

CUMBRIA XC SERIES 2009/10

Overall shortened

PenrithCockMaryçKesw Carl

u11 Girls

165*	Connie	Hurton	EdenR	f	10		12	12	12	38	10	28 1st
	287 Niamh	Hedley	CFR	f	12	7	10	10		39	7	32 2nd
146*	Verity	Evans	EdenR	f	5	12	8	8	7	40	12	28 3rd
	141 Cerys	Atkinson	CFR	f	8	10	6		3	27	3	24 M
	162 Heidi	Murray	Helm Hill	f	7		7	7	4	25	4	21 M
	79 India	Birley	EdenR	f	3	8		5	3	19	3	16 M
175*	Sarah	Atkinson	Helm Hill	f	4		2	6	6	18	2	16 M
	167 Francesca	Weymouth	EdenR	f	2		4	3	2	11	2	9 M
165*	Carys	Cox	Carl Asp	f	1			4	5	10	1	9 X
	138 Catrina	Pringle	Annan			5	1	2	1	9	1	8 M
	159 Laura	Elliott	EdenR	f	6				8	14	6	8 X
	160 Kayleigh	Egglestone	EdenR	f	1		3	3	1	8	1	7 M
165*	Chloe	Simpson	EdenR	f	1		1	1		3	1	2 M

Teams 1 Eden 12 0 12 12 WINNERS

u11 Boys

	48 Mark	Donovan	Keswick	m	12	10	10	5	12	49	15	34 1st
	39 Elliott	Matier	EdenR	m	7	12	8	12	6	45	13	32 3rd
	177 Scott	Wilson	Carl Asp				12	10	10	32	10	22 2nd
	128 Oliver	Dawson	Carl Asp	m	10	8		8		26	8	18 M
	76 Joe	Ibbetson	Carl Asp	m	5		5	6	7	23	5	18 M
	145 David	King	CFR	m		5	7		8	20	5	15 M
174*	Matthew	Adamson	Carl Asp	m	8		6	5		19	5	14 M
	125 Shaun	Bell	Annan	m	6	6			5	17	6	11 X
164*	Robert	Hetherington	EdenR	m	4	4	3	2	3	16	2	14 M
	124 Oliver	May	EdenR	m	2	3	4	4		13	2	11 M

Teams 1 Carl Asp 12 12 12 36 Winners

U15 Girls

142 Abbe	Hetheringto	Carl Asp	f	12	10	12	12	12	58	10	22	36 1st
138 Lauren	Munro-Bent	Helm Hill	f	10		8		10	28	8	0	28 2nd
137 Jacqueline	Pringle	Stewatry	f	7	8	6	10	5	36	5	11	25 3rd
129 Rowane	Glendennin	Annan	f	5	6	7	8	7	33	5	11	22 M
39 Emily	Heaviside	EdenR	f	6	7	4	7	6	30	4	10	20 M
Hannah	Bethwaite	Ellenbro	f			10		8	18	8	0	18 X

u15 Boys

153 Thomas	King	CFR	m	10		12	12	12	46	10	10	36 M
158 William	King	CFR		12		10	10		32	10	0	32 M
143 Simon	Little	Carl Asp		7	12	8		10	37	7	7	30 M
295 Sam	Johnstone	Ellenbro		8		7			15	7	0	15 X
185 Matthew	Horne	Keswick		6			7		13	6	0	13 X

U13 Boys

176 Jordan	Hull	Border	m			10	10	12	32	10	0	32 1st
140 Tom	Wright	CFR	m	12	10	7	8		37	7	7	30 2nd
132 Kieran	Saunders	Annan	m	10	7	12			29	7	0	29 3rd
186 Joseph	Horne	Keswick	m			3	6	10	19	3	0	19 M
147 Angus	Johnstone	Nithsdale			5	8			13	5	0	13 X
145 Neil	Orr	Border			12				12	12	0	12 X
290 Joseph	Smith	CFR			5	2	5		12	2	0	12 M
244 Thomas	Taylor	Kendal	m				12		12	12	0	12 X
183 Bradley	Gale	Ellenbro	m			4	7		11	4	0	11 X
126 Lewis	Holliday	Annan	m	7	3	1			11	1	0	11 M

u13 Girls

146*	Chelsea Nugent	Carl Asp	f	10	12	12	12	12	58	10	22	36	1st
	127 Rebecca Buchanan	Seaton	f	8	10	10	8	10	46	8	16	30	2nd
	175 Tessa Higgs	Howgill	f	7		8	7		22	7	0	22	3rd
	152 Alison Pringle	Annan	f	1	2	2	1	6	12	1	2	10	M
	130 Tiffany Heaviside	EdenR	f	5	4	6	4	8	27	4	8	19	M
	289 Sophie Hamilton	Carl Asp	f	3	6	7	6		22	3	3	19	M
	291 Christina Tully	Keswick			8	4	3		15	3	0	15	M
166*	Clare Petrie	EdenR	f	4		5	5		14	4	0	14	M
	296 Ellen Elliott	EdenR	f	1	3	3	2	7	16	1	3	13	M
166*	Megan Bates	EdenR	f	12					12	12	0	12	X
	Millie Holder	EdenR	f				10		10	10	0	10	X

u17 Men

	Nathan Thompson	CFR	Winner											
414 M	Karen Bridge	Edenff	V40	20	20	20	22	22	104	20	40	64	1st	
802 S	Angela Armstrong	Carl Tf	SL	22	0	14	17		53	0	0	53	2nd	
369 F	Phillipa Maddams	Keswif	S			16	18	17	51	16	0	51	3rd	
501 S	Hayley Hodgson	Keswif	V40	18	18	15	15		66	15	15	51	1st Vet	
487 F	Clare McKeown	Bordef	V35	0	22	22			44	0	0	44	X	
507 S	Gillian Dean-Saunders	Edenff	LV45	14	15	6		12	47	6	6	41		
970 S	Teresa Douglas	Edenff	LV50	16		11		14	41	11	0	41	2nd Vet	
806 S	Margaret Hawley	Cumbf	LV50	13	16	7	9		45	7	7	38	1st V50	
414	Trudy Beetham	Keswif	S			17	20		37	17	0	37	X	
413 S	Gay Eastoe	Blengf	V55	11	14	10	8	11	54	8	18	36		
667 S	Kim Clark	Keswif	V50	17				15	32	15	0	32	X	
530 S	Joanne Briggs	Edenff	V35	0	17	8			25	0	0	25	X	
	Rhiannon Silson	Border	S					20	20	20	0	20	X	

EdenR	12	12	10	10	10	44	0	10	34
Keswick			12	12	12				24 Winners

1592 F	James	Douglas	Bordem	S	30	0	28		30	88	0	0	88 1st
807 F	Russell	Maddams	Horwfm	V35	25	0	26	27		78	0	0	78 2nd
1168 F	Ian	Davies	Keswim	S	16	0	17	25	24	82	0	16	66 3rd
1170 F	Jon	Fletcher	Bordem	S	0			32	32	64	0	0	64 X
510 F	Duncan	Eastoe	CFR m	u20	18	27	4	0	17	66	0	4	62 1st u20
1165 M	Alex	Davies	Edenfm	V40	24	0	18	19		61	0	0	61 1st vet
1991 F	John	Waite	Keswim	S	27	0	5	24	10	66	0	5	61
494 F	Alan	McKee	m	V40	0	19	11	21	20	71	0	11	60 1st V40
375 F	Morgan	Donnelly	Borroim	V35		0	30	30		60	0	0	60 X
417 S	Tony	Davis	Derwem	V45	10	26	12	14	18	80	10	22	58
299 S	Alex	Smith	CFR m	V50	0	32	18	6		56	0	0	56 1st V50
419 F	John	Nichol	Keswim	V35	8	28	0	19		55	8	0	55
345 F	Steve	Hebblethwait	Keswim	S			25		27	52	25	0	52 X
415 F	John	Beetham	Keswim	V35	11	25	8	16		60	8	8	52
509 M	Craig	Harding	Edenfm	V35	1	15	23	13	11	63	1	12	51
417 F	Mark	Bissell	Edenfm	S	5	24	2		19	50	2	2	48
804 F	Paul	Curtis	Blengm	V35	22	0		23		45	0	0	45 X
413 F	Bob	Riley	CFR m	V45	0	16	3	12	15	46	0	3	43
531 F	Alan	Marshall	Edenfm	V50	7	23	1	6	12	49	1	7	42
801 S	Mark	Ryan	Carl Tm	S	28	0	13			41	0	0	41 X
500 F	Chris	Knowles	CFR m	V45	0	22	15			37	0	0	37 X
797 S	Craig	Horseman	m	V35	32	0				32	0	0	32 X
363 S	Ricky	Lightfoot	Ellentm	S			32			32	32	0	32 X
1045 M	John	Bridge	Edenfm	V40	9				22	31	9	0	31 X

Keswic	8	8	10	12	12	50	8	16	34 Winners
Eden	12	7	7	10	10	46	7	14	32
CFR		12	8	8	8	36	8	8	28
Ellenbro			12			12	12	0	12
Border	10					10	0	0	10
Derwent		10				10	10	0	10