

## Christmas Pudding Race 2015 – Junior Race

It was a small but select group of youngsters that took part in this year's race, braving hailstorms, thunder, lightning and a stream flowing down the main track at the start and finish. There was a real mix of seasoned competitors and those having a go at their first race. Andy and Mark set the course and Kath had a crash course in race registration, in particular the complexities of working out junior age groups (not an easy task, believe me!). As there were not many runners it was decided to start them all off together. The distance was 2.7k (as measured by Andy), with the first half uphill to the turn-around loop in the trees followed by a long downhill run to the finish. Ambleside twins James and Harry Bowen set a storming pace and were first and second respectively. Emily Swarbrick running for Broughton was first girl and fourth overall. Not far behind, and the first CFR runner back, was Ishbelle Greenbank who had a great run and was first under ten girl. First under fourteen boy, David Roger running for Ellenborough, must be mentioned for his festive hair-do. There were some amazing sprint finishes: Ben Wrigley (CFR) and Troy Paterson, and a very strong run from Jess Autie (CFR). All runners were rewarded with chocolate, kindly donated by the CFR seniors.

Two of the older CFR juniors (Harry Greenbank and Matthew Procter), ran in the senior race and rumour has it they did very well!!)

### Overall results (in separate age groups):

#### Under 8 girls

<b>Name</b>	<b>Club</b>	<b>Time</b>	<b>Position</b>
Olivia Swarbrick	Broughton	11.49	1

#### Under 8 boys

<b>Name</b>	<b>Club</b>	<b>Time</b>	<b>Position</b>
Ben Wrigley	CFR	13.07	1
Troy Paterson	Unattached	13.14	2

#### Under 10 girls

<b>Name</b>	<b>Club</b>	<b>Time</b>	<b>Position</b>
Ishbelle Greenbank	CFR	11.21	1
Jess Autie	CFR	14.56	2
Pippa Newby	CFR	15.46	3
Holly Paterson	Unattached	19.03	4

#### Under 10 boys

<b>Name</b>	<b>Club</b>	<b>Time</b>	<b>Position</b>
James Bowen	Ambleside	9.12	1
Harry Bowen	Ambleside	9.28	2
Evan Mills	Keighley and Craven	10.28	3

Under 12 girls

<b>Name</b>	<b>Club</b>	<b>Time</b>	<b>Position</b>
Emily Swarbrick	Broughton	10.37	1
Clare Roger	Ellenborough	14.01	2

Under 14 boys

<b>Name</b>	<b>Club</b>	<b>Time</b>	<b>Position</b>
David Roger	Ellenborough	11.45	1