

Race Position			Club	Category	Race time
1	Calum	Tinnion	Ellenbrorough	M Sen	0:39:20
2	Lee	Amor	Ellenbrorough	M Sen	0:40:02
3	Alan	Bowness	Ellenbrorough	M 50	0:40:11
4	Paul	Neild	Bowland	M 40	0:40:46
5	Steve	Angus	Keswick	M 45	0:41:42
6	Chris	Knowles	Ellenbrorough	M 50	0:41:52
7	Brian	Taylor	Ellenbrorough	M 45	0:41:58
8	Chris	Lister	Ellenbrorough	M Sen	0:42:09
9	Rob	Stein	CFR	M Sen	0:42:44
10	Harry	Greenbank	CFR	M J	0:43:25
11	Bobby	Hagan	Keswick	M Sen	0:43:36
12	James	Christmas	Keswick	M Sen	0:43:48
13	Nick	Ray	Ellenbrorough	M 40	0:43:53
14	Alex	Robberts	Cumberland AC	M 40	0:44:03
15	Peter	Kemp	Ellenbrorough	M Sen	0:44:17
16	Chris	Brewer	Keswick	M 40	0:45:19
17	Shaun	Atkinson	Ellenbrorough	M Sen	0:45:27
18	Neil	Sidaway	CFR	M 50	0:45:41
19	Andy	Wrigley	CFR	M 45	0:45:43
20	Andy	Beaty	CFR	M 55	0:45:50
21	Matthew	Procter	CFR	M J	0:46:00
22	Alan	McGeen	Ellenbrorough	M 50	0:46:02
23	Neil	Atkinson	CFR	M 45	0:46:49
23	Craig	Smith	Keswick	M 45	0:46:49
25	Pete	Dawson	U/A	M 55	0:47:00
26	Rob	Jones	Keswick	M Sen	0:47:04
27	Stuart	Ackerley	Ellenbrorough	M Sen	0:47:31
28	Jenn	Mattinson	Keswick	W Sen	0:47:39
29	Katy	Moore	Keswick	W Sen	0:47:42
30	Andrew	Graham	CFR	M 45	0:48:12
31	Mike	Harrison	CFR	M 45	0:48:29
32	Steve	Jones	Keswick	M Sen	0:49:15
33	Fleecy	Moss	CFR	M 45	0:49:27
34	David	Williams	U/A	M Sen	0:50:02
35	Jo	Gillyan	Keswick	W 40	0:50:08
36	Stephen	Brown	Ellenbrorough	M 45	0:50:24
37	Catherine	Evans	Keswick	W Sen	0:50:25
38	Damian	Seath	U/A	M Sen	0:50:58
39	Gary	Mason	U/A	M 50	0:51:03
40	Graeme	Fox	Ellenbrorough	M 40	0:51:05
40	Michael	Hawley	U/A	M Sen	0:51:05
42	Claire	Russell	CFR	W 40	0:51:25
43	Craig	Barker	Eden	M 40	0:51:28

44	Annabel	Holmes	Keswick	W 45	0:51:33
45	Sophie	Noon	Derwent AC	W Sen	0:51:36
46	Steve	Whitehurst	CFR	M 50	0:51:39
47	Michael	Salkeld	Eden	M Sen	0:51:48
48	Paul	Mason	CFR	M 55	0:51:51
49	Rob	Oliver	CFR	M 45	0:51:58
50	Trudy	Beetham	Keswick	W 40	0:52:02
51	Jennie	Chatterley	CFR	W 45	0:52:50
52	Tony	Martin	U/A	M Sen	0:52:55
53	Lindsay	Walker	Keswick	W Sen	0:53:57
54	Rachel	Findlay-Robinson	Keswick	W Sen	0:53:58
55	Sam	Ayers	Keswick	W 45	0:54:39
56	Victoria	Haworth	Keswick	W Sen	0:56:33
57	Steven	Breeze	CFR	M 40	0:56:43
58	Kate	Beaty	CFR	W 55	0:57:05
59	Mel	Bradley	CFR	W 50	0:57:07
60	Anita	Barker	CFR	W 45	0:57:45
61	Graham	Watson	CFR	M 50	0:58:04
62	Ryan	Crellin	CFR	M Sen	0:59:27
63	Ange	Jackson	CFR	W 40	0:59:42
64	Nicky	Butler	Keswick	W 50	0:59:44
65	Alasdair	Morgan	U/A	M 45	0:59:44
66	Graham	Morgan	U/A	M 45	1:00:44
67	Lindsay	Buck	CFR	W 55	1:03:51
68	Philip	Hawley	CFR	M 60	1:04:17
69	Mark	Lewis	Tri Lakeland	M 45	1:04:22
70	Lesley	Malarkey	Keswick	W 65	1:04:54
71	Steve	Harwood	Keswick	M 65	1:06:20
72	Dot	Patton	CFR	W 60	1:06:29
73	Terence	Lowden	CFR	M 65	1:07:22
74	Jane	Mottram	CFR	W 60	1:12:40
75	David	Morgan	CFR	M 70	1:13:29
rtd	John	Fletcher	CFR	M 50	