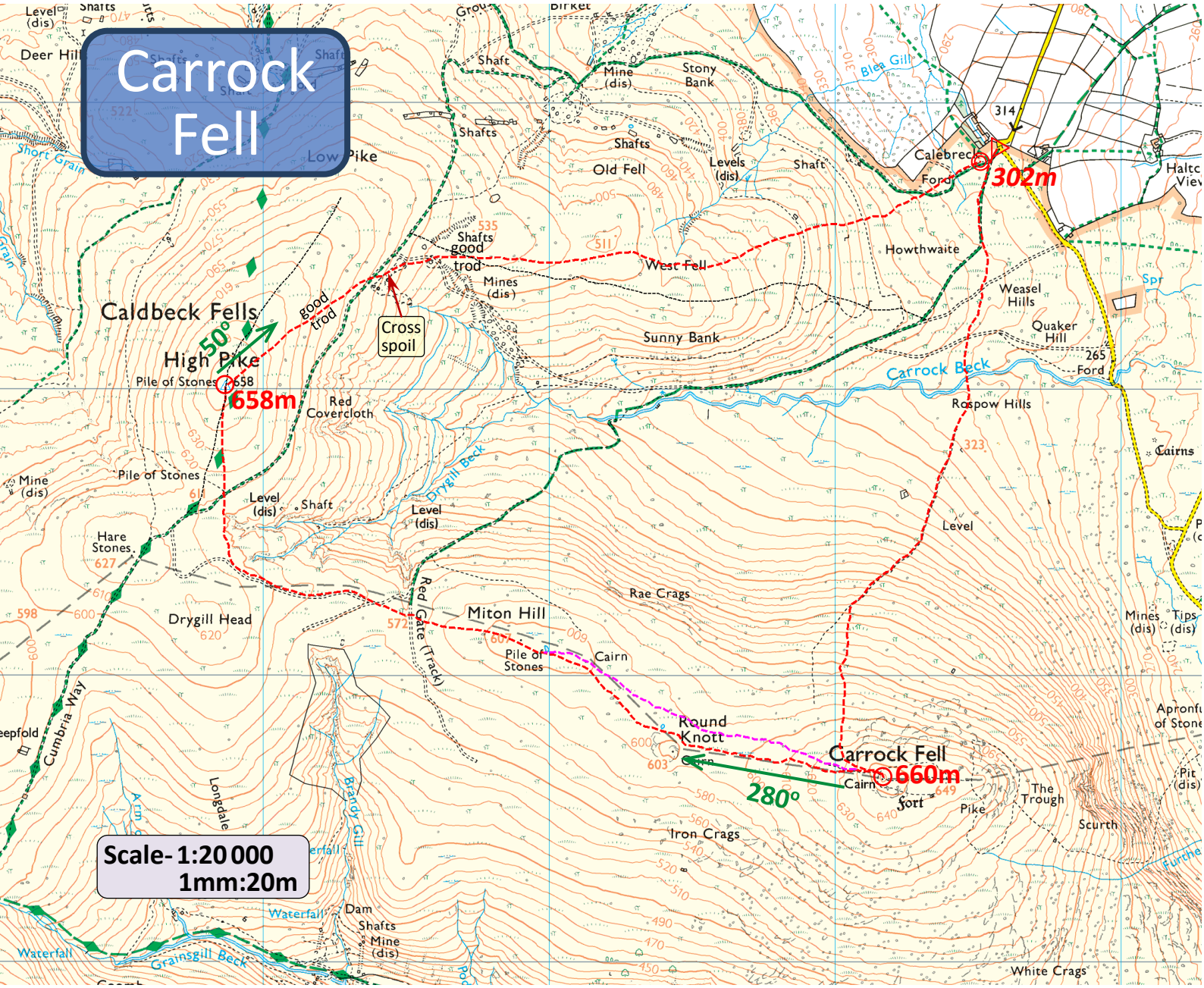

Carrock Fell
Caldbeck Fells
High Pike
Pile of Stones
658m
50°
good trod
Cross spoil
Red Covercloth
Drygill Beck
Drygill Head
Hare Stones
Miton Hill
Pile of Stones
Cairn
Red Gate (Track)
Rae Crags
Round Knott
Carrock Fell
660m
280°
Iron Crags
Sort
The Trough
Pike
Scurth
White Crags
Howthwaite
West Fell
Old Fell
Sunny Bank
Weasel Hills
Quaker Hill
Carrock Beck
Rospow Hills
Cairns
Calebreck
Ford
302m
Bleat Gill
Stony Bank
Mine (dis)
Shafts
Levels (dis)
Shaft
Level
Tips (dis)
Cumbria Way
Longdale
Brandy Gill
Grainsgill Beck
Waterfall
Dam
Scale- 1:20 000
1mm:20m