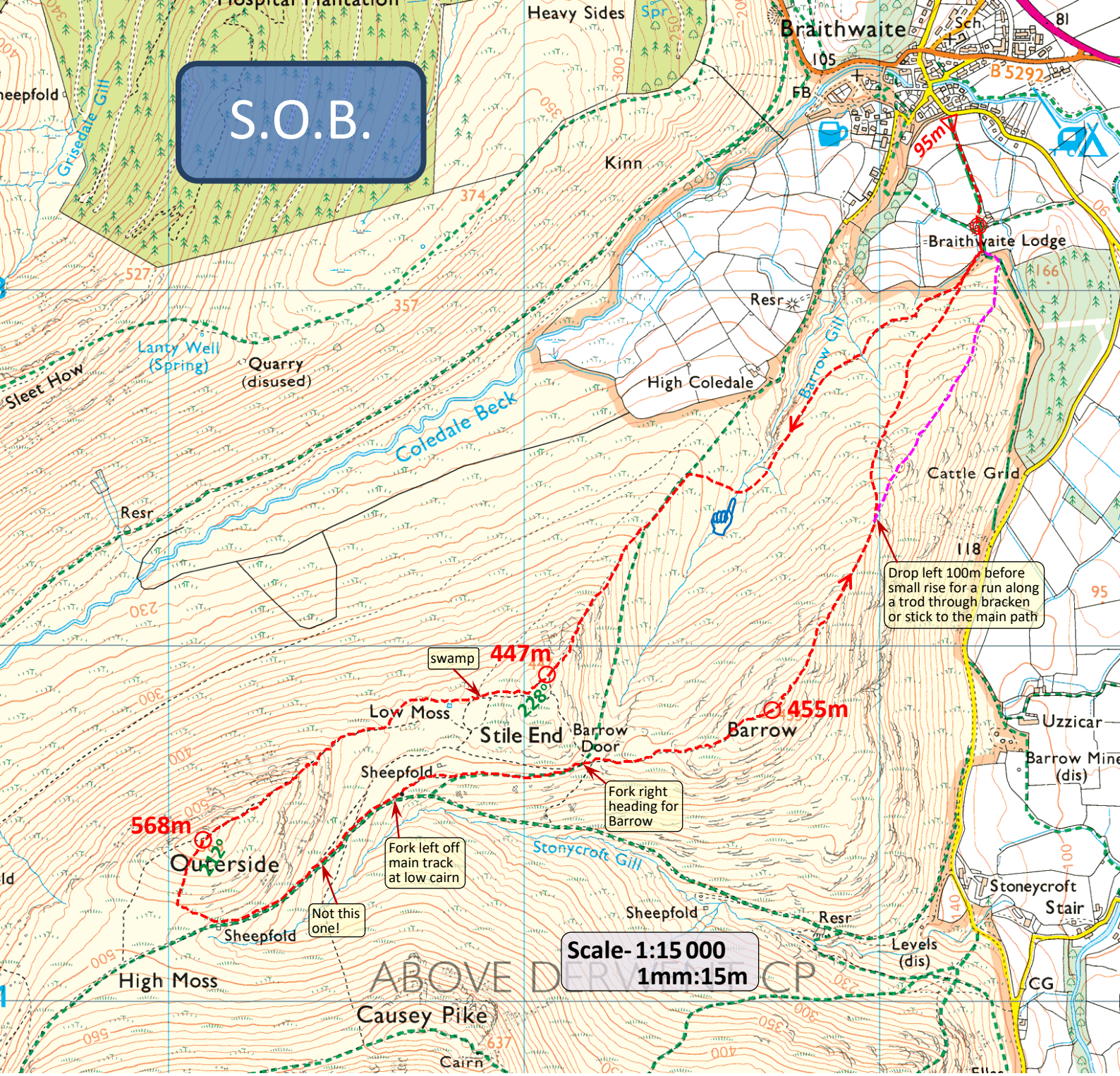

S.O.B.
Braithwaite
Kinn
Braithwaite Lodge
Resr
High Coledale
Barrow Gill
Cattle Grid
Drop left 100m before small rise for a run along a trod through bracken or stick to the main path
Lanty Well (Spring)
Quarry (disused)
Sleet How
Coledale Beck
Grisedale Gill
Heavy Sides
Hospital Plantation
swamp
447m
228°
Low Moss
Stile End
Barrow Door
Barrow
455m
Sheepfold
Fork right heading for Barrow
568m
Outerside
Fork left off main track at low cairn
Not this one!
Stonycroft Gill
Sheepfold
Resr
Levels (dis)
Stoneycroft Stair
Uzzicar
Barrow Mine (dis)
CG
High Moss
Causey Pike
2637
Cairn
Scale- 1:15 000
1mm:15m
ABOVE DERWENT CP