Darren Holloway Memorial Race - short course. 22 June 2019

Pos	Num	Name	Category	Club	Whiteside	Hopegill Head	Grasmoor	Whiteless Pike	Buttermere Village	Mellbreak	Loweswater
1st	120	Tom Day	MSEN	Keswick AC	0:34:06	0:43:29	1:03:29	1:14:34	1:26:53	2:02:47	2:19:40
2nd	140	Iain Embrey	MSEN	Bowland Fell Runners	0:36:34	0:47:19	1:08:47	1:21:03	1:34:28	2:17:09	2:38:22
3rd	138	Zoe Harding	WSEN	Edinburgh University Hare and Hounds	0:44:38	0:56:26	1:21:11	1:34:59	1:48:58	2:31:21	2:51:31
4th	113	Elena Davies	WSEN	Cumberland Fell Runners	0:43:02	0:54:36	1:18:37	1:31:43	1:47:19	2:32:40	2:58:08
5th	128	Tom Cubbon	M40	Blackburn Harriers & AC	0:44:16	0:56:30	1:21:52	1:35:08	1:48:53	2:39:04	3:03:17
6th	132	Richard Davey	MSEN	Cumberland Fell Runners	0:44:28	0:56:04	1:21:17	1:35:17	1:49:11	2:40:06	3:03:57
7th	121	Kate Macfarlane	WSEN	Penny Lane Striders	0:44:35	0:56:13	1:20:03	1:34:07	1:48:55	2:41:13	3:06:46
8th	110	Wayne Laird	M40	Unattached	0:43:37	0:54:47	1:18:40	1:32:06	1:47:21	2:42:38	3:08:35
9th	137	Quentin Harding	M50	CLARO	0:44:38	0:56:28	1:21:13	1:35:01	1:49:00	2:43:18	3:10:06
10th	115	Jennie Chatterley	W40	Cumberland Fell Runners	0:44:39	0:57:14	1:23:18	1:38:35	1:55:32	2:45:44	3:10:22
11th	118	Andrew Tongue	MSEN	Chorlton Runners	0:43:43	0:55:43	1:21:41	1:35:38	1:51:48	2:47:55	3:13:54
12th	117	Claire Wilson	WSEN	Helm Hill Runners	0:47:55	1:01:17	1:28:21	1:43:32	1:59:21	2:54:27	3:19:32
13th	129	Andrew Wilkins	M50	Chorley Athletic and Triathlon Club	0:44:45	0:57:10	1:22:32	1:39:48	1:56:04	2:51:07	3:19:39
14th	136	Matthew Wilson	MSEN	Cumberland Fell Runners	0:47:14	1:00:45	1:27:50	1:43:24	1:59:18	2:54:15	3:21:01
15th	114	Ryan Crellin	MSEN	Cumberland Fell Runners	0:48:35	1:02:13	1:29:29	1:44:06	1:58:14	2:53:26	3:21:44
16th	133	Ryan Moody	MSEN	Unattached	0:48:31	1:02:08	1:29:08	1:45:26	2:06:39	3:01:56	3:39:02
17th	139	Daniel Grose	M50	Ambleside AC	0:50:23	1:04:05	1:32:51	1:48:41	2:05:35	3:10:15	3:42:23
18th	119	Graham Lewis	MSEN	Northern Fells Running Club	0:46:13	0:59:26	1:28:16	1:43:49	1:59:24	3:08:29	3:43:59
19th	130	Dan Wilson	MSEN	Cumberland AC	0:48:19	1:01:36	1:29:32	1:44:24	1:59:31	3:04:31	3:47:37
20th	124	Greg Mounsey	MSEN	Netherhall AC	0:45:22	0:57:45	1:23:06	1:37:46	2:06:55	3:06:25	3:54:39
21st	116	Paul Hills	M60	Pennine Fell Runners	0:50:02	1:04:34	1:36:22	1:56:50	2:21:53	3:24:59	3:58:09
22nd	123	George Wade	MSEN	Unattached	0:59:51	1:17:37	1:54:43	2:15:50	2:42:59	3:31:37	3:59:45
23rd	134	Carolyn Meneaud	WSEN	Ambleside AC	0:59:10	1:15:22	1:49:44	2:07:50	2:25:46	3:31:00	4:03:36
24th	135	Kathryn Evans	WSEN	Ambleside AC	0:57:53	1:14:40	1:49:40	2:07:33	2:25:43	3:31:02	4:03:39
25th	126	Dennis Kentrop	M50	Macclesfield Harriers & AC	0:50:19	1:04:09	1:33:15	1:50:23	2:18:57	3:29:55	4:03:46
26th	111	Dean Porthouse	M40	Netherhall AC	1:00:39	1:17:07	1:50:47	2:11:12	2:33:30	3:42:26	4:24:00
27th	131	Nicholas Downes	M40	Cumberland AC	0:53:33	1:08:46	1:42:31	2:02:53	2:24:36	3:59:39	4:37:00
28th	122	Jo Bowen	W40	Pennine Fell Runners	1:02:41	1:21:26	1:59:59	2:22:09	2:46:56	4:02:38	4:39:05
29th	125	Michelle Tindall	WSEN	Unattached	1:00:33	1:18:03	1:54:47	2:16:08	2:42:57	3:51:34	4:39:57
30th	127	Jill Gates	W50	Settle Harriers	1:11:06	1:30:03	2:12:03	2:37:28	3:03:55	4:34:28	5:10:53
	112	Richard Iliffe	M40	Ilkeston Running Club	0:54:16						rtd