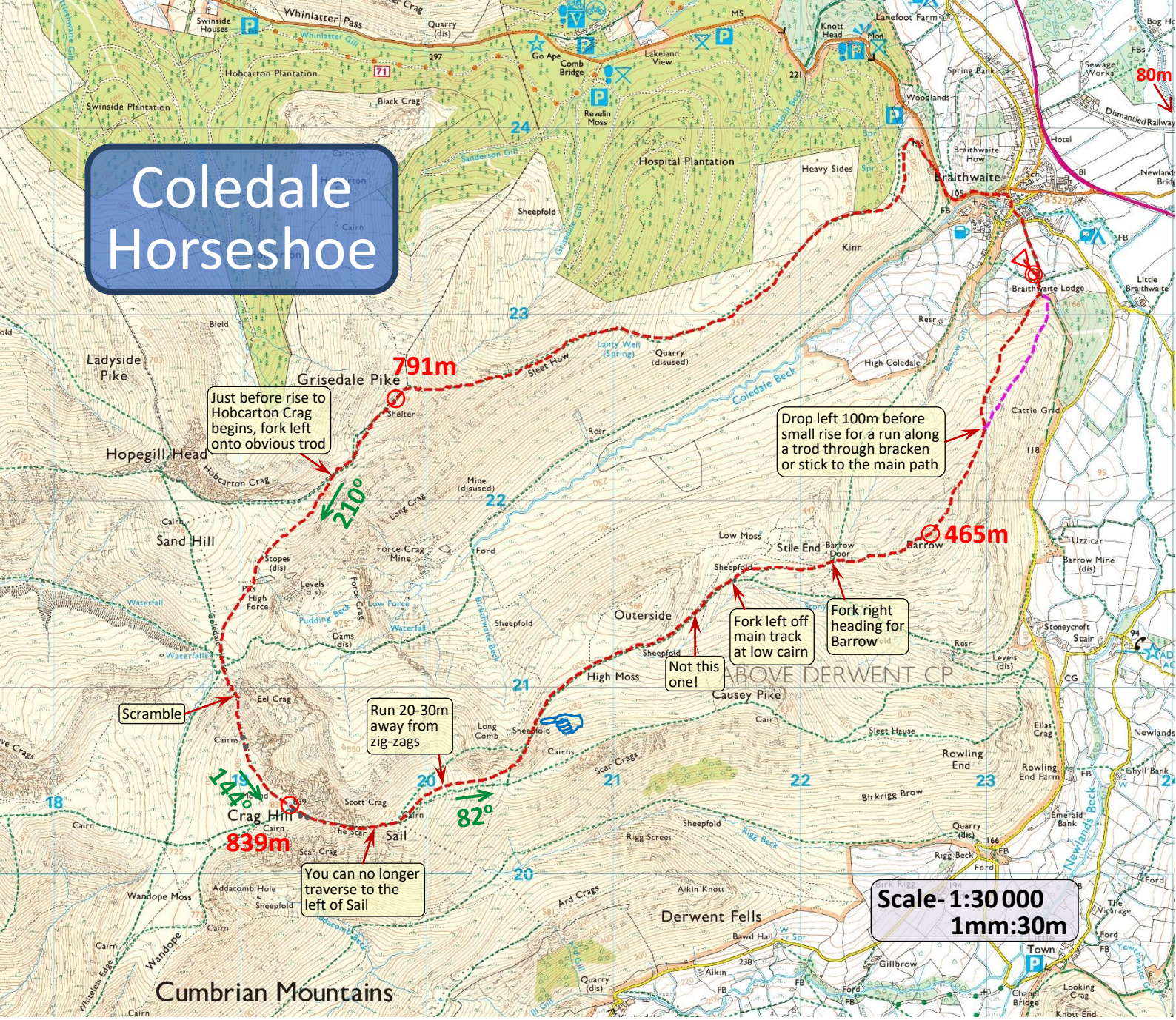

Coledale Horseshoe
Grisedale Pike
791m
Just before rise to Hobcarton Crag begins, fork left onto obvious trod
210°
Hopegill Head
Ladyside Pike
Sand Hill
Drop left 100m before small rise for a run along a trod through bracken or stick to the main path
465m
Barrow
Fork right heading for Barrow
Fork left off main track at low cairn
Not this one!
Outerside
High Moss
Causey Pike
Scramble
Run 20-30m away from zig-zags
144°
82°
Crag Hill
839m
Sail
You can no longer traverse to the left of Sail
Braithwaite
Braithwaite Lodge
Coledale Beck
Hobcarton Crag
Eel Crag
Scar Crags
Sleet Hause
Rowling End
Birkrigg Brow
Derwent Fells
Cumbrian Mountains
Scale- 1:30 000
1mm:30m
80m