



## Blakes Heaven 2019 Race Results

Alt. Route due to Forestry Works. 9.2km/525m

Overall position	First name	Last name	Club	Age category	Finish time
1	Zac	Hudd		MU21	00:44:39
2	Josh	Hartley	BLACK COMBE RUNNERS	MSEN	00:44:42
3	Tom	Durcan	DERWENT AC	MSEN	00:44:44
4	Dan	Mills	KESWICK AC	MSEN	00:44:48
5	Ben	Abdelnoor	AMBLESIDE AC	MSEN	00:44:55
6	Adam	Frankham	NETHERHALL AC	MSEN	00:48:11
7	Tim	Ripper	BLACK COMBE RUNNERS	MSEN	00:48:31
8	Jim	Masters	CUMBERLAND FELL RUNNERS	M40	00:49:34
9	James	Harris	AMBLESIDE AC	MSEN	00:49:38
10	John	Messenger	NORTHERN FELLS	M40	00:50:07
11	Adam	Jackson	NORTHERN FELLS	M45	00:50:12
12	Mike	Robinson	DARK PEAK	M45	00:50:14
13	Alex	Roberts	ELLENBOROUGH AC	MSEN	00:50:50
14	David	Williams	ELLENBOROUGH AC AC	MSEN	00:51:21
15	Gary	Thorpe	AMBLESIDE AC	M55	00:51:38
16	Luke	Armitage	NORTHERN FELLS	MSEN	00:51:47
17	Ian	Barnes	AMBLESIDE AC	MSEN	00:52:04
18	Simon	Hunter	KESWICK AC	M50	00:52:08
19	Mark	Blackwell	CUMBERLAND FELL RUNNERS	M40	00:52:11
20	Guy	Illingworth		M50	00:52:26
21	Emily	Robinson	CUMBERLAND FELL RUNNERS	WSEN	00:52:28
22	John	Boyle	CUMBERLAND FELL RUNNERS	M45	00:52:42
23	Stuart	Ackerley	ELLENBOROUGH AC	MSEN	00:52:47
24	David	McCabe	TRAWDEN AC	M45	00:52:52
25	Andy	Beaty	CUMBERLAND FELL RUNNERS	M60	00:53:54
26	David	Buckden		M40	00:54:31
27	Steve	Bone		M40	00:54:33
28	Andy	Wrigley	CUMBERLAND FELL RUNNERS	M45	00:54:36
29	Arran	Horne	NORTHERN FELLS	MU21	00:56:12
30	Brian	Thompson	CUMBERLAND FELL RUNNERS	M55	00:56:22
31	Jim	Skelton		M45	00:56:24
32	Elena	Davies	CUMBERLAND FELL RUNNERS	WSEN	00:56:36
33	Tony	Thompson	NETHERHALL AC	M40	00:57:11
34	Andy	Bradley	CUMBERLAND FELL RUNNERS	M55	00:57:15
35	Philip	Pearson	NORTHERN FELLS	M55	00:57:17
36	Nick	Selbey	BLACK COMBE RUNNERS	M55	00:58:03
37	Andy	Myers		M40	00:58:20
38	Rod	Welford		M50	00:58:23
39	Andrew	Graham	CUMBERLAND FELL RUNNERS	M50	00:58:25
40	Paul	Cullen		M55	00:58:28
41	Mark	Nixon		M50	00:58:33
42	Natalie	Hawkrigg	NORTHERN FELLS	W45	00:58:38
43	Peter	Crompton	CUMBERLAND FELL RUNNERS	M60	00:58:43
44	Helen	Morne	NORTHERN FELLS	W50	00:58:46



45	Edward	Iredale	NETHERHALL AC	MSEN	00:58:58
46	Chris	Curtis	NORTHERN FELLS	M50	00:59:03
47	Andy	Ross	NORTHERN FELLS	M50	00:59:15
48	Ben	Goodwin	WCOC	MU21	00:59:21
49	Carlos	Bedson	CHESHIRE HILL RACERS	M45	00:59:36
50	Richard	Clarke	NORTHERN FELLS	M45	00:59:39
51	Tim	Cook		M40	01:00:13
52	Frank	Hewer	CUMBERLAND AC	M45	01:00:22
53	Mia	Easthope	CUMBERLAND FELL RUNNERS	WU21	01:04:03
54	Claire	Russell	CUMBERLAND FELL RUNNERS	W45	01:04:06
55	Alice	Briscoe	NORTHERN FELLS	MSEN	01:04:23
56	Ian	Todd	CUMBERLAND FELL RUNNERS	M45	01:04:25
57	Jenny	Lee	NORTHERN FELLS	W40	01:04:32
58	Jess	Lawrence	BLACK COMBE RUNNERS	WSEN	01:04:40
59	Daniel	Mullinder	DH RUNNERS	M45	01:04:49
60	Mark	Wise	CUMBERLAND FELL RUNNERS	M55	01:04:52
61	Craig	Wilkinson	BLACKBURN ROAD RUNNERS	M50	01:05:03
62	Graham	Morgan		M50	01:05:09
63	Andy	Rogers		M50	01:05:12
64	Lucy	Stobbart	CUMBERLAND AC	WSEN	01:05:16
65	Peter	Hall	CUMBERLAND FELL RUNNERS	M50	01:05:22
66	Matt	Searson		MSEN	01:05:24
67	Barry	Baxter	NETHERHALL AC	M50	01:05:27
68	Louise	Ireland	NETHERHALL AC	WSEN	01:05:33
69	Jean	Powell	WHARFEDALE HARRIERS	W50	01:05:53
70	Trevor	Symonds	NORTHERN FELLS	M60	01:05:57
71	Mark	Storey	DH RUNNERS	M50	01:06:14
72	David	Rodger		MU21	01:06:21
73	Michael	Sandelands	CUMBERLAND AC	M45	01:06:23
74	Colin	Valentine	KESWICK AC	M55	01:06:34
75	Debbie	Walker	DERWENT AC	W40	01:06:48
76	Kate	Beaty	CUMBERLAND FELL RUNNERS	W60	01:06:52
77	Heidi	Dyson	DERWENT AC	WSEN	01:07:25
78	Steven	Breeze	CUMBERLAND FELL RUNNERS	M45	01:07:40
79	Karen	Clegg	NETHERHALL AC	W40	01:07:45
80	David	Clarkson	NORTHERN FELLS	M60	01:08:17
81	Tracey	Park	CUMBERLAND FELL RUNNERS	W50	01:08:32
82	Nicholas	Downes	CUMBERLAND AC	M40	01:09:20
83	Ben	Cooper-Holmes		M45	01:09:33
84	Beth	Rivers	BLACK COMBE RUNNERS RUNNERS	WSEN	01:09:51
85	Philip	Stones		M60	01:10:02
86	Andrew	Cross	NORTHERN FELLS	MSEN	01:10:09
87	Alan	Jennison		M45	01:10:11
88	Ian	Grimshaw	CUMBERLAND FELL RUNNERS	M55	01:10:47
89	Dean	Porthouse	NETHERHALL AC	M45	01:12:38
90	Andrew	Johnson	NETHERHALL AC	M55	01:12:49
91	Kurtis	Walker		M45	01:13:04
92	Lindsey	Stables	NETHERHALL AC	WSEN	01:13:33
93	Rob	Sanders	BLACK COMBE RUNNERS	M65	01:14:06
94	Ben	Mitchinson	CUMBERLAND FELL RUNNERS	M45	01:14:14
95	Mel	Bradley	CUMBERLAND FELL RUNNERS	W55	01:14:26



96	Kim	Clark	KESWICK AC	W60	01:14:42
97	Tom	Lawson	NETHERHALL AC	M40	01:20:13
98	Chris	Clark	KESWICK AC	M65	01:20:21
99	Lindsay	Buck	CUMBERLAND FELL RUNNERS	W55	01:23:05
100	Jane	Hornsby	BLACK COMBE RUNNERS	W55	01:23:29
101	Mike	Hind	BORROWDALE	M65	01:24:30
102	Cliff	Gosden	NORTHERN FELLS	M65	01:24:52
103	Alistair	Ripper		M55	01:30:26
104	Trevor	Metcalfe	WHARFEDALE HARRIERS	M65	01:31:04