:26
320	Scott Lewis	MV40	South Shields Harriers	02:42:27
321	Mandy Clarke	WV40	Knivesmire Harriers	02:42:29
322	Dan Biggs	M	Calder Valley	02:43:07
323	Lorna Askew	W	Helm Hill	02:43:27
324	Anita Barker	W	CFR	02:43:51
325	Liam Williams	M		02:43:57
326	Susie Pedder	WV40	Trawden	02:44:05
327	Pete Kidd	MV40		02:44:07
328	Emily Halstead	W	Darlington Harriers	02:44:09
329	Lucas Lee	MV40	Keighley & Craven AC	02:44:10
330	Jennifer Hutton	WV40	Bowland	02:44:21
331	Steve Cartmell	MV40	Bowland	02:44:34
332	Julie Fewster	W		02:44:43
333	Richard Broadhead	MV50	Ashbourne	02:44:51
334	Ruth Dance	WV40		02:45:12
335	Leon Severn	M	Stainland Lions	02:45:15
336	James Cooke	M	Calder Valley	02:45:15
337	Gorka Carro	MV40	VALDERREDIBLE	02:45:17
338	Marcia Fritti	WV40	Helm Hill	02:45:29
339	Liz Berry	W	Northern Fells RC	02:45:37
340	Mark Checkley	MV50	Lostock AC	02:45:40
341	Mark Whelan	MV50	Goyt Valley Striders	02:45:57
342	George Nicholson	M	NFR	02:45:59
343	Rebecca Avanesian	WV40	Manchester Myca Harriers	02:46:04
344	John Taylor	MV60	Bowland	02:46:06
345	Gerry Watson	MV60	Wymondham AC	02:46:20
346	Nicky Butler	WV50	Keswick AC	02:46:23
347	Jim Russell	MV40		02:46:35
348	Den Masset	WV50	Macclesfield Harriers	02:47:56
349	Nick Harris	MV60	Rossendale	02:48:08

350	Kate Ludley	W	Lonsdale FR	02:48:14
351	Andy Monk	MV60		02:48:36
352	Kat Evans	W	Ambleside	02:49:00
353	Sarah Senior	W	Helm Hill	02:49:13
354	Cath Burrus	WV40		02:49:15
355	Mark Graham	MV50	CFR	02:49:31
356	Ian Page	MV50	Wharfedale Harriers	02:50:16
357	Richard Hopkinson	MV60	Dark Peak	02:50:30
358	Keeley Smith	W	Helm Hill	02:50:48
359	Louise Brown	WV40	Keswick AC	02:50:51
360	Sharon Bianchi	WV40	Helm Hill	02:50:53
361	Meschino Meneaud	W	Ambleside	02:50:57
362	Lindsay Buck	WV50	CFR	02:51:14
363	James Charlton	M	NFR	02:51:25
364	Oliver Barker	M	UA	02:51:41
365	Sophie Cunningham	W	Chorlton Runners	02:52:30
366	Debbie Hall	WV40	Holmfirth Harriers	02:52:39
367	Karen Hood	W	Skipton	02:52:45
368	Richard Foster	M	North Leeds Fell Runners	02:52:58
369	Tony Ripley	MV50	Atkinsons	02:53:26
370	Jamie Steel	MV40	Derwent Valley Running Club	02:53:37
371	Bob Howard	MV50	Calder Valley	02:54:13
372	Rod Sutcliffe	MV60	Calder Valley	02:54:29
373	Nicki Latham	WV50	Calder Valley	02:54:31
374	Emma Gill	W	Helm Hill	02:54:33
375	Lindsay Harrod	W	Helm Hill	02:54:49
376	Katie Godfrey	W	Royston Runners	02:54:59
377	Roy Jackson	MV50	Lincoln And District	02:55:02
378	Emma Beveridge	WV40	Macclesfield Harriers	02:56:03
379	Dave Garraghty	MV40	Lincoln And District	02:56:29
380	Linda Hayles	WV60	Calder Valley	02:57:29
381	Peter Reed	MV60	NFR	02:57:36
382	Kirsty-Jane Birch	W	Macclesfield Harriers	02:57:39
383	Lucy Stephenson	W	Pennine	02:57:41
384	Kenny Forster	MV50	Spectrum Striders	02:57:57
385	Jennifer Garside	WV40	Trawden	02:58:18
386	Jonathan Pierce	MV50	Mercia	02:59:04
387	Sheelagh Ratcliffe	W	North Leeds Fell Runners	02:59:12
388	Chris Brumby	MV50	Sandbach Striders	02:59:36
389	Tim Taylor	MV50	Burden Road Runners	03:01:03
390	Jackie Scarf	WV50	Calder Valley	03:01:29
391	Liz Killean	WV50	Fife AC	03:01:45
392	Moira Grainger	WV50	Fife AC	03:01:46
393	Cheryl Grindell	WV40		03:02:00

394	Andrew Graham	MV40		03:02:15
395	Martin Rowe	MV60	Northampton Road Runners	03:02:25
396	Gill Dickson	WV40	Calder Valley	03:03:38
397	Hilary Lane	WV50	North Leeds Fell Runners	03:03:53
398	Will Bailey	M	HBT	03:04:30
399	Kim Clark	WV60	Keswick AC	03:04:36
400	Michelle Spencer	WV40	Southport Waterloo	03:04:40
401	Darren Baker	MV40		03:04:44
402	Ian Taylor	MV50	Salford Metropolitan	03:05:18
403	Miranda Singleton	W	Chiltern Runners	03:05:57
404	Gerald Connor	MV60	Retford AC	03:06:05
405	Jo Bowen	WV40	Pennine	03:06:27
406	Richard Tait	MV60	Keswick AC	03:07:01
407	Karen Goodyear	WV60		03:07:01
408	Vicki Sherrington	W	Preston Harriers	03:07:08
409	Wayne Walsh	MV50	Bowland	03:07:19
410	Carolyn Shimwell	W	Calder Valley	03:07:27
411	Helen Hodgkinson	W	Todmorden	03:08:29
412	Geoffry Dubberley	MV70		03:08:40
413	Julie Mair	W		03:09:04
414	Chris Clark	MV60	Keswick AC	03:09:50
415	Emily Whitehead	WV40	Keighley And Craven AC	03:10:18
416	Nick Ward	M	Hyde Striders	03:11:11
417	Richard Macilwaine	MV50	Spectrum Striders	03:11:32
418	Murray Bishop	MV50	Watlington AC	03:11:55
419	John Lee	MV50	Todmorden	03:12:18
420	Helen Flage	WV40	Calder Valley	03:14:27
421	Paul Jackson	MV50	Chorley A&T	03:14:44
422	Martin Carter	MV50	Hay Hotfooters	03:16:18
423	Chris Councill	MV50		03:16:26
424	Jenny Jennings	WV50	CFR	03:19:00
425	Paul Jennings	MV50	CFR	03:19:02
426	Neil Barrett	MV50	Bingley	03:19:29
427	Paul Walsh	MV70	Bowland	03:22:24
428	Darren Stockdale	M	Darlington Harriers	03:24:47
429	Neil Addyman	M	Darlington Harriers	03:24:48
430	Tamsin Cooke	W	Calder Valley	03:25:29
431	John Price	MV60	Hothoofers	03:26:39
432	Harley Beecroft	W	Calder Valley	03:27:10
433	Penny Clay	WV40		03:28:06
434	Robert Halstead	MV60	Holmfirth Harriers	03:29:57
435	Suzanne Fletcher	W	Helsby RC	03:31:20
436	Sharon Basford	WV40	Tattenhall Runners	03:31:22
437	Jennifer Taylor	W		03:31:23

438	Mary Williams	W		03:32:06
439	Jo Lord	W	Hay Hotfooters	03:49:41
440	Julie Graham	WV50	Garstang	03:49:47
441	Sheena Cottam	WV40	Garstang	03:53:57
442	Manhar Patel	MV50	Calder Valley	03:55:43
443	Richard Stokes	MV50		04:07:56
444	Bill Humphrey	MV50	South Shields Harriers	Dnf