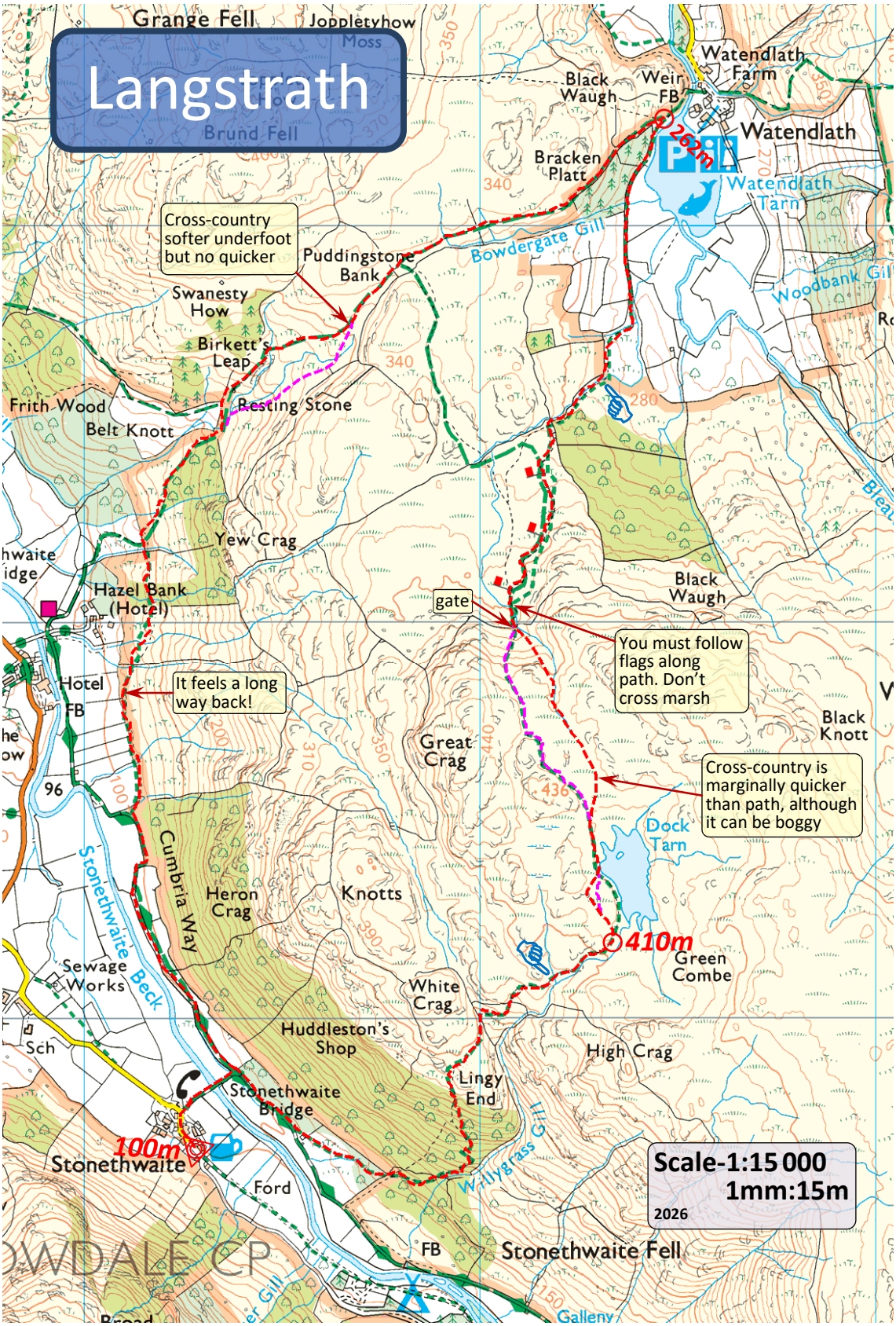

Langstrath
Grange Fell
Joppletyhow
Moss
Brund Fell
Black Waugh
Weir FB
Watendlath Farm
Watendlath
262m
Bracken Platt
Watendlath Tarn
Cross-country softer underfoot but no quicker
Puddingstone Bank
Bowdergate Gill
Woodbank Gill
Swanesty How
Birkett's Leap
Frith Wood
Belt Knott
Resting Stone
Yew Crag
Hazel Bank (Hotel)
gate
You must follow flags along path. Don't cross marsh
Black Waugh
Hotel
FB
It feels a long way back!
Great Crag
Black Knott
Cross-country is marginally quicker than path, although it can be boggy
Dock Tarn
Cumbria Way
Stonethwaite Beck
Heron Crag
Knotts
410m
Green Combe
Sewage Works
White Crag
Huddleston's Shop
High Crag
Sch
Lingy End
Stonethwaite Bridge
100m
Stonethwaite
Ford
Willygrass Gill
Scale-1:15 000
1mm:15m
2026
FB
Stonethwaite Fell
Galleny