| Pos | No. | Name | Club | Category | Time | Behind | Robinson |  | Hindscarth |  | Dale Head |  | High Spy |  | Cat Bells |  | Finish |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | 521 | Finlay Wild | Lochaber Athletic Club | MSEN | 1:30:50 |  | $\begin{aligned} & \hline \text { 0:38:06 } \\ & \text { 0:38:06 } \end{aligned}$ | $\begin{aligned} & \text { 1st } \\ & \text { 1st } \end{aligned}$ | $\begin{aligned} & 0: 09: 28 \\ & 0: 47: 34 \end{aligned}$ | $\begin{aligned} & \text { 1st } \\ & \text { 1st } \end{aligned}$ | $\begin{aligned} & \hline 0: 07: 50 \\ & 0: 55: 24 \end{aligned}$ | $\begin{aligned} & \text { 1st } \\ & \text { 1st } \end{aligned}$ | $\begin{aligned} & \text { 0:12:07 } \\ & \text { 1:07:31 } \end{aligned}$ | $\begin{aligned} & \text { 1st } \\ & \text { 1st } \end{aligned}$ | $\begin{aligned} & \hline \text { 0:16:05 } \\ & \text { 1:23:36 } \end{aligned}$ | $\begin{aligned} & \text { 1st } \\ & \text { 1st } \end{aligned}$ | $\begin{aligned} & \hline 0: 07: 14 \\ & 1: 30: 50 \end{aligned}$ | $\begin{aligned} & \text { 1st } \\ & \text { 1st } \end{aligned}$ |
| 2nd | 510 | Jonathan Cox | Eden Runners | MSEN | 1:39:26 | +0:08:36 | $\begin{aligned} & 0: 41: 39 \\ & 0: 41: 39 \end{aligned}$ | $\begin{aligned} & \text { 4th } \\ & \text { 4th } \end{aligned}$ | $\begin{aligned} & 0: 10: 14 \\ & 0: 51: 53 \end{aligned}$ | $\begin{aligned} & 3 \mathrm{rd} \\ & 3 \mathrm{rd} \end{aligned}$ | $\begin{aligned} & \text { 0:09:05 } \\ & \text { 1:00:58 } \end{aligned}$ | $\begin{aligned} & \text { 11th } \\ & \text { 5th } \end{aligned}$ | $\begin{aligned} & \text { 0:13:41 } \\ & \text { 1:14:39 } \end{aligned}$ | $\begin{aligned} & \text { 2nd } \\ & \text { 2nd } \end{aligned}$ | $\begin{aligned} & \text { 0:17:06 } \\ & \text { 1:31:45 } \end{aligned}$ | $\begin{aligned} & \text { 2nd } \\ & \text { 2nd } \end{aligned}$ | $\begin{aligned} & \text { 0:07:41 } \\ & \text { 1:39:26 } \end{aligned}$ | $\begin{aligned} & \text { 4th } \\ & \text { 2nd } \end{aligned}$ |
| 3rd | 388 | Sam Stead | Keswick AC | MSEN | 1:39:50 | +0:09:00 | $\begin{aligned} & 0: 41: 37 \\ & 0: 41: 37 \end{aligned}$ | $\begin{aligned} & \text { 2nd } \\ & \text { 2nd } \end{aligned}$ | $\begin{aligned} & \text { 0:10:23 } \\ & \text { 0:52:00 } \end{aligned}$ | $\begin{aligned} & \text { 5th } \\ & \text { 5th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:56 } \\ & \text { 1:00:56 } \end{aligned}$ | $\begin{aligned} & \text { 7th } \\ & \text { 4th } \end{aligned}$ | $\begin{aligned} & 0: 13: 59 \\ & \text { 1:14:55 } \end{aligned}$ | $\begin{aligned} & \text { 6th } \\ & \text { 5th } \end{aligned}$ | $\begin{aligned} & \text { 0:17:11 } \\ & \text { 1:32:06 } \end{aligned}$ | 3rd 3rd | $\begin{aligned} & \text { 0:07:44 } \\ & \text { 1:39:50 } \end{aligned}$ | $\begin{aligned} & \text { 5th } \\ & 3 \text { rd } \end{aligned}$ |
| 4th | 378 | David Bunn | Edinburgh University Hare and Hounds | MU23 | 1:39:57 | +0:09:07 | $\begin{aligned} & 0: 41: 38 \\ & 0: 41: 38 \end{aligned}$ | $\begin{aligned} & \text { 3rd } \\ & \text { 3rd } \end{aligned}$ | $\begin{aligned} & \text { 0:10:17 } \\ & 0: 51: 55 \end{aligned}$ | $\begin{aligned} & \text { 4th } \\ & \text { 4th } \end{aligned}$ | $\begin{aligned} & 0: 08: 51 \\ & 1: 00: 46 \end{aligned}$ | 5th 2nd | $\begin{aligned} & 0: 13: 58 \\ & 1: 14: 44 \end{aligned}$ | $\begin{aligned} & \text { 4th }= \\ & 3 \mathrm{rd} \end{aligned}$ | $\begin{aligned} & \text { 0:17:46 } \\ & \text { 1:32:30 } \end{aligned}$ | 5th 4 th | $\begin{aligned} & \text { 0:07:27 } \\ & \text { 1:39:57 } \end{aligned}$ | $\begin{aligned} & \text { 2nd } \\ & \text { 4th } \end{aligned}$ |
| 5th | 506 | Alex Mason | Dark Peak Fell Runners | MU23 | 1:40:11 | +0:09:21 | $\begin{aligned} & 0: 41: 45 \\ & 0: 41: 45 \end{aligned}$ | $\begin{aligned} & \text { 5th } \\ & \text { 5th } \end{aligned}$ | $\begin{aligned} & \text { 0:10:06 } \\ & \text { 0:51:51 } \end{aligned}$ | $\begin{aligned} & \text { 2nd } \\ & \text { 2nd } \end{aligned}$ | $\begin{aligned} & \text { 0:08:57 } \\ & \text { 1:00:48 } \end{aligned}$ | $\begin{aligned} & \text { 8th } \\ & \text { 3rd } \end{aligned}$ | $\begin{aligned} & 0: 13: 58 \\ & \text { 1:14:46 } \end{aligned}$ | $\begin{gathered} \text { 4th= } \\ \text { 4th } \end{gathered}$ | $\begin{aligned} & 0: 17: 48 \\ & 1: 32: 34 \end{aligned}$ | $\begin{aligned} & \text { 6th } \\ & \text { 5th } \end{aligned}$ | $\begin{aligned} & \text { 0:07:37 } \\ & \text { 1:40:11 } \end{aligned}$ | $\begin{aligned} & \text { 3rd } \\ & 5 \text { th } \end{aligned}$ |
| 6th | 392 | Keith Wigley | Swaledale Runners | MSEN | 1:41:53 | +0:11:03 | $\begin{aligned} & \text { 0:43:08 } \\ & 0: 43: 08 \end{aligned}$ | $\begin{aligned} & \text { 8th= } \\ & \text { 8th= } \end{aligned}$ | $\begin{aligned} & 0: 10: 27 \\ & 0: 53: 35 \end{aligned}$ | 6th 8th | $\begin{aligned} & \text { 0:08:38 } \\ & \text { 1:02:13 } \end{aligned}$ | $\begin{aligned} & \text { 2nd } \\ & \text { 8th } \end{aligned}$ | $\begin{aligned} & 0: 13: 57 \\ & \text { 1:16:10 } \end{aligned}$ | $\begin{aligned} & \text { 3rd } \\ & \text { 8th } \end{aligned}$ | $\begin{aligned} & 0: 17: 27 \\ & 1: 33: 37 \end{aligned}$ | $\begin{aligned} & \text { 4th } \\ & \text { 6th } \end{aligned}$ | $\begin{aligned} & 0: 08: 16 \\ & \text { 1:41:53 } \end{aligned}$ | $\begin{aligned} & \text { 11th } \\ & \text { 6th } \end{aligned}$ |
| 7th | 486 | Matthew Briggs | Helm Hill Runners | MU23 | 1:43:16 | +0:12:26 | $\begin{aligned} & 0: 41: 50 \\ & 0: 41: 50 \end{aligned}$ | $\begin{aligned} & \text { 7th } \\ & \text { 7th } \end{aligned}$ | $\begin{aligned} & \text { 0:10:28 } \\ & 0: 52: 18 \end{aligned}$ | $\begin{aligned} & \text { 7th } \\ & \text { 6th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:42 } \\ & \text { 1:01:00 } \end{aligned}$ | $\begin{aligned} & \text { 3rd } \\ & \text { 6th } \end{aligned}$ | $\begin{aligned} & 0: 14: 37 \\ & \text { 1:15:37 } \end{aligned}$ | $\begin{aligned} & \text { 13th= } \\ & 6 \text { th } \end{aligned}$ | $\begin{aligned} & \text { 0:18:39 } \\ & \text { 1:34:16 } \end{aligned}$ | $\begin{aligned} & \text { 9th } \\ & \text { 7th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:00 } \\ & \text { 1:43:16 } \end{aligned}$ | $\begin{gathered} \text { 34th } \\ \text { 7th } \end{gathered}$ |
| 8th | 272 | Sam Holding | Cumberland Fell Runners | MSEN | 1:44:25 | +0:13:35 | $\begin{aligned} & 0: 43: 08 \\ & 0: 43: 08 \end{aligned}$ | $\begin{aligned} & \text { 8th }= \\ & \text { 8th }= \end{aligned}$ | $\begin{aligned} & \text { 0:10:55 } \\ & \text { 0:54:03 } \end{aligned}$ | $\begin{aligned} & \text { 10th= } \\ & \text { 9th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:46 } \\ & \text { 1:02:49 } \end{aligned}$ | $\begin{aligned} & \text { 4th } \\ & \text { 9th } \end{aligned}$ | $\begin{aligned} & \text { 0:14:59 } \\ & \text { 1:17:48 } \end{aligned}$ | $\begin{aligned} & \text { 21st } \\ & 9 \text { th } \end{aligned}$ | $\begin{aligned} & 0: 18: 34 \\ & 1: 36: 22 \end{aligned}$ | $\begin{aligned} & \text { 8th } \\ & \text { 9th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:03 } \\ & \text { 1:44:25 } \end{aligned}$ | $\begin{aligned} & \text { 6th= } \\ & \text { 8th } \end{aligned}$ |
| 9th | 240 | Robert Jebb | Helm Hill Runners | M40 | 1:44:28 | +0:13:38 | $\begin{aligned} & 0: 41: 49 \\ & 0: 41: 49 \end{aligned}$ | $\begin{aligned} & \text { 6th } \\ & \text { 6th } \end{aligned}$ | $\begin{aligned} & 0: 10: 33 \\ & 0: 52: 22 \end{aligned}$ | $\begin{aligned} & \text { 8th } \\ & \text { 7th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:12 } \\ & \text { 1:01:34 } \end{aligned}$ | $\begin{aligned} & \text { 14th } \\ & \text { 7th } \end{aligned}$ | $\begin{aligned} & 0: 14: 19 \\ & 1: 15: 53 \end{aligned}$ | $\begin{aligned} & \text { 7th } \\ & \text { 7th } \end{aligned}$ | $\begin{aligned} & 0: 19: 11 \\ & 1: 35: 04 \end{aligned}$ | $\begin{aligned} & \text { 15th } \\ & \text { 8th } \end{aligned}$ | $\begin{aligned} & 0: 09: 24 \\ & \text { 1:44:28 } \end{aligned}$ | $\begin{aligned} & \text { 43rd } \\ & 9 \text { th } \end{aligned}$ |
| 10th | 337 | Nichola Jackson | Keswick AC | WSEN | 1:44:30 | +0:13:40 | $\begin{aligned} & 0: 43: 43 \\ & 0: 43: 43 \end{aligned}$ | $\begin{aligned} & \text { 11th } \\ & \text { 11th } \end{aligned}$ | $\begin{aligned} & 0: 10: 37 \\ & 0: 54: 20 \end{aligned}$ | $\begin{aligned} & \text { 9th } \\ & \text { 10th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:09 } \\ & \text { 1:03:29 } \end{aligned}$ | $\begin{aligned} & \text { 13th } \\ & \text { 10th } \end{aligned}$ | $\begin{aligned} & 0: 14: 43 \\ & 1: 18: 12 \end{aligned}$ | $\begin{aligned} & \text { 17th } \\ & \text { 11th } \end{aligned}$ | $\begin{aligned} & 0: 18: 15 \\ & 1: 36: 27 \end{aligned}$ | $\begin{aligned} & \text { 7th } \\ & \text { 10th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:03 } \\ & \text { 1:44:30 } \end{aligned}$ | $\begin{aligned} & \text { 6th } \\ & \text { 10th } \end{aligned}$ |
| 11th | 406 | Sam Atkinson | Bowland Fell Runners | MSEN | 1:45:46 | +0:14:56 | $\begin{aligned} & 0: 43: 41 \\ & 0: 43: 41 \end{aligned}$ | $\begin{aligned} & \text { 10th } \\ & \text { 10th } \end{aligned}$ | $\begin{aligned} & \text { 0:10:56 } \\ & 0: 54: 37 \end{aligned}$ | $\begin{aligned} & \text { 12th= } \\ & \text { 11th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:53 } \\ & \text { 1:03:30 } \end{aligned}$ | $\begin{aligned} & \text { 6th } \\ & \text { 11th } \end{aligned}$ | $\begin{aligned} & \text { 0:14:38 } \\ & \text { 1:18:08 } \end{aligned}$ | $\begin{aligned} & \text { 15th } \\ & \text { 10th } \end{aligned}$ | $\begin{aligned} & \text { 0:18:53 } \\ & \text { 1:37:01 } \end{aligned}$ | $\begin{aligned} & \text { 11th } \\ & \text { 11th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:45 } \\ & \text { 1:45:46 } \end{aligned}$ | $\begin{aligned} & \text { 23rd } \\ & \text { 11th } \end{aligned}$ |
| 12th | 516 | Hamish Murray | Keswick AC | MSEN | 1:46:32 | +0:15:42 | $\begin{aligned} & 0: 43: 44 \\ & 0: 43: 44 \end{aligned}$ | $\begin{aligned} & \text { 12th } \\ & \text { 12th } \end{aligned}$ | $\begin{aligned} & \text { 0:10:55 } \\ & \text { 0:54:39 } \end{aligned}$ | $\begin{aligned} & \text { 10th= } \\ & \text { 12th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:59 } \\ & \text { 1:03:38 } \end{aligned}$ |  | $\begin{aligned} & \text { 0:15:01 } \\ & \text { 1:18:39 } \end{aligned}$ | $\begin{aligned} & \text { 22nd } \\ & \text { 12th } \end{aligned}$ | $\begin{aligned} & 0: 19: 07 \\ & 1: 37: 46 \end{aligned}$ | $\begin{aligned} & \text { 14th } \\ & \text { 12th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:46 } \\ & \text { 1:46:32 } \end{aligned}$ | $\begin{aligned} & \text { 24th } \\ & \text { 12th } \end{aligned}$ |
| 13th | 473 | Charlie Lowther | Eden Runners | M40 | 1:46:48 | +0:15:58 | $\begin{aligned} & 0: 44: 40 \\ & 0: 44: 40 \end{aligned}$ | $\begin{aligned} & \text { 19th } \\ & \text { 19th } \end{aligned}$ | $\begin{aligned} & \text { 0:11:03 } \\ & \text { 0:55:43 } \end{aligned}$ | $\begin{aligned} & \text { 15th } \\ & \text { 15th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:36 } \\ & \text { 1:05:19 } \end{aligned}$ | $\begin{aligned} & \text { 24th } \\ & \text { 17th } \end{aligned}$ | $\begin{aligned} & 0: 14: 26 \\ & \text { 1:19:45 } \end{aligned}$ | $\begin{aligned} & \text { 8th } \\ & \text { 15th } \end{aligned}$ | $\begin{aligned} & 0: 18: 58 \\ & \text { 1:38:43 } \end{aligned}$ | $\begin{aligned} & \text { 12th } \\ & \text { 14th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:05 } \\ & \text { 1:46:48 } \end{aligned}$ | $\begin{aligned} & \text { 8th } \\ & \text { 13th } \end{aligned}$ |
| 14th | 256 | Sam Bennett | Cumberland Fell Runners | MSEN | 1:47:15 | +0:16:25 | $\begin{aligned} & 0: 43: 48 \\ & 0: 43: 48 \end{aligned}$ | $\begin{aligned} & \text { 13th } \\ & \text { 13th } \end{aligned}$ | $\begin{aligned} & 0: 10: 56 \\ & 0: 54: 44 \end{aligned}$ | $\begin{aligned} & \text { 12th= } \\ & \text { 13th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:04 } \\ & \text { 1:03:48 } \end{aligned}$ | $\begin{aligned} & \text { 10th } \\ & \text { 13th } \end{aligned}$ | $\begin{aligned} & 0: 14: 54 \\ & 1: 18: 42 \end{aligned}$ | $\begin{aligned} & \text { 20th } \\ & \text { 13th= } \end{aligned}$ | $\begin{aligned} & 0: 19: 51 \\ & 1: 38: 33 \end{aligned}$ | $\begin{aligned} & \text { 24th } \\ & \text { 13th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:42 } \\ & \text { 1:47:15 } \end{aligned}$ | $\begin{aligned} & \text { 21st } \\ & \text { 14th } \end{aligned}$ |
| 15th | 468 | Ben Jackson | Eden Runners | M40 | 1:47:22 | +0:16:32 | $\begin{aligned} & 0: 43: 54 \\ & 0: 43: 54 \end{aligned}$ | $\begin{aligned} & \text { 14th } \\ & \text { 14th } \end{aligned}$ | $\begin{aligned} & \text { 0:11:01 } \\ & \text { 0:54:55 } \end{aligned}$ | $\begin{aligned} & \text { 14th } \\ & \text { 14th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:19 } \\ & \text { 1:04:14 } \end{aligned}$ | $\begin{aligned} & \text { 17th } \\ & \text { 14th } \end{aligned}$ | $\begin{aligned} & 0: 14: 28 \\ & 1: 18: 42 \end{aligned}$ | $\begin{gathered} \text { 9th } \\ \text { 13th= } \end{gathered}$ | $\begin{aligned} & \text { 0:20:04 } \\ & 1: 38: 46 \end{aligned}$ | $\begin{aligned} & \text { 27th } \\ & \text { 15th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:36 } \\ & \text { 1:47:22 } \end{aligned}$ | $\begin{aligned} & \text { 16th } \\ & \text { 15th } \end{aligned}$ |
| 16th | 248 | Callum Dillon |  | MSEN | 1:48:14 | +0:17:24 | $\begin{aligned} & 0: 44: 33 \\ & 0: 44: 33 \end{aligned}$ | $\begin{aligned} & \text { 16th } \\ & \text { 16th } \end{aligned}$ | $\begin{aligned} & \text { 0:11:15 } \\ & 0: 55: 48 \end{aligned}$ | $\begin{aligned} & \text { 17th= } \\ & \text { 16th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:15 } \\ & \text { 1:05:03 } \end{aligned}$ | $\begin{aligned} & \text { 15th } \\ & \text { 15th } \end{aligned}$ | $\begin{aligned} & 0: 15: 16 \\ & 1: 20: 19 \end{aligned}$ | $\begin{aligned} & \text { 25th } \\ & \text { 18th } \end{aligned}$ | $\begin{aligned} & \text { 0:19:01 } \\ & \text { 1:39:20 } \end{aligned}$ | $\begin{aligned} & \text { 13th } \\ & \text { 16th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:54 } \\ & \text { 1:48:14 } \end{aligned}$ | $\begin{aligned} & \text { 28th } \\ & 16 \mathrm{th} \end{aligned}$ |
| 17th= | 454 | Paul Aitken | Helm Hill Runners | M40 | 1:48:36 | +0:17:46 | $\begin{aligned} & 0: 44: 52 \\ & 0: 44: 52 \end{aligned}$ | $\begin{aligned} & 21 \mathrm{st}= \\ & 21 \mathrm{st}= \end{aligned}$ | $\begin{aligned} & \text { 0:11:20 } \\ & 0: 56: 12 \end{aligned}$ | $\begin{aligned} & \text { 20th } \\ & \text { 20th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:32 } \\ & \text { 1:05:44 } \end{aligned}$ | $\begin{aligned} & \text { 21st } \\ & \text { 22nd } \end{aligned}$ | $\begin{aligned} & 0: 14: 31 \\ & 1: 20: 15 \end{aligned}$ | $\begin{aligned} & \text { 10th= } \\ & \text { 16th } \end{aligned}$ | $\begin{aligned} & \text { 0:19:43 } \\ & \text { 1:39:58 } \end{aligned}$ | $\begin{aligned} & \text { 21st } \\ & \text { 19th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:38 } \\ & \text { 1:48:36 } \end{aligned}$ | $\begin{aligned} & \text { 19th } \\ & \text { 17th= } \end{aligned}$ |
| 17th= | 451 | Sam Watson | Wharfedale Harriers | MSEN | 1:48:36 | +0:17:46 | $\begin{aligned} & 0: 44: 54 \\ & 0: 44: 54 \end{aligned}$ | $\begin{aligned} & \text { 23rd } \\ & 23 r d \end{aligned}$ | $\begin{aligned} & 0: 11: 24 \\ & 0: 56: 18 \end{aligned}$ | $\begin{aligned} & \text { 23rd= } \\ & \text { 22nd } \end{aligned}$ | $\begin{aligned} & \text { 0:09:30 } \\ & \text { 1:05:48 } \end{aligned}$ | $\begin{aligned} & \text { 19th= } \\ & \text { 23rd } \end{aligned}$ | $\begin{aligned} & 0: 14: 35 \\ & \text { 1:20:23 } \end{aligned}$ | $\begin{aligned} & \text { 12th } \\ & \text { 19th } \end{aligned}$ | $\begin{aligned} & \text { 0:19:33 } \\ & \text { 1:39:56 } \end{aligned}$ | $\begin{aligned} & \text { 17th } \\ & \text { 18th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:40 } \\ & \text { 1:48:36 } \end{aligned}$ | $\begin{aligned} & \text { 20th } \\ & \text { 17th= } \end{aligned}$ |
| 19th | 509 | Bobby Gard-Storry | Eden Runners | MSEN | 1:48:37 | +0:17:47 | $\begin{aligned} & 0: 45: 07 \\ & 0: 45: 07 \end{aligned}$ | $\begin{aligned} & \text { 24th } \\ & \text { 24th } \end{aligned}$ | $\begin{aligned} & \text { 0:11:28 } \\ & 0: 56: 35 \end{aligned}$ | $\begin{aligned} & \text { 25th= } \\ & 26 t h \end{aligned}$ | $\begin{aligned} & \text { 0:09:33 } \\ & \text { 1:06:08 } \end{aligned}$ | $\begin{aligned} & \text { 22nd= } \\ & \text { 25th } \end{aligned}$ | $\begin{aligned} & 0: 14: 42 \\ & 1: 20: 50 \end{aligned}$ | $\begin{aligned} & \text { 16th } \\ & \text { 21st } \end{aligned}$ | $\begin{aligned} & 0: 18: 51 \\ & 1: 39: 41 \end{aligned}$ | $\begin{aligned} & \text { 10th } \\ & \text { 17th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:56 } \\ & \text { 1:48:37 } \end{aligned}$ | $\begin{aligned} & \text { 29th } \\ & \text { 19th } \end{aligned}$ |
| 20th | 328 | Liam Mills | Bowland Fell Runners | MSEN | 1:49:31 | +0:18:41 | $\begin{aligned} & 0: 44: 32 \\ & 0: 44: 32 \end{aligned}$ | $\begin{aligned} & \text { 15th } \\ & \text { 15th } \end{aligned}$ | $\begin{aligned} & 0: 11: 24 \\ & 0: 55: 56 \end{aligned}$ | $\begin{gathered} \text { 23rd= } \\ 17 \text { th } \end{gathered}$ | $\begin{aligned} & \text { 0:09:21 } \\ & \text { 1:05:17 } \end{aligned}$ | $\begin{aligned} & \text { 18th } \\ & \text { 16th } \end{aligned}$ | $\begin{aligned} & 0: 15: 20 \\ & 1: 20: 37 \end{aligned}$ | $\begin{aligned} & \text { 27th } \\ & \text { 20th } \end{aligned}$ | $\begin{aligned} & \text { 0:19:39 } \\ & \text { 1:40:16 } \end{aligned}$ | $\begin{aligned} & \text { 20th } \\ & \text { 20th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:15 } \\ & \text { 1:49:31 } \end{aligned}$ | $\begin{aligned} & \text { 38th } \\ & \text { 20th } \end{aligned}$ |
| 21st | 448 | Andy F |  | MSEN | 1:49:39 | +0:18:49 | $\begin{aligned} & 0: 44: 36 \\ & 0: 44: 36 \end{aligned}$ | $\begin{aligned} & \text { 18th } \\ & \text { 18th } \end{aligned}$ | $\begin{aligned} & 0: 11: 21 \\ & 0: 55: 57 \end{aligned}$ | $\begin{aligned} & 21 \mathrm{st} \\ & \text { 18th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:30 } \\ & \text { 1:05:27 } \end{aligned}$ | $\begin{aligned} & \text { 19th= } \\ & \text { 18th } \end{aligned}$ | $\begin{aligned} & 0: 16: 01 \\ & 1: 21: 28 \end{aligned}$ | $\begin{aligned} & \text { 35th } \\ & \text { 24th } \end{aligned}$ | $\begin{aligned} & \text { 0:19:34 } \\ & \text { 1:41:02 } \end{aligned}$ | $\begin{aligned} & \text { 18th } \\ & \text { 23rd } \end{aligned}$ | $\begin{aligned} & \text { 0:08:37 } \\ & \text { 1:49:39 } \end{aligned}$ | $\begin{aligned} & \text { 17th= } \\ & 21 \text { st } \end{aligned}$ |
| 22nd | 413 | Bill Stewart | Borrowdale Fell Runners | M50 | 1:49:48 | +0:18:58 | $\begin{aligned} & 0: 45: 25 \\ & 0: 45: 25 \end{aligned}$ | $\begin{aligned} & \text { 26th } \\ & \text { 26th } \end{aligned}$ | $\begin{aligned} & \text { 0:11:04 } \\ & 0: 56: 29 \end{aligned}$ | $\begin{aligned} & \text { 16th } \\ & \text { 24th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:46 } \\ & \text { 1:06:15 } \end{aligned}$ | $\begin{aligned} & \text { 29th } \\ & \text { 26th } \end{aligned}$ | $\begin{aligned} & 0: 14: 51 \\ & 1: 21: 06 \end{aligned}$ | $\begin{aligned} & \text { 19th } \\ & \text { 22nd } \end{aligned}$ | $\begin{aligned} & \text { 0:19:59 } \\ & \text { 1:41:05 } \end{aligned}$ | $\begin{aligned} & \text { 25th } \\ & \text { 24th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:43 } \\ & \text { 1:49:48 } \end{aligned}$ | $\begin{aligned} & \text { 22nd } \\ & \text { 22nd } \end{aligned}$ |
| 23rd | 526 | Daniel Jones | Eden Runners | MSEN | 1:50:09 | +0:19:19 | $\begin{aligned} & 0: 44: 52 \\ & 0: 44: 52 \end{aligned}$ | $\begin{aligned} & 21 \mathrm{st}= \\ & 21 \mathrm{st}= \end{aligned}$ | $\begin{aligned} & \text { 0:11:15 } \\ & 0: 56: 07 \end{aligned}$ | $\begin{aligned} & \text { 17th= } \\ & \text { 19th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:33 } \\ & \text { 1:05:40 } \end{aligned}$ | $\begin{gathered} \text { 22nd= } \\ \text { 21st } \end{gathered}$ | $\begin{aligned} & 0: 14: 37 \\ & 1: 20: 17 \end{aligned}$ | $\begin{aligned} & \text { 13th= } \\ & \text { 17th } \end{aligned}$ | $\begin{aligned} & \text { 0:20:02 } \\ & \text { 1:40:19 } \end{aligned}$ | $\begin{aligned} & \text { 26th } \\ & 21 \text { st } \end{aligned}$ | $\begin{aligned} & \text { 0:09:50 } \\ & \text { 1:50:09 } \end{aligned}$ | $\begin{aligned} & 61 \mathrm{st} \\ & \text { 23rd } \end{aligned}$ |
| 24th | 478 | Thomas Gladwin | Chorlton Runners | MSEN | 1:51:12 | +0:20:22 | $\begin{aligned} & 0: 45: 15 \\ & 0: 45: 15 \end{aligned}$ | $\begin{aligned} & \text { 25th } \\ & \text { 25th } \end{aligned}$ | $\begin{aligned} & \text { 0:11:16 } \\ & 0: 56: 31 \end{aligned}$ | $\begin{aligned} & \text { 19th } \\ & \text { 25th } \end{aligned}$ | $\begin{aligned} & \text { 0:09:06 } \\ & \text { 1:05:37 } \end{aligned}$ | $\begin{aligned} & \text { 12th } \\ & \text { 20th } \end{aligned}$ | $\begin{aligned} & 0: 15: 41 \\ & 1: 21: 18 \end{aligned}$ | $\begin{aligned} & \text { 28th } \\ & \text { 23rd } \end{aligned}$ | $\begin{aligned} & \text { 0:19:36 } \\ & \text { 1:40:54 } \end{aligned}$ | $\begin{aligned} & \text { 19th } \\ & \text { 22nd } \end{aligned}$ | $\begin{aligned} & 0: 10: 18 \\ & 1: 51: 12 \end{aligned}$ | $\begin{aligned} & \text { 81st= } \\ & \text { 24th } \end{aligned}$ |
| 25th | 329 | Daniel Clarke | Bowland Fell Runners | MSEN | 1:51:29 | +0:20:39 | $\begin{aligned} & 0: 46: 09 \\ & 0: 46: 09 \end{aligned}$ | 27 th 27th | $\begin{aligned} & \text { 0:11:23 } \\ & 0: 57: 32 \end{aligned}$ | $\begin{aligned} & \text { 22nd } \\ & \text { 27th } \end{aligned}$ | $\begin{aligned} & \text { 0:10:43 } \\ & \text { 1:08:15 } \end{aligned}$ | 65th 30th | $\begin{aligned} & 0: 15: 09 \\ & 1: 23: 24 \end{aligned}$ | $\begin{aligned} & \text { 24th } \\ & \text { 30th } \end{aligned}$ | $\begin{aligned} & \text { 0:19:28 } \\ & \text { 1:42:52 } \end{aligned}$ | $\begin{aligned} & \text { 16th } \\ & 26 \text { th } \end{aligned}$ | $\begin{aligned} & 0: 08: 37 \\ & \text { 1:51:29 } \end{aligned}$ | $\begin{aligned} & \text { 17th= } \\ & 25 \text { th } \end{aligned}$ |
| 26th | 517 | Karl Steinegger | Ambleside AC | MSEN | 1:51:35 | +0:20:45 | $\begin{aligned} & 0: 46: 14 \\ & 0: 46: 14 \end{aligned}$ | 28th 28th | $\begin{aligned} & \text { 0:11:43 } \\ & 0: 57: 57 \end{aligned}$ | 32nd 28th | $\begin{aligned} & \text { 0:10:08 } \\ & \text { 1:08:05 } \end{aligned}$ | 43rd= 27th | $\begin{aligned} & \text { 0:15:08 } \\ & \text { 1:23:13 } \end{aligned}$ | $\begin{aligned} & \text { 23rd } \\ & 29 \text { th } \end{aligned}$ | $\begin{aligned} & \text { 0:19:49 } \\ & \text { 1:43:02 } \end{aligned}$ | 23rd 28th | $\begin{aligned} & \text { 0:08:33 } \\ & \text { 1:51:35 } \end{aligned}$ | $\begin{aligned} & \text { 15th } \\ & \text { 26th } \end{aligned}$ |
| 27th | 360 | Will Acland | Helm Hill Runners | M40 | 1:51:38 | +0:20:48 | $\begin{aligned} & 0: 46: 53 \\ & 0: 46: 53 \end{aligned}$ | 32nd 32nd | $\begin{aligned} & 0: 11: 28 \\ & 0: 58: 21 \end{aligned}$ | 25th= 31st | $\begin{aligned} & \text { 0:09:50 } \\ & \text { 1:08:11 } \end{aligned}$ | 30th= 29th | $\begin{aligned} & 0: 14: 31 \\ & 1: 22: 42 \end{aligned}$ | $\begin{aligned} & \text { 10th= } \\ & \text { 26th } \end{aligned}$ | $\begin{aligned} & \text { 0:20:26 } \\ & \text { 1:43:08 } \end{aligned}$ | $\begin{aligned} & \text { 35th } \\ & \text { 29th } \end{aligned}$ | $\begin{aligned} & \text { 0:08:30 } \\ & \text { 1:51:38 } \end{aligned}$ | $\begin{aligned} & \text { 13th= } \\ & \text { 27th } \end{aligned}$ |
| 28th | 357 | Sean Flanagan | Leeds City AC | MSEN | 1:51:39 | +0:20:49 | 0:44:34 | 17th | 0:11:39 | 30th | 0:09:16 | 16th | 0:16:06 | 37th | 0:20:21 | 32nd | 0:09:43 | 54th |


|  |  |  |  |  |  |  | 0:44:34 | 17th | 0:56:13 | 21st | 1:05:29 | 19th | 1:21:35 | 25th | 1:41:56 | 25th | 1:51:39 | 28th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 29th | 377 | Fiona Bunn | Edinburgh University Hare and Hounds | WSEN | 1:51:42 | +0:20:52 | 0:46:41 | 31st | 0:11:55 | 37th= | 0:09:41 | 27th | 0:14:48 | 18th | 0:19:48 | 22nd | 0:08:49 | 25th |
|  |  |  |  |  |  |  | 0:46:41 | 31st | 0:58:36 | 32nd | 1:08:17 | 31st | 1:23:05 | 28th | 1:42:53 | 27th | 1:51:42 | 29th |
| 30th | 242 | John Woodhouse | Durham Fell Runners | MSEN | 1:53:27 | +0:22:37 | 0:44:48 | 20th | 0:11:32 | 27th | 0:09:43 | 28th | 0:16:40 | 43rd | 0:20:43 | 39th | 0:10:01 | 68th |
|  |  |  |  |  |  |  | 0:44:48 | 20th | 0:56:20 | 23rd | 1:06:03 | 24th | 1:22:43 | 27th | 1:43:26 | 30th | 1:53:27 | 30th |
| 31st | 336 | Paul Reilly | Helm Hill Runners | M40 | 1:53:46 | +0:22:56 | 0:47:35 | 36th= | 0:11:55 | 37th= | 0:09:50 | 30th= | 0:15:18 | 26th | 0:20:09 | 29th | 0:08:59 | 32nd= |
|  |  |  |  |  |  |  | 0:47:35 | 36th= | 0:59:30 | 35th | 1:09:20 | 34th | 1:24:38 | 33rd | 1:44:47 | 31st | 1:53:46 | 31st |
| 32nd | 524 | Matthew Allen | Black Combe Runners | MSEN | 1:54:05 | +0:23:15 | 0:47:24 | 33rd | 0:11:42 | 31st | 0:09:50 | 30th= | 0:15:43 | 29th | 0:20:33 | 37th | 0:08:53 | 26th= |
|  |  |  |  |  |  |  | 0:47:24 | 33rd | 0:59:06 | 33rd | 1:08:56 | 33rd | 1:24:39 | 34th | 1:45:12 | 32nd | 1:54:05 | 32nd |
| 33rd | 474 | Will Silvie | Black Combe Runners | MSEN | 1:54:09 | +0:23:19 | 0:47:53 | 45th | 0:12:02 | 39th= | 0:09:53 | 35th= | 0:15:46 | 31st | 0:20:23 | 33rd | 0:08:12 | 10th |
|  |  |  |  |  |  |  | 0:47:53 | 45th | 0:59:55 | 41st | 1:09:48 | 38th | 1:25:34 | 37th | 1:45:57 | 36th | 1:54:09 | 33rd |
| 34th | 375 | Lee Procter | Helm Hill Runners | M40 | 1:54:55 | +0:24:05 | 0:47:32 | 34th | 0:11:51 | 34th | 0:09:59 | 38th | 0:15:52 | 33rd | 0:20:42 | 38th | 0:08:59 | 32nd= |
|  |  |  |  |  |  |  | 0:47:32 | 34th | 0:59:23 | 34th | 1:09:22 | 35th | 1:25:14 | 35th= | 1:45:56 | 35th | 1:54:55 | 34th |
| 35th | 311 | David Kirkham | Wharfedale Harriers | M40 | 1:55:02 | +0:24:12 | 0:46:23 | 29th | 0:11:47 | 33rd | 0:09:58 | 37th | 0:16:27 | 40th | 0:20:52 | 40th | 0:09:35 | 51st= |
|  |  |  |  |  |  |  | 0:46:23 | 29th | 0:58:10 | 30th | 1:08:08 | 28th | 1:24:35 | 32nd | 1:45:27 | $33 \mathrm{rd}=$ | 1:55:02 | 35th |
| 36th | 295 | Jacob Tonkin | Keswick AC | MSEN | 1:55:19 | +0:24:29 | 0:47:54 | 46th | 0:11:52 | 35th | 0:10:13 | 46th | 0:16:32 | 41st | 0:20:24 | 34th | 0:08:24 | 12th |
|  |  |  |  |  |  |  | 0:47:54 | 46th | 0:59:46 | 38th | 1:09:59 | 40th | 1:26:31 | 40th | 1:46:55 | 38th | 1:55:19 | 36th |
| 37th | 313 | Kieran Hodgson | Helm Hill Runners | M40 | 1:55:51 | +0:25:01 | 0:46:24 | 30th | 0:11:36 | 29th | 0:10:18 | 48th= | 0:15:58 | 34th | 0:21:11 | 44th | 0:10:24 | 87th= |
|  |  |  |  |  |  |  | 0:46:24 | 30th | 0:58:00 | 29th | 1:08:18 | 32nd | 1:24:16 | 31st | 1:45:27 | $33 \mathrm{rd}=$ | 1:55:51 | 37th |
| 38th | 444 | Joe Moore | Bowland Fell Runners | MSEN | 1:55:56 | +0:25:06 | 0:47:49 | 43rd= | 0:11:54 | 36th | 0:09:40 | 25th= | 0:15:51 | 32nd | 0:21:15 | 45th | 0:09:27 | 44th |
|  |  |  |  |  |  |  | 0:47:49 | 43rd= | 0:59:43 | 36th | 1:09:23 | 36th | 1:25:14 | 35th= | 1:46:29 | 37th | 1:55:56 | 38th |
| 39th | 330 | Paul Bowyer | Bowland Fell Runners | MSEN | 1:56:13 | +0:25:23 | 0:48:50 | 51st | 0:12:15 | 46th= | 0:11:00 | 80th | 0:15:45 | 30th | 0:20:13 | 31st | 0:08:10 | 9th |
|  |  |  |  |  |  |  | 0:48:50 | 51st | 1:01:05 | 51st | 1:12:05 | 52nd | 1:27:50 | 47th | 1:48:03 | 42nd | 1:56:13 | 39th |
| 40th | 431 | Simon Darmody | Keswick AC | M40 | 1:56:31 | +0:25:41 | 0:49:26 | 56th | 0:12:13 | 43rd | 0:10:07 | 42nd | 0:16:03 | 36th | 0:20:12 | 30th | 0:08:30 | 13th= |
|  |  |  |  |  |  |  | 0:49:26 | 56th | 1:01:39 | 55th | 1:11:46 | 48th | 1:27:49 | 46th | 1:48:01 | 41st | 1:56:31 | 40th |
| 41st | 271 | Julian Simpson |  | M40 | 1:56:54 | +0:26:04 | 0:48:53 | 53rd | 0:11:35 | 28th | 0:09:40 | 25th= | 0:16:22 | 38th= | 0:20:32 | 36th | 0:09:52 | 63rd= |
|  |  |  |  |  |  |  | 0:48:53 | 53rd | 1:00:28 | 48th | 1:10:08 | 43rd | 1:26:30 | 39th | 1:47:02 | 39th | 1:56:54 | 41st |
| 42nd | 235 | James Byrne | Ambleside AC | M40 | 1:57:05 | +0:26:15 | 0:47:38 | 40th | 0:12:14 | 44th= | 0:10:12 | 45th | 0:16:34 | 42nd | 0:20:57 | 41st | 0:09:30 | 45th= |
|  |  |  |  |  |  |  | 0:47:38 | 40th | 0:59:52 | 40th | 1:10:04 | 41st | 1:26:38 | 41st | 1:47:35 | 40th | 1:57:05 | 42nd |
| 43rd | 268 | Alex Fowler | Horwich R M I Harriers | MSEN | 1:58:23 | +0:27:33 | 0:47:37 | 39th | 0:12:35 | 57th= | 0:10:04 | 40th | 0:17:09 | 52nd= | 0:21:42 | 53rd | 0:09:16 | 39th |
|  |  |  |  |  |  |  | 0:47:37 | 39th | 1:00:12 | 43rd | 1:10:16 | 46th | 1:27:25 | 43rd | 1:49:07 | 43rd | 1:58:23 | 43rd |
| 44th | 348 | Michael Rudd | Northern Fells Running Club | M40 | 1:58:50 | +0:28:00 | 0:47:58 | 47th= | 0:12:28 | 53rd | 0:10:03 | 39th | 0:17:35 | 60th | 0:21:48 | 55th= | 0:08:58 | 31st |
|  |  |  |  |  |  |  | 0:47:58 | 47th= | 1:00:26 | 47th | 1:10:29 | 47th | 1:28:04 | 48th | 1:49:52 | 48th | 1:58:50 | 44th |
| 45th | 472 | Dale Bell | Northern Fells Running Club | MSEN | 1:58:58 | +0:28:08 | 0:47:59 | 49th | 0:12:15 | 46th= | 0:09:52 | $33 \mathrm{rd}=$ | 0:17:21 | 57th | 0:21:43 | 54th | 0:09:48 | 58th= |
|  |  |  |  |  |  |  | 0:47:59 | 49th | 1:00:14 | 44th | 1:10:06 | 42nd | 1:27:27 | 44th | 1:49:10 | 44th | 1:58:58 | 45th |
| 46th | 445 | Michael James Bailey | Bowland Fell Runners | MSEN | 1:59:05 | +0:28:15 | 0:47:35 | 36th= | 0:12:10 | 41st | 0:10:05 | 41st | 0:17:41 | 61st | 0:22:02 | 59th | 0:09:32 | 49th= |
|  |  |  |  |  |  |  | 0:47:35 | 36th= | 0:59:45 | 37th | 1:09:50 | 39th | 1:27:31 | 45th | 1:49:33 | 46th | 1:59:05 | 46th |
| 47th | 233 | Martin Hurst | Bowland Fell Runners | MSEN | 1:59:15 | +0:28:25 | 0:47:36 | 38th | 0:12:26 | 52nd | 0:10:08 | 43rd= | 0:17:04 | 51st | 0:22:10 | 62nd= | 0:09:51 | 62nd |
|  |  |  |  |  |  |  | 0:47:36 | 38th | 1:00:02 | 42nd | 1:10:10 | 45th | 1:27:14 | 42nd | 1:49:24 | 45th | 1:59:15 | 47th |
| 48th | 318 | Jack Walton | Keighley \& Craven AC | MU23 | 1:59:38 | +0:28:48 | 0:49:51 | 65th | 0:12:23 | 51st | 0:10:41 | 62nd= | 0:17:42 | 62nd | 0:20:08 | 28th | 0:08:53 | 26th= |
|  |  |  |  |  |  |  | 0:49:51 | 65th | 1:02:14 | 60th | 1:12:55 | 62nd | 1:30:37 | 58th | 1:50:45 | 50th | 1:59:38 | 48th |
| 49th | 512 | Douglas Tullie | Hunters Bog Trotters | MSEN | 1:59:49 | +0:28:59 | 0:47:47 | 42nd | 0:12:02 | 39th= | 0:09:53 | 35th= | 0:16:22 | 38th= | 0:23:38 | 89th | 0:10:07 | 71st= |
|  |  |  |  |  |  |  | 0:47:47 | 42nd | 0:59:49 | 39th | 1:09:42 | 37th | 1:26:04 | 38th | 1:49:42 | 47th | 1:59:49 | 49th |
| 50th | 411 | Mark McBride | Derwent AC | M40 | 2:00:10 | +0:29:20 | 0:49:24 | 55th | 0:12:11 | 42nd | 0:10:24 | 50th | 0:16:47 | 44th | 0:22:10 | 62nd= | 0:09:14 | 37th |
|  |  |  |  |  |  |  | 0:49:24 | 55th | 1:01:35 | 54th | 1:11:59 | 51st | 1:28:46 | 50th | 1:50:56 | 52nd | 2:00:10 | 50th |
| 51st | 391 | Ross Hold | Swaledale Runners | MSEN | 2:00:18 | +0:29:28 | 0:48:52 | 52nd | 0:12:31 | 54th | 0:10:33 | 55th= | 0:17:00 | 48th | 0:21:34 | 50th= | 0:09:48 | 58th= |
|  |  |  |  |  |  |  | 0:48:52 | 52nd | 1:01:23 | 53rd | 1:11:56 | 49th | 1:28:56 | 51st | 1:50:30 | 49th | 2:00:18 | 51st |
| 52nd | 369 | Celia Powell | Ambleside AC | WSEN | 2:00:23 | +0:29:33 | 0:49:37 | 57th= | 0:12:35 | 57th= | 0:10:18 | 48th= | 0:16:51 | 45th | 0:21:32 | 49th | 0:09:30 | 45th= |
|  |  |  |  |  |  |  | 0:49:37 | 57th= | 1:02:12 | 59th | 1:12:30 | 56th= | 1:29:21 | 52nd | 1:50:53 | 51st | 2:00:23 | 52nd |
| 53rd | 258 | Craig Jeffery | Dark Peak Fell Runners | M40 | 2:00:56 | +0:30:06 | 0:49:41 | 60th | 0:12:14 | 44th= | 0:10:35 | 59th= | 0:16:58 | 47th | 0:21:31 | 47th= | 0:09:57 | 65th |
|  |  |  |  |  |  |  | 0:49:41 | 60th | 1:01:55 | 56th | 1:12:30 | 56th= | 1:29:28 | 53rd | 1:50:59 | 53rd | 2:00:56 | 53rd |
| 54th | 428 | James Haworth | Keswick AC | M50 | 2:01:11 | +0:30:21 | 0:50:02 | 67th | 0:12:16 | 48th | 0:10:44 | 66th= | 0:17:03 | 50th | 0:21:57 | 57th= | 0:09:09 | 36th |
|  |  |  |  |  |  |  | 0:50:02 | 67th | 1:02:18 | 61st | 1:13:02 | 64th | 1:30:05 | 57th | 1:52:02 | 56th | 2:01:11 | 54th |
| 55th | 261 | Javier Simon | Helm Hill Runners | M40 | 2:01:19 | +0:30:29 | 0:47:58 | 47th= | 0:12:19 | 49th | 0:09:52 | 33rd= | 0:17:57 | 69th | 0:22:59 | 78th | 0:10:14 | 76th |
|  |  |  |  |  |  |  | 0:47:58 | 47th= | 1:00:17 | 45th | 1:10:09 | 44th | 1:28:06 | 49th | 1:51:05 | 54th | 2:01:19 | 55th |
| 56th | 306 | Jeffrey Capper |  | M50 | 2:01:24 | +0:30:34 | 0:49:48 | 64th | 0:12:37 | 59th | 0:10:15 | 47th | 0:17:24 | 58th | 0:21:48 | 55th= | 0:09:32 | 49th= |
|  |  |  |  |  |  |  | 0:49:48 | 64th | 1:02:25 | 63rd | 1:12:40 | 59th | 1:30:04 | 56th | 1:51:52 | 55th | 2:01:24 | 56th |
| 57th | 275 | Rhys Findlay-Robinson | Helm Hill Runners | MSEN | 2:02:00 | +0:31:10 | 0:47:33 | 35th | 0:12:51 | 69th | 0:11:47 | 104th | 0:18:45 | 83rd | 0:22:03 | 60th | 0:09:01 | 35th |


|  |  |  |  |  |  |  | 0:47:33 | 35th | 1:00:24 | 46th | 1:12:11 | 53rd | 1:30:56 | 62nd | 1:52:59 | 62nd | 2:02:00 | 57th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 58th | 274 | Craig Blakey | Bowland Fell Runners | MSEN | 2:02:04 | +0:31:14 | 0:49:44 | 62nd | 0:12:50 | 68th | 0:10:25 | 51st | 0:17:56 | 68th | 0:21:34 | 50th= | 0:09:35 | 51st= |
|  |  |  |  |  |  |  | 0:49:44 | 62nd | 1:02:34 | 65th= | 1:12:59 | 63rd | 1:30:55 | 61st | 1:52:29 | 58th | 2:02:04 | 58th |
| 59th | 515 | Ross Coles | Cumberland Fell Runners | MSEN | 2:02:15 | +0:31:25 | 0:50:57 | 72nd | 0:12:48 | 67th | 0:10:28 | 52nd | 0:17:55 | 67th | 0:21:10 | 43rd | 0:08:57 | 30th |
|  |  |  |  |  |  |  | 0:50:57 | 72nd | 1:03:45 | 71st | 1:14:13 | 69th | 1:32:08 | 68th | 1:53:18 | 65th | 2:02:15 | 59th |
| 60th | 367 | Matthew Seddon | Pudsey \& Bramley AC | MSEN | 2:02:18 | +0:31:28 | 0:50:10 | 69th | 0:12:47 | 63rd= | 0:10:30 | 53rd= | 0:17:58 | 70th | 0:21:22 | 46th | 0:09:31 | 48th |
|  |  |  |  |  |  |  | 0:50:10 | 69th | 1:02:57 | 68th | 1:13:27 | 66th | 1:31:25 | 65th | 1:52:47 | 61st | 2:02:18 | 60th |
| 61st | 425 | Guy Illingworth | Keswick AC | M50 | 2:02:28 | +0:31:38 | 0:49:39 | 59th | 0:12:41 | 60th= | 0:10:34 | 57th= | 0:17:51 | 65th | 0:21:57 | 57th= | 0:09:46 | 56th |
|  |  |  |  |  |  |  | 0:49:39 | 59th | 1:02:20 | 62nd | 1:12:54 | 61st | 1:30:45 | 59th | 1:52:42 | 60th | 2:02:28 | 61st |
| 62nd | 522 | Mark Irving | Ellenborough AC | MSEN | 2:02:43 | +0:31:53 | 0:49:42 | 61st | 0:12:21 | 50th | 0:10:33 | 55th= | 0:17:01 | 49th | 0:22:48 | 72nd | 0:10:18 | 81st= |
|  |  |  |  |  |  |  | 0:49:42 | 61st | 1:02:03 | 58th | 1:12:36 | 58th | 1:29:37 | 54th | 1:52:25 | 57th | 2:02:43 | 62nd |
| 63rd | 276 | Chris Upson | Cambuslang Harriers | M50 | 2:02:59 | +0:32:09 | 0:47:45 | 41st | 0:13:04 | 75th | 0:11:29 | 98th= | 0:17:27 | 59th | 0:22:49 | 73rd= | 0:10:25 | 90th |
|  |  |  |  |  |  |  | 0:47:45 | 41st | 1:00:49 | 49th | 1:12:18 | 54th | 1:29:45 | 55th | 1:52:34 | 59th | 2:02:59 | 63rd |
| 64th | 519 | Sam Ferguson | Bowland Fell Runners | MSEN | 2:03:31 | +0:32:41 | 0:47:49 | 43rd= | 0:13:06 | 76th | 0:11:51 | 108th= | 0:18:04 | 72nd | 0:22:17 | 64th | 0:10:24 | 87th= |
|  |  |  |  |  |  |  | 0:47:49 | 43rd= | 1:00:55 | 50th | 1:12:46 | 60th | 1:30:50 | 60th | 1:53:07 | 63rd | 2:03:31 | 64th |
| 65th | 316 | Arran Horne | Northern Fells Running Club | MU23 | 2:03:43 | +0:32:53 | 0:52:05 | 74th | 0:12:52 | 70th= | 0:10:44 | 66th= | 0:16:52 | 46th | 0:21:06 | 42nd | 0:10:04 | 70th |
|  |  |  |  |  |  |  | 0:52:05 | 74th | 1:04:57 | 75th | 1:15:41 | 76th | 1:32:33 | 70th | 1:53:39 | 66th | 2:03:43 | 65th |
| 66th | 399 | Lou Osborn | Ambleside AC | W50 | 2:04:12 | +0:33:22 | 0:49:37 | 57th= | 0:12:57 | 73rd= | 0:10:41 | 62nd= | 0:17:52 | 66th | 0:22:04 | 61st | 0:11:01 | 112th= |
|  |  |  |  |  |  |  | 0:49:37 | 57th= | 1:02:34 | 65th= | 1:13:15 | 65th | 1:31:07 | 63rd | 1:53:11 | 64th | 2:04:12 | 66th |
| 67th | 319 | Alexandra Whitaker | Harrogate Harriers \& AC | WU23 | 2:04:36 | +0:33:46 | 0:51:51 | 73rd | 0:12:56 | 72nd | 0:10:46 | 69th | 0:17:16 | 54th= | 0:22:28 | 66th= | 0:09:19 | 40th |
|  |  |  |  |  |  |  | 0:51:51 | 73rd | 1:04:47 | 73rd | 1:15:33 | 73rd | 1:32:49 | 73rd | 1:55:17 | 68th | 2:04:36 | 67th |
| 68th | 266 | Dan Gilbert | Horwich R M I Harriers | M40 | 2:04:54 | +0:34:04 | 0:48:49 | 50th | 0:12:32 | 55th | 0:10:37 | 61st | 0:19:14 | 98th | 0:22:42 | 69th | 0:11:00 | 111th |
|  |  |  |  |  |  |  | 0:48:49 | 50th | 1:01:21 | 52nd | 1:11:58 | 50th | 1:31:12 | 64th | 1:53:54 | 67th | 2:04:54 | 68th |
| 69th | 239 | Steven Paterson | Helm Hill Runners | M50 | 2:05:03 | +0:34:13 | 0:52:14 | 75th | 0:12:41 | 60th= | 0:10:41 | 62nd= | 0:17:20 | 56th | 0:22:28 | 66th= | 0:09:39 | 53rd |
|  |  |  |  |  |  |  | 0:52:14 | 75th | 1:04:55 | 74th | 1:15:36 | 74th | 1:32:56 | 74th | 1:55:24 | 69th | 2:05:03 | 69th |
| 70th | 440 | James Simon | Bowland Fell Runners | MSEN | 2:05:40 | +0:34:50 | 0:49:23 | 54th | 0:12:34 | 56th | 0:10:30 | 53rd= | 0:19:05 | 95th | 0:23:59 | 95th | 0:10:09 | 73rd |
|  |  |  |  |  |  |  | 0:49:23 | 54th | 1:01:57 | 57th | 1:12:27 | 55th | 1:31:32 | 66th | 1:55:31 | 70th | 2:05:40 | 70th |
| 71st | 443 | Christopher Balderson | Bowland Fell Runners | M50 | 2:06:03 | +0:35:13 | 0:52:17 | 77th= | 0:12:47 | 63rd= | 0:10:34 | 57th= | 0:17:09 | 52nd= | 0:23:06 | 79th= | 0:10:10 | 74th |
|  |  |  |  |  |  |  | 0:52:17 | 77th= | 1:05:04 | 76th | 1:15:38 | 75th | 1:32:47 | 72nd | 1:55:53 | 71st | 2:06:03 | 71st |
| 72nd | 508 | William Barker | North Leeds Fell Runners | MSEN | 2:06:20 | +0:35:30 | 0:52:15 | 76th | 0:12:52 | 70th= | 0:10:45 | 68th | 0:17:46 | 63rd= | 0:22:54 | 77th | 0:09:48 | 58th= |
|  |  |  |  |  |  |  | 0:52:15 | 76th | 1:05:07 | 77th | 1:15:52 | 77th | 1:33:38 | 75th | 1:56:32 | 75th | 2:06:20 | 72nd |
| 73rd | 315 | Jack Eastham |  | MSEN | 2:06:31 | +0:35:41 | 0:50:43 | 71st | 0:12:47 | 63rd= | 0:11:03 | 82nd | 0:17:59 | 71st | 0:23:32 | 83rd | 0:10:27 | 91st= |
|  |  |  |  |  |  |  | 0:50:43 | 71st | 1:03:30 | 70th | 1:14:33 | 70th | 1:32:32 | 69th | 1:56:04 | 72nd | 2:06:31 | 73rd |
| 74th | 372 | Andrew Jackson | Bowland Fell Runners | M40 | 2:06:40 | +0:35:50 | 0:50:08 | 68th | 0:13:16 | 79th | 0:11:28 | 96th= | 0:18:47 | 84th= | 0:22:43 | 70th | 0:10:18 | 81st= |
|  |  |  |  |  |  |  | 0:50:08 | 68th | 1:03:24 | 69th | 1:14:52 | 71st | 1:33:39 | 76th | 1:56:22 | 74th | 2:06:40 | 74th |
| 75th | 470 | Shirley Murray | Keswick AC | WSEN | 2:06:44 | +0:35:54 | 0:49:47 | 63rd | 0:12:43 | 62nd | 0:10:59 | 79th | 0:18:33 | 78th= | 0:24:09 | 99th | 0:10:33 | 95th= |
|  |  |  |  |  |  |  | 0:49:47 | 63rd | 1:02:30 | 64th | 1:13:29 | 67th | 1:32:02 | 67th | 1:56:11 | 73rd | 2:06:44 | 75th |
| 76th | 376 | Nigel Bunn | Tring Running Club | M50 | 2:07:19 | +0:36:29 | 0:53:25 | 86th | 0:13:11 | 77th | 0:10:57 | 75th= | 0:17:46 | 63rd= | 0:22:39 | 68th | 0:09:21 | 41st |
|  |  |  |  |  |  |  | 0:53:25 | 86th | 1:06:36 | 85th | 1:17:33 | 84th | 1:35:19 | 79th | 1:57:58 | 77th | 2:07:19 | 76th |
| 77th | 359 | Nicholas Barber | Helm Hill Runners | MSEN | 2:08:10 | +0:37:20 | 0:54:33 | 97th= | 0:13:34 | 89th= | 0:10:49 | 70th= | 0:18:08 | 74th | 0:21:36 | 52nd | 0:09:30 | 45th= |
|  |  |  |  |  |  |  | 0:54:33 | 97th= | 1:08:07 | 96th | 1:18:56 | 92nd | 1:37:04 | 89th | 1:58:40 | 78th | 2:08:10 | 77th |
| 78th | 1191 | Jordan Palmer | Keswick AC | MSEN | 2:08:21 | +0:37:31 | 0:49:55 | 66th | 0:12:47 | 63rd= | 0:10:57 | 75th= | 0:18:59 | 91st | 0:24:18 | 104th | 0:11:25 | 122nd |
|  |  |  |  |  |  |  | 0:49:55 | 66th | 1:02:42 | 67th | 1:13:39 | 68th | 1:32:38 | 71st | 1:56:56 | 76th | 2:08:21 | 78th |
| 79th | 489 | Daniel Clayton |  | M40 | 2:08:25 | +0:37:35 | 0:54:46 | 101st | 0:13:29 | 86th | 0:11:08 | 84th= | 0:17:16 | 54th= | 0:22:23 | 65th | 0:09:23 | 42nd |
|  |  |  |  |  |  |  | 0:54:46 | 101st | 1:08:15 | 98th | 1:19:23 | 98th | 1:36:39 | 86th= | 1:59:02 | 83rd | 2:08:25 | 79th |
| 80th | 387 | David Riding |  | M40 | 2:08:47 | +0:37:57 | 0:53:36 | 90th | 0:13:58 | 100th | 0:11:29 | 98th= | 0:18:13 | 76th | 0:21:31 | 47th= | 0:10:00 | 67th |
|  |  |  |  |  |  |  | 0:53:36 | 90th | 1:07:34 | 92nd | 1:19:03 | 94th | 1:37:16 | 91st | 1:58:47 | 80th | 2:08:47 | 80th |
| 81st | 326 | Andy Watson | Manx Harriers | M50 | 2:09:20 | +0:38:30 | 0:52:24 | 84th | 0:12:57 | 73rd= | 0:10:50 | 72nd= | 0:19:04 | 94th | 0:23:35 | 86th $=$ | 0:10:30 | 93rd= |
|  |  |  |  |  |  |  | 0:52:24 | 84th | 1:05:21 | 78th | 1:16:11 | 78th | 1:35:15 | 78th | 1:58:50 | 81st | 2:09:20 | 81st |
| 82nd | 312 | Craig Burrow | Helm Hill Runners | M40 | 2:09:23 | +0:38:33 | 0:52:22 | 83rd | 0:13:34 | 89th= | 0:10:57 | 75th= | 0:18:35 | 80th | 0:23:17 | 81st | 0:10:38 | 100th |
|  |  |  |  |  |  |  | 0:52:22 | 83rd | 1:05:56 | 82nd | 1:16:53 | 82nd | 1:35:28 | 80th | 1:58:45 | 79th | 2:09:23 | 82nd |
| 83rd | 253 | Lindsey Brindle | Horwich R M I Harriers | W40 | 2:09:34 | +0:38:44 | 0:52:18 | 79th= | 0:13:23 | 84th | 0:10:49 | 70th= | 0:19:02 | 93rd | 0:23:44 | 90th | 0:10:18 | 81st= |
|  |  |  |  |  |  |  | 0:52:18 | 79th= | 1:05:41 | 80th | 1:16:30 | 80th | 1:35:32 | 81st | 1:59:16 | 84th | 2:09:34 | 83rd |
| 84th | 393 | Mike Johnson | Bowland Fell Runners | M60 | 2:09:46 | +0:38:56 | 0:50:33 | 70th | 0:13:20 | 81st | 0:11:10 | 87th= | 0:18:53 | 88th | 0:25:01 | 114th= | 0:10:49 | 108th |
|  |  |  |  |  |  |  | 0:50:33 | 70th | 1:03:53 | 72nd | 1:15:03 | 72nd | 1:33:56 | 77th | 1:58:57 | 82nd | 2:09:46 | 84th |
| 85th | 314 | Tony Bolton | Northern Fells Running Club | M60 | 2:09:55 | +0:39:05 | 0:54:01 | 92nd | 0:13:26 | 85th | 0:11:16 | 90th= | 0:18:07 | 73rd | 0:22:50 | 75th= | 0:10:15 | 77th= |
|  |  |  |  |  |  |  | 0:54:01 | 92nd | 1:07:27 | 89th | 1:18:43 | 90th | 1:36:50 | 88th | 1:59:40 | 86th | 2:09:55 | 85th |
| 86th | 334 | Ben Fletcher | Bowland Fell Runners | M40 | 2:10:01 | +0:39:11 | 0:52:18 | 79th= | 0:13:34 | 89th= | 0:11:04 | 83rd | 0:18:57 | 90th | 0:23:35 | 86th= | 0:10:33 | 95th= |



|  |  |  |  |  |  |  | 0:58:06 | 126th | 1:12:47 | 122nd | 1:24:47 | 121st | 1:44:50 | 118th | 2:10:03 | 118th | 2:21:36 | 115th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 116th | 300 | John Bagge | Helm Hill Runners | M60 | 2:21:51 | +0:51:01 | 0:56:45 | 115th= | 0:14:58 | 125th | 0:12:06 | 116th | 0:20:30 | 122nd | 0:25:11 | 118th | 0:12:21 | 154th= |
|  |  |  |  |  |  |  | 0:56:45 | 115th= | 1:11:43 | 116th | 1:23:49 | 110th | 1:44:19 | 114th | 2:09:30 | 113th | 2:21:51 | 116th |
| 117th | 265 | Johana Mackova | Dynafit Czech Republic | WSEN | 2:21:55 | +0:51:05 | 0:56:50 | 117th | 0:15:01 | 126th= | 0:12:20 | 125th | 0:20:17 | 118th | 0:25:32 | 125th | 0:11:55 | 135th |
|  |  |  |  |  |  |  | 0:56:50 | 117th | 1:11:51 | 120th | 1:24:11 | 113th | 1:44:28 | 115th | 2:10:00 | 117th | 2:21:55 | 117th |
| 118th | 481 | John Douglas | Allithwaite Running Club | M50 | 2:22:02 | +0:51:12 | 0:57:09 | 120th | 0:14:36 | 109th | 0:11:54 | 111th | 0:21:30 | 137th | 0:24:34 | 106th | 0:12:19 | 151st= |
|  |  |  |  |  |  |  | 0:57:09 | 120th | 1:11:45 | 118th | 1:23:39 | 108th | 1:45:09 | 120th | 2:09:43 | 116th | 2:22:02 | 118th |
| 119th= | 234 | Rachel Simpson | Helm Hill Runners | WSEN | 2:22:39 | +0:51:49 | 0:58:29 | 133rd | 0:15:11 | 132nd | 0:12:29 | 131st= | 0:20:14 | 116th | 0:24:50 | 110th $=$ | 0:11:26 | 123rd |
|  |  |  |  |  |  |  | 0:58:29 | 133rd | 1:13:40 | 133rd | 1:26:09 | 131st | 1:46:23 | 128th | 2:11:13 | 120th | 2:22:39 | 119th= |
| 119th= | 502 | Darren Earnshaw | Calder Valley Fell Runners | M40 | 2:22:39 | +0:51:49 |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 2:22:39 | 119th= |
| 121st | 501 | George King | Eden Runners | MSEN | 2:22:49 | +0:51:59 | 0:54:51 | 103rd | 0:14:40 | 111th | 0:12:18 | 122nd= | 0:21:41 | 142nd= | 0:26:38 | 150th | 0:12:41 | 163rd |
|  |  |  |  |  |  |  | 0:54:51 | 103rd | 1:09:31 | 105th | 1:21:49 | 106th | 1:43:30 | 109th | 2:10:08 | 119th | 2:22:49 | 121st |
| 122nd | 424 | Mark Fleming | Keswick AC | M50 | 2:22:50 | +0:52:00 | 0:58:39 | 136th= | 0:14:53 | 118th | 0:12:40 | 142nd= | 0:20:47 | 128th= | 0:25:21 | 122nd | 0:10:30 | 93rd= |
|  |  |  |  |  |  |  | 0:58:39 | 136th= | 1:13:32 | 130th | 1:26:12 | 132nd | 1:46:59 | 130th | 2:12:20 | 128th | 2:22:50 | 122nd |
| 123rd | 358 | Keith Loan | Keswick AC | M60 | 2:23:20 | +0:52:30 | 0:58:39 | 136th= | 0:14:55 | 121st= | 0:12:14 | 121st | 0:20:19 | 119th= | 0:25:55 | 134th | 0:11:18 | 120th= |
|  |  |  |  |  |  |  | 0:58:39 | 136th= | 1:13:34 | 131st | 1:25:48 | 128th | 1:46:07 | 125th | 2:12:02 | 125th | 2:23:20 | 123rd |
| 124th | 289 | lain Dalglish | Bowland Fell Runners | M50 | 2:23:22 | +0:52:32 | 0:56:37 | 109th= | 0:14:46 | 115th | 0:12:29 | 131st= | 0:22:00 | 151st= | 0:26:14 | 139th | 0:11:16 | 118th |
|  |  |  |  |  |  |  | 0:56:37 | 109th= | 1:11:23 | 112th | 1:23:52 | 112th | 1:45:52 | 123rd | 2:12:06 | 127th | 2:23:22 | 124th |
| 125th | 332 | Blyth Davies | Pudsey \& Bramley AC | MSEN | 2:23:25 | +0:52:35 | 1:00:49 | 151st | 0:14:43 | 113th | 0:11:48 | 105th | 0:20:04 | 112th= | 0:24:12 | 100th | 0:11:49 | 132nd= |
|  |  |  |  |  |  |  | 1:00:49 | 151st | 1:15:32 | 148th | 1:27:20 | 145th | 1:47:24 | 132nd | 2:11:36 | 122nd= | 2:23:25 | 125th |
| 126th | 380 | Niamh Jackson | North Leeds Fell Runners | W40 | 2:23:47 | +0:52:57 | 0:56:45 | 115th= | 0:14:55 | 121st= | 0:12:48 | 155th | 0:20:26 | 121st | 0:24:45 | 109th | 0:14:08 | 209th |
|  |  |  |  |  |  |  | 0:56:45 | 115th= | 1:11:40 | 115th | 1:24:28 | 118th | 1:44:54 | 119th | 2:09:39 | 115th | 2:23:47 | 126th |
| 127th | 423 | Katherine Downie | Keswick AC | WSEN | 2:23:52 | +0:53:02 | 0:57:42 | 124th | 0:15:16 | 135th | 0:12:08 | 118th= | 0:21:06 | 133rd | 0:25:51 | 129th $=$ | 0:11:49 | 132nd= |
|  |  |  |  |  |  |  | 0:57:42 | 124th | 1:12:58 | 123rd | 1:25:06 | 123rd | 1:46:12 | 126th | 2:12:03 | 126th | 2:23:52 | 127th |
| 128th | 257 | James Mclaughlin | Cumberland Fell Runners | M50 | 2:24:01 | +0:53:11 | 0:59:00 | 141st | 0:15:07 | 129th | 0:12:22 | 126th= | 0:20:51 | 130th | 0:25:51 | 129th $=$ | 0:10:50 | 109th |
|  |  |  |  |  |  |  | 0:59:00 | 141st | 1:14:07 | 137th | 1:26:29 | 135th | 1:47:20 | 131st | 2:13:11 | 132nd | 2:24:01 | 128th |
| 129th | 323 | Sally Braithwaite | Eden Runners | WU23 | 2:24:08 | +0:53:18 | 0:58:22 | 130th | 0:14:57 | 124th | 0:11:52 | 110th | 0:21:07 | 134th | 0:25:07 | 117th | 0:12:43 | 165th |
|  |  |  |  |  |  |  | 0:58:22 | 130th | 1:13:19 | 129th | 1:25:11 | 124th | 1:46:18 | 127th | 2:11:25 | 121st | 2:24:08 | 129th |
| 130th | 453 | Peter Dukes | Meltham AC | M50 | 2:24:20 | +0:53:30 | 0:57:00 | 119th | 0:14:44 | 114th | 0:12:47 | 153rd= | 0:20:12 | 114th | 0:26:53 | 152nd | 0:12:44 | 166th |
|  |  |  |  |  |  |  | 0:57:00 | 119th | 1:11:44 | 117th | 1:24:31 | 119th | 1:44:43 | 117th | 2:11:36 | 122nd= | 2:24:20 | 130th |
| 131st | 523 | Robert Browne | Black Combe Runners | MSEN | 2:24:29 | +0:53:39 | 0:58:07 | 127th | 0:15:08 | 130th | 0:12:04 | 113th= | 0:20:31 | 123rd | 0:25:53 | 131st= | 0:12:46 | 167th= |
|  |  |  |  |  |  |  | 0:58:07 | 127th | 1:13:15 | 127th | 1:25:19 | 125th | 1:45:50 | 121st= | 2:11:43 | 124th | 2:24:29 | 131st |
| 132nd | 232 | Mark Wise | Cumberland Fell Runners | M60 | 2:24:32 | +0:53:42 | 0:58:37 | 134th= | 0:15:20 | 136th | 0:12:30 | 134th= | 0:21:04 | 132nd | 0:25:44 | 127th= | 0:11:17 | 119th |
|  |  |  |  |  |  |  | 0:58:37 | 134th $=$ | 1:13:57 | 135th | 1:26:27 | 134th | 1:47:31 | 133rd= | 2:13:15 | 133rd | 2:24:32 | 132nd |
| 133rd | 441 | Chris Gibbons | Bowland Fell Runners | M40 | 2:24:54 | +0:54:04 | 0:59:25 | 147th | 0:15:09 | 131st | 0:12:22 | 126th= | 0:20:35 | 126th | 0:25:23 | 123rd | 0:12:00 | 137th |
|  |  |  |  |  |  |  | 0:59:25 | 147th | 1:14:34 | 143rd | 1:26:56 | 140th | 1:47:31 | 133rd= | 2:12:54 | 130th | 2:24:54 | 133rd |
| 134th | 405 | Darren Foote | Ambleside AC | M50 | 2:25:10 | +0:54:20 | 0:58:28 | 132nd | 0:14:49 | 117th | 0:12:26 | 130th | 0:20:13 | 115th | 0:26:34 | 147th | 0:12:40 | 162nd |
|  |  |  |  |  |  |  | 0:58:28 | 132nd | 1:13:17 | 128th | 1:25:43 | 127th | 1:45:56 | 124th | 2:12:30 | 129th | 2:25:10 | 134th |
| 135th | 260 | Jenny Caddick | Dark Peak Fell Runners | W50 | 2:25:35 | +0:54:45 | 0:58:58 | 140th | 0:15:34 | 143rd | 0:12:43 | 146th= | 0:20:47 | 128th= | 0:26:00 | 136th | 0:11:33 | 126th= |
|  |  |  |  |  |  |  | 0:58:58 | 140th | 1:14:32 | 142nd | 1:27:15 | 144th | 1:48:02 | 136th | 2:14:02 | 134th | 2:25:35 | 135th |
| 136th | 513 | Michael Ward | North Leeds Fell Runners | M40 | 2:25:38 | +0:54:48 | 1:00:52 | 152nd | 0:14:54 | 119th= | 0:12:08 | 118th= | 0:21:19 | 135th | 0:25:38 | 126th | 0:10:47 | 105th= |
|  |  |  |  |  |  |  | 1:00:52 | 152nd | 1:15:46 | 149th | 1:27:54 | 149th | 1:49:13 | 144th | 2:14:51 | 138th | 2:25:38 | 136th |
| 137th | 450 | Alex Hayes |  | MSEN | 2:26:33 | +0:55:43 | 0:59:09 | 142nd | 0:15:15 | 133rd= | 0:12:22 | 126th= | 0:21:26 | 136th | 0:26:35 | 148th | 0:11:46 | 131st |
|  |  |  |  |  |  |  | 0:59:09 | 142nd | 1:14:24 | 141st | 1:26:46 | 137th | 1:48:12 | 137th= | 2:14:47 | 136th | 2:26:33 | 137th |
| 138th | 296 | Steven O'Keeffe | Northern Fells Running Club | M50 | 2:26:48 | +0:55:58 | 0:58:16 | 128th | 0:14:54 | 119th= | 0:12:25 | 129th | 0:20:15 | 117th | 0:27:13 | 158th= | 0:13:45 | 198th |
|  |  |  |  |  |  |  | 0:58:16 | 128th | 1:13:10 | 124th | 1:25:35 | 126th | 1:45:50 | 121st= | 2:13:03 | 131st | 2:26:48 | 138th |
| 139th | 408 | Matthew Murgatroyd |  | MSEN | 2:26:55 | +0:56:05 | 0:59:12 | 143rd | 0:15:43 | 153rd= | 0:12:32 | 137th $=$ | 0:22:33 | 159th | 0:24:50 | 110th $=$ | 0:12:05 | 141st |
|  |  |  |  |  |  |  | 0:59:12 | 143rd | 1:14:55 | 144th | 1:27:27 | 146th | 1:50:00 | 147th | 2:14:50 | 137th | 2:26:55 | 139th |
| 140th | 465 | Alice Gamble | Sheffield University Orienteering \& FR | WU23 | 2:27:05 | +0:56:15 | 1:01:04 | 158th | 0:15:35 | 144th= | 0:11:51 | 108th= | 0:21:37 | 138th= | 0:24:57 | 113th | 0:12:01 | 138th |
|  |  |  |  |  |  |  | 1:01:04 | 158th | 1:16:39 | 154th | 1:28:30 | 150th | 1:50:07 | 149th | 2:15:04 | 139th $=$ | 2:27:05 | 140th |
| 141st | 394 | Matthew Wilcock | Trawden Athletic Club | M50 | 2:27:15 | +0:56:25 | 1:00:57 | 155th | 0:16:03 | 163rd | 0:12:32 | 137th $=$ | 0:20:33 | 124th= | 0:25:57 | 135th | 0:11:13 | 117th |
|  |  |  |  |  |  |  | 1:00:57 | 155th | 1:17:00 | 156th | 1:29:32 | 154th | 1:50:05 | 148th | 2:16:02 | 146th | 2:27:15 | 141st |
| 142nd | 364 | Neil Bowmer | Swaledale Runners | M50 | 2:27:34 | +0:56:44 | 0:57:33 | 122nd | 0:15:38 | 147th= | 0:12:49 | 156th | 0:21:41 | 142nd= | 0:26:24 | 142nd= | 0:13:29 | 190th= |
|  |  |  |  |  |  |  | 0:57:33 | 122nd | 1:13:11 | 125th | 1:26:00 | 129th | 1:47:41 | 135th | 2:14:05 | 135th | 2:27:34 | 142nd |
| 143rd | 415 | Kerry Cornforth | Keswick AC | W50 | 2:27:47 | +0:56:57 | 0:58:40 | 138th | 0:15:37 | 146th | 0:12:38 | 139th $=$ | 0:21:37 | 138th= | 0:27:17 | 160th $=$ | 0:11:58 | 136th |
|  |  |  |  |  |  |  | 0:58:40 | 138th | 1:14:17 | 140th | 1:26:55 | 139th | 1:48:32 | 139th= | 2:15:49 | 143rd | 2:27:47 | 143rd |
| 144th | 427 | Gillian Atkinson | Keswick AC | W50 | 2:27:55 | +0:57:05 | 0:58:37 | 134th= | 0:15:33 | 142nd | 0:12:44 | 148th= | 0:21:38 | 140th | 0:27:20 | 162nd | 0:12:03 | 139th |


|  |  |  |  | M50 |  |  | 0:58:37 | 134th= | 1:14:10 | 138th | 1:26:54 | 138th | 1:48:32 | 139th= | 2:15:52 | 144th | 2:27:55 | 144th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 145th | 400 | Mike Innerdale | Eden Runners |  | 2:28:00 | +0:57:10 | 0:57:35 | 123rd | 0:15:39 | 149th | 0:13:01 | 164th | 0:21:57 | 149th | 0:27:30 | 165th | 0:12:18 | 149th= |
|  |  |  |  |  |  |  | 0:57:35 | 123rd | 1:13:14 | 126th | 1:26:15 | 133rd | 1:48:12 | 137th= | 2:15:42 | 142nd | 2:28:00 | 145th |
| 146th | 385 | Jon French | Blyth Running Club | M40 | 2:28:15 | +0:57:25 | 0:58:42 | 139th | 0:15:30 | 141st | 0:12:47 | 153rd= | 0:22:01 | 153rd | 0:26:23 | 141st | 0:12:52 | 171st= |
|  |  |  |  |  |  |  | 0:58:42 | 139th | 1:14:12 | 139th | 1:26:59 | 141st | 1:49:00 | 141st | 2:15:23 | 141st | 2:28:15 | 146th |
| 147th | 480 | Anna Oakes-Monger |  | WSEN | 2:28:53 | +0:58:03 | 1:00:56 | 154th | 0:15:38 | 147th= | 0:12:18 | 122nd= | 0:22:34 | 160th | 0:25:01 | 114th= | 0:12:26 | 157th |
|  |  |  |  |  |  |  | 1:00:56 | 154th | 1:16:34 | 152nd | 1:28:52 | 151st= | 1:51:26 | 155th | 2:16:27 | 149th | 2:28:53 | 147th |
| 148th | 255 | Declan O'Duffy | Bowland Fell Runners | M60 | 2:28:59 | +0:58:09 | 1:00:44 | 149th | 0:15:24 | 138th | 0:12:44 | 148th= | 0:21:40 | 141st | 0:26:15 | 140th | 0:12:12 | 144th |
|  |  |  |  |  |  |  | 1:00:44 | 149th | 1:16:08 | 150th | 1:28:52 | 151st= | 1:50:32 | 151st | 2:16:47 | 150th | 2:28:59 | 148th |
| 149th | 483 | Rebecca Smith |  | W40 | 2:29:46 | +0:58:56 | 1:01:11 | 161st | 0:15:25 | 139th | 0:13:00 | 163rd | 0:20:44 | 127th | 0:27:22 | 163rd | 0:12:04 | 140th |
|  |  |  |  |  |  |  | 1:01:11 | 161st | 1:16:36 | 153rd | 1:29:36 | 155th | 1:50:20 | 150th | 2:17:42 | 151st | 2:29:46 | 149th |
| 150th | 459 | Chris Derry |  | M40 | 2:30:12 | +0:59:22 | 0:58:24 | 131st | 0:15:21 | 137th | 0:12:19 | 124th | 0:23:01 | 173rd | 0:27:17 | 160th= | 0:13:50 | 200th |
|  |  |  |  |  |  |  | 0:58:24 | 131st | 1:13:45 | 134th | 1:26:04 | 130th | 1:49:05 | 142nd | 2:16:22 | 148th | 2:30:12 | 150th |
| 151st | 281 | Daniel O'Callaghan | South Shields Harriers \& AC | M40 | 2:30:13 | +0:59:23 | 0:59:24 | 146th | 0:15:45 | 156th= | 0:12:04 | 113th= | 0:21:54 | 148th | 0:27:10 | 156th | 0:13:56 | 203rd= |
|  |  |  |  |  |  |  | 0:59:24 | 146th | 1:15:09 | 146th | 1:27:13 | 143rd | 1:49:07 | 143rd | 2:16:17 | 147th | 2:30:13 | 151st |
| 152nd | 307 | Mark Wharton | Calder Valley Fell Runners | M50 | 2:30:35 | +0:59:45 | 0:57:53 | 125th | 0:15:44 | 155th | 0:12:54 | 158th | 0:24:03 | 200th | 0:27:23 | 164th | 0:12:38 | 161st |
|  |  |  |  |  |  |  | 0:57:53 | 125th | 1:13:37 | 132nd | 1:26:31 | 136th | 1:50:34 | 152nd | 2:17:57 | 152nd | 2:30:35 | 152nd |
| 153rd | 527 | Andrew Scholes |  | M40 | 2:30:37 | +0:59:47 | 0:58:18 | 129th | 0:15:43 | 153rd= | 0:13:34 | 192nd | 0:22:08 | 154th | 0:26:11 | 138th | 0:14:43 | 222nd |
|  |  |  |  |  |  |  | 0:58:18 | 129th | 1:14:01 | 136th | 1:27:35 | 147th | 1:49:43 | 146th | 2:15:54 | 145th | 2:30:37 | 153rd |
| 154th | 460 | Robert Crawford | Howgill Harriers | M40 | 2:30:42 | +0:59:52 | 1:04:07 | 192nd | 0:16:18 | 168th= | 0:13:31 | 190th | 0:20:19 | 119th= | 0:25:44 | 127th= | 0:10:43 | 104th |
|  |  |  |  |  |  |  | 1:04:07 | 192nd | 1:20:25 | 186th | 1:33:56 | 181st= | 1:54:15 | 166th | 2:19:59 | 159th | 2:30:42 | 154th |
| 155th | 238 | Alison Weston | Ilkley Harriers AC | W50 | 2:30:46 | +0:59:56 | 1:02:35 | 173rd | 0:16:14 | 166th | 0:13:09 | 168th | 0:21:44 | 145th | 0:26:37 | 149th | 0:10:27 | 91st= |
|  |  |  |  |  |  |  | 1:02:35 | 173rd | 1:18:49 | 167th | 1:31:58 | 169th | 1:53:42 | 161st | 2:20:19 | 161st= | 2:30:46 | 155th |
| 156th | 447 | Sean Robinson | Howgill Harriers | M40 | 2:31:08 | +1:00:18 | 0:59:18 | 144th | 0:15:46 | 158th= | 0:12:46 | 150th= | 0:21:49 | 147th | 0:29:02 | 194th= | 0:12:27 | 158th |
|  |  |  |  |  |  |  | 0:59:18 | 144th | 1:15:04 | 145th | 1:27:50 | 148th | 1:49:39 | 145th | 2:18:41 | 155th | 2:31:08 | 156th |
| 157th | 282 | Isaac King | Black Combe Runners | MSEN | 2:31:14 | +1:00:24 | 0:59:20 | 145th | 0:16:01 | 161st= | 0:11:49 | 106th= | 0:23:55 | 198th | 0:27:13 | 158th= | 0:12:56 | 173rd |
|  |  |  |  |  |  |  | 0:59:20 | 145th | 1:15:21 | 147th | 1:27:10 | 142nd | 1:51:05 | 153rd | 2:18:18 | 153rd | 2:31:14 | 157th |
| 158th | 350 | Katherine Klunder | Chorley Athletic and Triathlon Club | W40 | 2:31:21 | +1:00:31 | 1:01:45 | 169th | 0:17:05 | 197th | 0:12:40 | 142nd= | 0:21:41 | 142nd= | 0:25:18 | 121st | 0:12:52 | 171st= |
|  |  |  |  |  |  |  | 1:01:45 | 169th | 1:18:50 | 168th | 1:31:30 | 166th | 1:53:11 | 160th | 2:18:29 | 154th | 2:31:21 | 158th |
| 159th | 416 | Dominic Arnold | Northern Fells Running Club | MSEN | 2:31:28 | +1:00:38 | 1:02:25 | 172nd | 0:16:27 | 173rd= | 0:12:50 | 157th | 0:22:38 | 162nd | 0:26:32 | 145th= | 0:10:36 | 98th |
|  |  |  |  |  |  |  | 1:02:25 | 172nd | 1:18:52 | 169th | 1:31:42 | 167th | 1:54:20 | 167th | 2:20:52 | 164th | 2:31:28 | 159th |
| 160th | 462 | Scott Palmer | Ryedale Tri | M40 | 2:31:31 | +1:00:41 | 1:01:05 | 159th | 0:18:56 | 245th= | 0:12:12 | 120th | 0:22:13 | 155th | 0:25:53 | 131st= | 0:11:12 | 116th |
|  |  |  |  |  |  |  | 1:01:05 | 159th | 1:20:01 | 181st | 1:32:13 | 170th | 1:54:26 | 168th | 2:20:19 | 161st= | 2:31:31 | 160th |
| 161st | 291 | Sophie Fosker | Bowland Fell Runners | W40 | 2:31:41 | +1:00:51 | 1:01:24 | 164th | 0:15:53 | 160th | 0:12:43 | 146th= | 0:22:20 | 157th | 0:27:00 | 153rd | 0:12:21 | 154th= |
|  |  |  |  |  |  |  | 1:01:24 | 164th | 1:17:17 | 158th | 1:30:00 | 158th | 1:52:20 | 158th | 2:19:20 | 157th | 2:31:41 | 161st |
| 162nd | 458 | Ralph Baines | Clayton-le-Moors Harriers | M50 | 2:32:03 | +1:01:13 | 1:01:01 | 156th | 0:15:29 | 140th | 0:12:41 | 145th | 0:22:14 | 156th | 0:27:47 | 169th= | 0:12:51 | 169th= |
|  |  |  |  |  |  |  | 1:01:01 | 156th | 1:16:30 | 151st | 1:29:11 | 153rd | 1:51:25 | 154th | 2:19:12 | 156th | 2:32:03 | 162nd |
| 163rd | 384 | Craig Barker | Borrowdale Fell Runners | M50 | 2:32:23 | +1:01:33 | 1:03:05 | 177th | 0:15:40 | 150th= | 0:13:11 | 169th | 0:22:52 | 166th= | 0:26:25 | 144th | 0:11:10 | 115th |
|  |  |  |  |  |  |  | 1:03:05 | 177th | 1:18:45 | 166th | 1:31:56 | 168th | 1:54:48 | 170th | 2:21:13 | 166th | 2:32:23 | 163rd |
| 164th | 368 | Belinda Baquero | Pudsey \& Bramley AC | W40 | 2:32:32 | +1:01:42 | 1:01:19 | 163rd | 0:16:13 | 165th | 0:12:57 | 161st | 0:23:39 | 195th | 0:25:53 | 131st= | 0:12:31 | 160th |
|  |  |  |  |  |  |  | 1:01:19 | 163rd | 1:17:32 | 160th | 1:30:29 | 161st | 1:54:08 | 165th | 2:20:01 | 160th | 2:32:32 | 164th |
| 165th | 373 | Simone Capponi | Bowland Fell Runners | M40 | 2:33:08 | +1:02:18 | 1:01:18 | 162nd | 0:16:19 | 170th | 0:12:29 | 131st= | 0:21:59 | 150th | 0:27:39 | 168th | 0:13:24 | 185th= |
|  |  |  |  |  |  |  | 1:01:18 | 162nd | 1:17:37 | 162nd | 1:30:06 | 159th | 1:52:05 | 156th | 2:19:44 | 158th | 2:33:08 | 165th |
| 166th | 353 | Tim Slater | Eden Runners | MSEN | 2:34:01 | +1:03:11 | 0:55:22 | 108th | 0:15:01 | 126th= | 0:14:32 | 224th | 0:21:45 | 146th | 0:28:24 | 178th | 0:18:57 | 269th |
|  |  |  |  |  |  |  | 0:55:22 | 108th | 1:10:23 | 108th | 1:24:55 | 122nd | 1:46:40 | 129th | 2:15:04 | 139th $=$ | 2:34:01 | 166th |
| 167th | 417 | Albert Sunter | Winter Hill Runners | M60 | 2:34:19 | +1:03:29 | 1:01:02 | 157th | 0:15:45 | 156th= | 0:12:58 | 162nd | 0:22:30 | 158th | 0:28:50 | 190th | 0:13:14 | 182nd |
|  |  |  |  |  |  |  | 1:01:02 | 157th | 1:16:47 | 155th | 1:29:45 | 157th | 1:52:15 | 157th | 2:21:05 | 165th | 2:34:19 | 167th |
| 168th | 487 | Wil Spain | Dark Peak Fell Runners | MSEN | 2:34:24 | +1:03:34 | 1:03:51 | 189th | 0:15:40 | 150th= | 0:12:56 | 160th | 0:22:56 | 171st= | 0:27:08 | 155th | 0:11:53 | 134th |
|  |  |  |  |  |  |  | 1:03:51 | 189th | 1:19:31 | 176th | 1:32:27 | 172nd | 1:55:23 | 171st | 2:22:31 | 169th | 2:34:24 | 168th |
| 169th | 320 | Charlotte Jackson | Calder Valley Fell Runners | WSEN | 2:34:29 | +1:03:39 | 1:03:25 | 184th | 0:15:40 | 150th= | 0:11:49 | 106th= | 0:23:09 | 178th | 0:26:32 | 145th= | 0:13:54 | 202nd |
|  |  |  |  |  |  |  | 1:03:25 | 184th | 1:19:05 | 172nd | 1:30:54 | 164th | 1:54:03 | 164th | 2:20:35 | 163rd | 2:34:29 | 169th |
| 170th | 490 | Chris Randall | Goyt Valley Striders | M40 | 2:35:12 | +1:04:22 | 1:03:58 | 191st | 0:16:12 | 164th | 0:12:40 | 142nd= | 0:22:52 | 166th= | 0:27:01 | 154th | 0:12:29 | 159th |
|  |  |  |  |  |  |  | 1:03:58 | 191st | 1:20:10 | 183rd | 1:32:50 | 175th | 1:55:42 | 172nd | 2:22:43 | 170th | 2:35:12 | 170th |
| 171st | 383 | Karen Bridge | Eden Runners | W50 | 2:35:29 | +1:04:39 | 1:01:36 | 167th | 0:15:35 | 144th= | 0:12:30 | 134th $=$ | 0:23:21 | 185th= | 0:28:58 | 192nd | 0:13:29 | 190th= |
|  |  |  |  |  |  |  | 1:01:36 | 167th | 1:17:11 | 157th | 1:29:41 | 156th | 1:53:02 | 159th | 2:22:00 | 167th | 2:35:29 | 171st |
| 172nd | 333 | Stephen Burthem | Spectrum Striders | M60 | 2:35:56 | +1:05:06 | 1:01:37 | 168th | 0:16:17 | 167th | 0:13:08 | 166th= | 0:22:54 | 169th | 0:28:11 | 173rd | 0:13:49 | 199th |
|  |  |  |  |  |  |  | 1:01:37 | 168th | 1:17:54 | 164th | 1:31:02 | 165th | 1:53:56 | 163rd | 2:22:07 | 168th | 2:35:56 | 172nd |
| 173rd | 292 | Josie Greenhalgh | Lostock AC | W50 | 2:36:22 | +1:05:32 | 1:03:13 | 179th | 0:17:37 | 214th | 0:13:51 | 204th | 0:22:44 | 163rd | 0:28:18 | 174th | 0:10:39 | 101st |


|  |  |  |  |  |  |  | 1:03:13 | 179th | 1:20:50 | 189th | 1:34:41 | 188th | 1:57:25 | 178th= | 2:25:43 | 178th | 2:36:22 | 173rd |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 174th | 263 | Andy Armstrong | Clayton-le-Moors Harriers | M50 | 2:36:30 | +1:05:40 | 1:04:20 | 193rd | 0:17:15 | 200th= | 0:13:22 | 180th= | 0:23:12 | 179th= | 0:26:50 | 151st | 0:11:31 | 125th |
|  |  |  |  |  |  |  | 1:04:20 | 193rd | 1:21:35 | 196th | 1:34:57 | 193rd | 1:58:09 | 190th | 2:24:59 | 175th | 2:36:30 | 174th |
| 175th | 471 | Thomas Tattersfield | North Leeds Fell Runners | MSEN | 2:37:25 | +1:06:35 | 1:00:54 | 153rd | 0:16:40 | 180th= | 0:13:17 | 175th= | 0:23:36 | 193rd | 0:28:40 | 186th | 0:14:18 | 217th= |
|  |  |  |  |  |  |  | 1:00:54 | 153rd | 1:17:34 | 161st | 1:30:51 | 162nd | 1:54:27 | 169th | 2:23:07 | 171st | 2:37:25 | 175th |
| 176th | 241 | Matt Yardley |  | M50 | 2:37:44 | +1:06:54 | 1:03:18 | 181st | 0:16:18 | 168th= | 0:13:17 | 175th= | 0:23:38 | 194th | 0:27:38 | 167th | 0:13:35 | 193rd |
|  |  |  |  |  |  |  | 1:03:18 | 181st | 1:19:36 | 178th | 1:32:53 | 176th | 1:56:31 | 174th | 2:24:09 | 173rd | 2:37:44 | 176th |
| 177th | 466 | Andrew. Sandercock | North Leeds Fell Runners | MSEN | 2:38:07 | +1:07:17 | 1:05:29 | 209th | 0:16:39 | 179th | 0:13:29 | 187th | 0:22:00 | 151st= | 0:29:29 | 205th | 0:11:01 | 112th= |
|  |  |  |  |  |  |  | 1:05:29 | 209th | 1:22:08 | 206th | 1:35:37 | 202nd | 1:57:37 | 182nd | 2:27:06 | 192nd | 2:38:07 | 177th |
| 178th | 390 | Michael Pattrick |  | MSEN | 2:38:13 | +1:07:23 | 1:05:17 | 204th= | 0:16:23 | 171st | 0:13:22 | 180th= | 0:22:55 | 170th | 0:28:02 | 172nd | 0:12:14 | 146th |
|  |  |  |  |  |  |  | 1:05:17 | 204th= | 1:21:40 | 198th | 1:35:02 | 195th | 1:57:57 | 187th | 2:25:59 | 179th | 2:38:13 | 178th |
| 179th | 401 | Tony Marlow | Lostock AC | M50 | 2:38:14 | +1:07:24 | 1:04:42 | 197th | 0:16:32 | 175th | 0:13:36 | 193rd= | 0:22:53 | 168th | 0:28:21 | 175th= | 0:12:10 | 142nd= |
|  |  |  |  |  |  |  | 1:04:42 | 197th | 1:21:14 | 191st | 1:34:50 | 191st | 1:57:43 | 185th | 2:26:04 | 180th | 2:38:14 | 179th |
| 180th | 270 | Rebecca Simpson | Swaledale Runners | W40 | 2:38:21 | +1:07:31 | 1:03:43 | 186th | 0:16:50 | 187th | 0:13:23 | 182nd | 0:23:13 | 182nd | 0:27:32 | 166th | 0:13:40 | 195th |
|  |  |  |  |  |  |  | 1:03:43 | 186th | 1:20:33 | 188th | 1:33:56 | 181st= | 1:57:09 | 176th | 2:24:41 | 174th | 2:38:21 | 180th |
| 181st= | 436 | Matthew Moore |  | M50 | 2:38:36 | +1:07:46 | 1:03:54 | 190th | 0:17:27 | 206th= | 0:13:12 | 170th | 0:23:08 | 176th= | 0:28:42 | 187th | 0:12:13 | 145th |
|  |  |  |  |  |  |  | 1:03:54 | 190th | 1:21:21 | 192nd | 1:34:33 | 187th | 1:57:41 | 184th | 2:26:23 | 182nd | 2:38:36 | 181st= |
| 181st= | 503 | Julie Carter |  | W50 | 2:38:36 | +1:07:46 | 1:05:15 | 203rd | 0:16:43 | 184th | 0:13:42 | 195th= | 0:22:37 | 161st | 0:27:58 | 171st | 0:12:21 | 154th= |
|  |  |  |  |  |  |  | 1:05:15 | 203rd | 1:21:58 | 203rd | 1:35:40 | 203rd | 1:58:17 | 191st | 2:26:15 | 181st | 2:38:36 | 181st= |
| 183rd | 290 | Richard Carr | Keswick AC | MSEN | 2:38:57 | +1:08:07 | 1:00:47 | 150th | 0:17:01 | 194th= | 0:13:04 | 165th | 0:24:58 | 213th | 0:29:16 | 199th | 0:13:51 | 201st |
|  |  |  |  |  |  |  | 1:00:47 | 150th | 1:17:48 | 163rd | 1:30:52 | 163rd | 1:55:50 | 173rd | 2:25:06 | 176th | 2:38:57 | 183rd |
| 184th | 446 | Gregor Smith | Bowland Fell Runners | MSEN | 2:38:58 | +1:08:08 | 1:04:21 | 194th | 0:16:40 | 180th $=$ | 0:13:08 | 166th= | 0:23:08 | 176th= | 0:29:23 | 203rd | 0:12:18 | 149th= |
|  |  |  |  |  |  |  | 1:04:21 | 194th | 1:21:01 | 190th | 1:34:09 | 183rd | 1:57:17 | 177th | 2:26:40 | 184th | 2:38:58 | 184th |
| 185th | 452 | Freda Summerfield | Gateshead Harriers \& AC | W50 | 2:39:17 | +1:08:27 | 1:01:29 | 165th | 0:16:01 | 161st= | 0:12:55 | 159th | 0:23:27 | 191st | 0:29:56 | 209th= | 0:15:29 | 238th= |
|  |  |  |  |  |  |  | 1:01:29 | 165th | 1:17:30 | 159th | 1:30:25 | 160th | 1:53:52 | 162nd | 2:23:48 | 172nd | 2:39:17 | 185th |
| 186th | 345 | John Thompson | Newburgh Nomads RC | M50 | 2:39:20 | +1:08:30 | 1:02:18 | 171st | 0:16:38 | 177th= | 0:13:21 | 179th | 0:25:08 | 216th | 0:29:45 | 207th | 0:12:10 | 142nd= |
|  |  |  |  |  |  |  | 1:02:18 | 171st | 1:18:56 | 170th | 1:32:17 | 171st | 1:57:25 | 178th= | 2:27:10 | 193rd | 2:39:20 | 186th |
| 187th | 1224 | Adrian Hope | Winter Hill Runners | M50 | 2:39:31 | +1:08:41 | 1:03:49 | 188th | 0:16:40 | 180th $=$ | 0:13:46 | 200th= | 0:23:24 | 190th | 0:27:47 | 169th= | 0:14:05 | 206th= |
|  |  |  |  |  |  |  | 1:03:49 | 188th | 1:20:29 | 187th | 1:34:15 | 184th | 1:57:39 | 183rd | 2:25:26 | 177th | 2:39:31 | 187th |
| 188th $=$ | 347 | Maria Cook | Skelmersdale Boundary Harriers | W40 | 2:39:54 | +1:09:04 | 1:04:37 | 195th | 0:16:53 | 189th | 0:13:13 | 171st | 0:22:45 | 164th $=$ | 0:29:02 | 194th= | 0:13:24 | 185th= |
|  |  |  |  |  |  |  | 1:04:37 | 195th | 1:21:30 | 194th | 1:34:43 | 189th | 1:57:28 | 180th | 2:26:30 | 183rd | 2:39:54 | 188th $=$ |
| 188th $=$ | 488 | Joe Curran | Accrington Road Runners | M60 | 2:39:54 | +1:09:04 | 1:03:24 | 183rd | 0:18:20 | 236th | 0:13:15 | 172nd= | 0:23:07 | 175th | 0:28:35 | 182nd | 0:13:13 | 178th= |
|  |  |  |  |  |  |  | 1:03:24 | 183rd | 1:21:44 | 200th | 1:34:59 | 194th | 1:58:06 | 189th | 2:26:41 | 185th | 2:39:54 | 188th= |
| 190th | 386 | Rebecca Wadeson | Skelmersdale Boundary Harriers | W40 | 2:39:55 | +1:09:05 | 1:04:38 | 196th | 0:16:55 | 190th= | 0:13:20 | 178th | 0:23:31 | 192nd | 0:28:26 | 179th | 0:13:05 | 176th |
|  |  |  |  |  |  |  | 1:04:38 | 196th | 1:21:33 | 195th | 1:34:53 | 192nd | 1:58:24 | 194th | 2:26:50 | 187th | 2:39:55 | 190th |
| 191st | 409 | Ryan Crellin | Cumberland Fell Runners | MSEN | 2:39:59 | +1:09:09 | 1:06:10 | 211th | 0:17:03 | 196th | 0:13:19 | 177th | 0:23:22 | 188th= | 0:28:23 | 177th | 0:11:42 | 130th |
|  |  |  |  |  |  |  | 1:06:10 | 211th | 1:23:13 | 210th | 1:36:32 | 205th | 1:59:54 | 204th | 2:28:17 | 201st | 2:39:59 | 191st |
| 192nd | 463 | Giles Bailey | Meltham AC | M50 | 2:40:00 | +1:09:10 | 1:03:31 | 185th | 0:16:46 |  | 0:14:01 | $\text { 209th }=$ | 0:23:15 | 183rd | 0:29:14 | 198th | 0:13:13 | 178th= |
|  |  |  |  |  |  |  | 1:03:31 | 185th | 1:20:17 | 184th | 1:34:18 | 185th | 1:57:33 | 181st | 2:26:47 | 186th | 2:40:00 | 192nd |
| 193rd | 482 | Martin Bland | Accrington Road Runners | M60 | 2:40:02 | +1:09:12 | 1:05:24 | 207th | 0:16:42 | 183rd | 0:13:27 | 186th | 0:23:03 | 174th | 0:28:27 | 180th | 0:12:59 | 175th |
|  |  |  |  |  |  |  | 1:05:24 | 207th | 1:22:06 | 205th | 1:35:33 | 201st | 1:58:36 | 195th | 2:27:03 | 191st | 2:40:02 | 193rd |
| 194th | 435 | Annabelle Innerdale | Eden Runners | W50 | 2:40:11 | +1:09:21 | 1:03:02 | 176th | 0:16:26 | 172nd | 0:13:30 | 188th= | 0:24:00 | 199th | 0:29:56 | 209th= | 0:13:17 | 184th |
|  |  |  |  |  |  |  | 1:03:02 | 176th | 1:19:28 | 174th | 1:32:58 | 177th | 1:56:58 | 175th | 2:26:54 | 188th | 2:40:11 | 194th |
| 195th | 259 | Stephen Cox | Bowland Fell Runners | M50 | 2:40:20 | +1:09:30 | 1:05:00 | 201st | 0:16:38 | 177th $=$ | 0:13:42 | 195th= | 0:23:49 | 197th | 0:28:52 | 191st | 0:12:19 | 151st= |
|  |  |  |  |  |  |  | 1:05:00 | 201st | 1:21:38 | 197th | 1:35:20 | 198th | 1:59:09 | 198th= | 2:28:01 | 198th | 2:40:20 | 195th |
| 196th | 354 | Sarah Hall | Northern Fells Running Club | WSEN | 2:40:22 | +1:09:32 | 1:02:54 | 174th | 0:16:36 | 176th | 0:13:46 | 200th= | 0:25:06 | 215th | 0:28:34 | 181st | 0:13:26 | 188th |
|  |  |  |  |  |  |  | 1:02:54 | 174th | 1:19:30 | 175th | 1:33:16 | 179th | 1:58:22 | 193rd | 2:26:56 | 189th | 2:40:22 | 196th |
| 197th | 327 | Nigel Braithwaite | Eden Runners | M50 | 2:40:49 | +1:09:59 | 1:05:04 | 202nd | 0:16:57 | 192nd= | 0:13:26 | 184th= | 0:23:21 | 185th= | 0:28:45 | 188th | 0:13:16 | 183rd |
|  |  |  |  |  |  |  | 1:05:04 | 202nd | 1:22:01 | 204th | 1:35:27 | 200th | 1:58:48 | 196th | 2:27:33 | 194th | 2:40:49 | 197th |
| 198th | 426 | Stephanie Illingworth | Keswick AC | W50 | 2:41:04 | +1:10:14 | 1:03:11 | 178th | 0:17:11 | 199th | 0:15:25 | 248th= | 0:23:16 | 184th | 0:28:36 | 183rd= | 0:13:25 | 187th |
|  |  |  |  |  |  |  | 1:03:11 | 178th | 1:20:22 | 185th | 1:35:47 | 204th | 1:59:03 | 197th | 2:27:39 | 195th | 2:41:04 | 198th |
| 199th | 346 | Shaun Hardisty | Eden Runners | M50 | 2:41:08 | +1:10:18 | 1:04:45 | 199th | 0:16:57 | 192nd= | 0:13:26 | 184th= | 0:23:12 | 179th= | 0:28:39 | 185th | 0:14:09 | 210th= |
|  |  |  |  |  |  |  | 1:04:45 | 199th | 1:21:42 | 199th | 1:35:08 | 197th | 1:58:20 | 192nd | 2:26:59 | 190th | 2:41:08 | 199th |
| 200th | 349 | Kieran Horrigan | FRA | M60 | 2:41:15 | +1:10:25 | 1:03:47 | 187th | 0:15:46 | 158th $=$ | 0:13:30 | 188th= | 0:24:43 | 208th | 0:30:19 | 216th | 0:13:10 | 177th |
|  |  |  |  |  |  |  | 1:03:47 | 187th | 1:19:33 | 177th | 1:33:03 | 178th | 1:57:46 | 186th | 2:28:05 | 199th | 2:41:15 | 200th |
| 201st | 303 | Luke Everitt |  | MSEN | 2:41:28 | +1:10:38 | 1:02:10 | 170th | 0:17:56 | 218th | 0:13:16 | 174th | 0:25:52 | 225th | 0:29:01 | 193rd | 0:13:13 | 178th= |
|  |  |  |  |  |  |  | 1:02:10 | 170th | 1:20:06 | 182nd | 1:33:22 | 180th | 1:59:14 | 201st | 2:28:15 | 200th | 2:41:28 | 201st |
| 202nd | 244 | Joe Williams |  | MSEN | 2:42:11 | +1:11:21 | 1:06:25 | 213th | 0:16:45 | 185th | 0:13:53 | 205th | 0:23:21 | 185th= | 0:29:27 | 204th | 0:12:20 | 153rd |


|  |  |  |  | W50 | 2:42:17 |  | 1:06:25 | 213th | 1:23:10 | 209th | 1:37:03 | 207th | 2:00:24 | 205th | 2:29:51 | 205th | 2:42:11 | 202nd |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 203rd | 397 | Denise Wright | Bingley Harriers \& AC |  |  | +1:11:27 | 1:02:56 | 175th | 0:16:51 | 188th | 0:14:59 | 234th= | 0:24:27 | 203rd | 0:28:36 | 183rd= | 0:14:28 | 220th |
|  |  |  |  |  |  |  | 1:02:56 | 175th | 1:19:47 | 180th | 1:34:46 | 190th | 1:59:13 | 200th | 2:27:49 | 196th | 2:42:17 | 203rd |
| 204th | 382 | Sarah Bannister | North Leeds Fell Runners | WSEN | 2:42:40 | +1:11:50 | 1:01:35 | 166th | 0:17:26 | 204th= | 0:13:36 | 193rd= | 0:27:05 | 235th | 0:29:02 | 194th= | 0:13:56 | 203rd= |
|  |  |  |  |  |  |  | 1:01:35 | 166th | 1:19:01 | 171st | 1:32:37 | 174th | 1:59:42 | 202nd | 2:28:44 | 202nd | 2:42:40 | 204th |
| 205th | 252 | Sarah Warren | Carnethy Hill Racing Club | W40 | 2:43:26 | +1:12:36 | 1:04:56 | 200th | 0:16:55 | 190th= | 0:13:33 | 191st | 0:23:45 | 196th | 0:30:00 | 211th | 0:14:17 | 216th |
|  |  |  |  |  |  |  | 1:04:56 | 200th | 1:21:51 | 202nd | 1:35:24 | 199th | 1:59:09 | 198th= | 2:29:09 | 203rd | 2:43:26 | 205th |
| 206th | 236 | Nina Mason | Elvet Striders | W40 | 2:43:28 | +1:12:38 | 1:06:28 | 214th | 0:17:01 | 194th= | 0:13:54 | 206th | 0:23:22 | 188th= | 0:29:02 | 194th= | 0:13:41 | 196th |
|  |  |  |  |  |  |  | 1:06:28 | 214th | 1:23:29 | 213th | 1:37:23 | 209th | 2:00:45 | 206th | 2:29:47 | 204th | 2:43:28 | 206th |
| 207th | 456 | Neil Sidaway | Cumberland Fell Runners | M60 | 2:43:55 | +1:13:05 | 1:00:34 | 148th | 0:17:52 | 217th | 0:14:04 | 213th | 0:25:32 | 221st | 0:29:55 | 208th | 0:15:58 | 245th |
|  |  |  |  |  |  |  | 1:00:34 | 148th | 1:18:26 | 165th | 1:32:30 | 173rd | 1:58:02 | 188th | 2:27:57 | 197th | 2:43:55 | 207th |
| 208th | 249 | Ian Pudge | Burnden Road Runners | M50 | 2:44:22 | +1:13:32 | 1:06:50 | 217th | 0:18:07 | 225th | 0:13:55 | 207th | 0:23:12 | 179th= | 0:28:48 | 189th | 0:13:30 | 192nd |
|  |  |  |  |  |  |  | 1:06:50 | 217th | 1:24:57 | 220th | 1:38:52 | 218th | 2:02:04 | 210th | 2:30:52 | 207th | 2:44:22 | 208th |
| 209th | 284 | Ali Welsh | Bowland Fell Runners | M60 | 2:44:41 | +1:13:51 | 1:05:26 | 208th | 0:17:29 | 208th= | 0:14:30 | 222nd= | 0:24:11 | 201st | 0:30:48 | 222nd | 0:12:17 | 148th |
|  |  |  |  |  |  |  | 1:05:26 | 208th | 1:22:55 | 207th | 1:37:25 | 210th | 2:01:36 | 207th | 2:32:24 | 209th= | 2:44:41 | 209th |
| 210th | 254 | David Naughton | Cheshire Hill Racers | M60 | 2:45:10 | +1:14:20 | 1:09:04 | 238th | 0:17:34 | 212th | 0:14:40 | 225th | 0:22:45 | 164th= | 0:28:21 | 175th= | 0:12:46 | 167th= |
|  |  |  |  |  |  |  | 1:09:04 | 238th | 1:26:38 | 229th | 1:41:18 | 229th | 2:04:03 | 217th | 2:32:24 | 209th= | 2:45:10 | 210th |
| 211th | 299 | Mick Brankin | Trawden Athletic Club | M50 | 2:45:19 | +1:14:29 | 1:06:22 | 212th | 0:17:30 | 210th | 0:14:25 | 220th | 0:24:49 | 210th= | 0:29:22 | 202nd | 0:12:51 | 169th= |
|  |  |  |  |  |  |  | 1:06:22 | 212th | 1:23:52 | 214th | 1:38:17 | 212th | 2:03:06 | 212th | 2:32:28 | 211th | 2:45:19 | 211th |
| 212th | 269 | Christopher Snell | Cumberland Fell Runners | MSEN | 2:45:31 | +1:14:41 | 1:05:17 | 204th= | 0:17:58 | 219th | 0:17:08 | 272nd | 0:24:59 | 214th | 0:27:11 | 157th | 0:12:58 | 174th |
|  |  |  |  |  |  |  | 1:05:17 | 204th= | 1:23:15 | 211th | 1:40:23 | 225th | 2:05:22 | 224th | 2:32:33 | 212th | 2:45:31 | 212th |
| 213th | 432 | Lynne Hume | Keswick AC | W40 | 2:45:52 | +1:15:02 | 1:03:15 | 180th | 0:16:27 | 173rd= | 0:19:05 | 280th | 0:22:56 | 171st= | 0:29:17 | 200th | 0:14:52 | 226th= |
|  |  |  |  |  |  |  | 1:03:15 | 180th | 1:19:42 | 179th | 1:38:47 | 217th | 2:01:43 | 208th | 2:31:00 | 208th | 2:45:52 | 213th |
| 214th | 280 | Martin Farrar | Wharfedale Harriers | M60 | 2:46:43 | +1:15:53 | 1:08:18 | 229th | 0:17:38 | 215th | 0:13:48 | 203rd | 0:24:56 | 212th | 0:29:21 | 201st | 0:12:42 | 164th |
|  |  |  |  |  |  |  | 1:08:18 | 229th | 1:25:56 | 226th | 1:39:44 | 222nd | 2:04:40 | 221st | 2:34:01 | 216th | 2:46:43 | 214th |
| 215th | 419 | Hayley Wood | Eden Runners | WSEN | 2:46:46 | +1:15:56 | 1:04:43 | 198th | 0:17:06 | 198th | 0:13:15 | 172nd= | 0:24:45 | 209th | 0:30:22 | 217th= | 0:16:35 | 251st= |
|  |  |  |  |  |  |  | 1:04:43 | 198th | 1:21:49 | 201st | 1:35:04 | 196th | 1:59:49 | 203rd | 2:30:11 | 206th | 2:46:46 | 215th |
| 216th | 410 | Sally McCoy | Lostock AC | W50 | 2:48:04 | +1:17:14 | 1:05:56 | 210th | 0:17:21 | 202nd | 0:13:43 | 198th | 0:24:49 | 210th= | 0:30:46 | 220th= | 0:15:29 | 238th= |
|  |  |  |  |  |  |  | 1:05:56 | 210th | 1:23:17 | 212th | 1:37:00 | 206th | 2:01:49 | 209th | 2:32:35 | 213th | 2:48:04 | 216th |
| 217th | 455 | Andrew Turner | Ambleside AC | M60 | 2:48:12 | +1:17:22 | 1:05:23 | 206th | 0:17:41 | 216th | 0:14:10 | 215th | 0:26:38 | 233rd | 0:30:06 | 215th | 0:14:14 | 215th |
|  |  |  |  |  |  |  | 1:05:23 | 206th | 1:23:04 | 208th | 1:37:14 | 208th | 2:03:52 | 216th | 2:33:58 | 215th | 2:48:12 | 217th |
| 218th | 335 | Paul Doxford | South Shields Harriers \& AC | M60 | 2:48:18 | +1:17:28 | 1:07:15 | 219th | 0:17:26 | 204th= | 0:14:01 | 209th= | 0:25:26 | 220th | 0:30:05 | 213th= | 0:14:05 | 206th= |
|  |  |  |  |  |  |  | 1:07:15 | 219th | 1:24:41 | 216th | 1:38:42 | 215th | 2:04:08 | 218th | 2:34:13 | 218th | 2:48:18 | 218th |
| 219th | 374 | Karen Snaith | South Shields Harriers \& AC | W50 | 2:48:20 | +1:17:30 | 1:07:17 | 220th | 0:17:27 | 206th= | 0:14:01 | 209th= | 0:25:25 | 219th | 0:30:05 | 213th= | 0:14:05 | 206th= |
|  |  |  |  |  |  |  | 1:07:17 | 220th | 1:24:44 | 217th | 1:38:45 | 216th | 2:04:10 | 219th | 2:34:15 | 219th | 2:48:20 | 219th |
| 220th | 302 | Mary Ockenden | Bowland Fell Runners | W60 | 2:48:24 | +1:17:34 | 1:07:19 | 221st | 0:18:16 | 230th | 0:14:20 | 219th | 0:24:23 | 202nd | 0:30:03 | 212th | 0:14:03 | 205th |
|  |  |  |  |  |  |  | 1:07:19 | 221st | 1:25:35 | 224th | 1:39:55 | 224th | 2:04:18 | 220th | 2:34:21 | 220th | 2:48:24 | 220th |
| 221st | 491 | Simon Hawkyard |  | M60 | 2:48:30 | +1:17:40 | 1:07:26 | 224th | 0:17:29 | 208th= | 0:13:42 | 195th= | 0:24:38 | 206th | 0:29:42 | 206th | 0:15:33 | 240th |
|  |  |  |  |  |  |  | 1:07:26 | 224th | 1:24:55 | 219th | 1:38:37 | 214th | 2:03:15 | 213th | 2:32:57 | 214th | 2:48:30 | 221st |
| 222nd | 430 | Chloe Haines |  | WSEN | 2:49:02 | +1:18:12 | 1:07:25 | 223rd | 0:17:35 | 213th | 0:14:02 | 212th | 0:24:29 | 204th | 0:30:36 | 219th | 0:14:55 | 228th |
|  |  |  |  |  |  |  | 1:07:25 | 223rd | 1:25:00 | 221st | 1:39:02 | 220th | 2:03:31 | 215th | 2:34:07 | 217th | 2:49:02 | 222nd |
| 223rd | 421 | Jordan Sunter | Winter Hill Runners | MSEN | 2:51:24 | +1:20:34 | 1:01:08 | 160th | 0:18:17 | 231st= | 0:14:56 | 231st | 0:27:56 | 246th | 0:34:15 | 250th | 0:14:52 | 226th= |
|  |  |  |  |  |  |  | 1:01:08 | 160th | 1:19:25 | 173rd | 1:34:21 | 186th | 2:02:17 | 211th | 2:36:32 | 222nd | 2:51:24 | 223rd |
| 224th | 287 | Steve Hill | Bowland Fell Runners | M40 | 2:52:02 | +1:21:12 | 1:03:19 | 182nd | 0:18:05 | 223rd | 0:16:08 | 261st | 0:27:17 | 238th | 0:30:22 | 217th= | 0:16:51 | 257th |
|  |  |  |  |  |  |  | 1:03:19 | 182nd | 1:21:24 | 193rd | 1:37:32 | 211th | 2:04:49 | 222nd | 2:35:11 | 221st | 2:52:02 | 224th |
| 225th | 245 | John Mackintosh |  | M50 | 2:53:05 | +1:22:15 | 1:07:22 | 222nd | 0:17:25 | 203rd | 0:14:07 | 214th | 0:26:31 | 230th | 0:34:01 | 246th= | 0:13:39 | 194th |
|  |  |  |  |  |  |  | 1:07:22 | 222nd | 1:24:47 | 218th | 1:38:54 | 219th | 2:05:25 | 225th | 2:39:26 | 224th | 2:53:05 | 225th |
| 226th | 237 | Emma Hayden | Bowland Fell Runners | W40 | 2:53:12 | +1:22:22 | 1:08:57 | 237th | 0:18:04 | 221st= | 0:14:11 | 216th | 0:25:23 | 217th= | 0:32:53 | 233rd | 0:13:44 | 197th |
|  |  |  |  |  |  |  | 1:08:57 | 237th | 1:27:01 | 232nd | 1:41:12 | 228th | 2:06:35 | 227th | 2:39:28 | 225th | 2:53:12 | 226th |
| 227th | 477 | Nicola Dobra | Chorlton Runners | WSEN | 2:54:16 | +1:23:26 | 1:08:21 | 230th | 0:18:47 | 243rd | 0:13:46 | 200th= | 0:27:26 | 240th | 0:31:30 | 223rd | 0:14:26 | 219th |
|  |  |  |  |  |  |  | 1:08:21 | 230th | 1:27:08 | 234th | 1:40:54 | 227th | 2:08:20 | 232nd | 2:39:50 | 226th | 2:54:16 | 227th |
| 228th | 243 | Caroline Harding | Pudsey \& Bramley AC | W40 | 2:54:56 | +1:24:06 | 1:09:21 | 240th | 0:18:14 | 229th | 0:14:17 | 218th | 0:25:37 | 224th | 0:33:14 | 238th | 0:14:13 | 214th |
|  |  |  |  |  |  |  | 1:09:21 | 240th | 1:27:35 | 239th | 1:41:52 | 233rd | 2:07:29 | 228th | 2:40:43 | 230th | 2:54:56 | 228th |
| 229th | 317 | Carol Cervenak |  | W60 | 2:55:06 | +1:24:16 | 1:09:09 | 239th | 0:18:04 | 221st= | 0:14:44 | 226th | 0:25:36 | 223rd | 0:33:21 | 240th | 0:14:12 | 213th |
|  |  |  |  |  |  |  | 1:09:09 | 239th | 1:27:13 | 235th | 1:41:57 | 235th | 2:07:33 | 229th | 2:40:54 | 232nd | 2:55:06 | 229th |
| 230th | $285$ | Peter Butler | Swaledale Runners | M60 | 2:55:09 | +1:24:19 | 1:07:51 | 226th | 0:18:01 | 220th | 0:13:58 | 208th | 0:26:35 | 232nd | 0:34:26 | 253rd | 0:14:18 | 217th= |
|  |  |  |  |  |  |  | 1:07:51 | 226th | 1:25:52 | 225th | 1:39:50 | 223rd | 2:06:25 | 226th | 2:40:51 | 231st | 2:55:09 | 230th |
| 231st | $297$ | Jennifer Bushell | Helm Hill Runners | WSEN | 2:55:14 | +1:24:24 | 1:08:49 | 234th | 0:18:17 | 231st= | 0:14:29 | 221st | 0:26:26 | 229th | 0:32:29 | 227th | 0:14:44 | 223rd |


|  |  |  |  |  |  |  | 1:08:49 | 234th | 1:27:06 | 233rd | 1:41:35 | 231st | 2:08:01 | 231st | 2:40:30 | 228th | 2:55:14 | 231st |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 232nd | 363 | Martin Wood | Cumberland Fell Runners | M60 | 2:55:53 | +1:25:03 | 1:09:29 | 241st= | 0:18:12 | 228th | 0:15:13 | 239th | 0:25:34 | 222nd | 0:33:16 | 239th | 0:14:09 | 210th= |
|  |  |  |  |  |  |  | 1:09:29 | 241st= | 1:27:41 | 241st | 1:42:54 | 240th | 2:08:28 | 233rd | 2:41:44 | 237th | 2:55:53 | 232nd |
| 233rd | 429 | Emma Watson | Wharfedale Harriers | WSEN | 2:55:58 | +1:25:08 | 1:09:29 | 241st= | 0:18:08 | 226th | 0:14:16 | 217th | 0:26:39 | 234th | 0:32:03 | 225th | 0:15:23 | 234th= |
|  |  |  |  |  |  |  | 1:09:29 | 241st= | 1:27:37 | 240th | 1:41:53 | 234th | 2:08:32 | 234th | 2:40:35 | 229th | 2:55:58 | 233rd |
| 234th | 279 | Ann Cummings | Cumberland Fell Runners | W60 | 2:56:02 | +1:25:12 | 1:08:16 | 228th | 0:17:15 | 200th= | 0:13:44 | 199th | 0:26:05 | 227th | 0:34:41 | 255th | 0:16:01 | 247th |
|  |  |  |  |  |  |  | 1:08:16 | 228th | 1:25:31 | 223rd | 1:39:15 | 221st | 2:05:20 | 223rd | 2:40:01 | 227th | 2:56:02 | 234th |
| 235th | 461 | Richard Jarvis | Dallam Running Club | M50 | 2:56:08 | +1:25:18 | 1:06:34 | 215th | 0:17:31 | 211th | 0:14:30 | 222nd= | 0:24:41 | 207th | 0:35:50 | 263rd | 0:17:02 | 258th |
|  |  |  |  |  |  |  | 1:06:34 | 215th | 1:24:05 | 215th | 1:38:35 | 213th | 2:03:16 | 214th | 2:39:06 | 223rd | 2:56:08 | 235th |
| 236th | 264 | Andrew Webster | Clayton-le-Moors Harriers | M50 | 2:56:28 | +1:25:38 | 1:08:13 | 227th | 0:18:19 | 234th= | 0:14:48 | 228th | 0:26:21 | 228th | 0:33:35 | 242nd | 0:15:12 | 231st |
|  |  |  |  |  |  |  | 1:08:13 | 227th | 1:26:32 | 228th | 1:41:20 | 230th | 2:07:41 | 230th | 2:41:16 | 233rd | 2:56:28 | 236th |
| 237th | 310 | Alice Burrow |  | WSEN | 2:56:54 | +1:26:04 | 1:09:44 | 243rd | 0:18:39 | 238th | 0:15:18 | 241st | 0:27:08 | 237th | 0:30:46 | 220th= | 0:15:19 | 233rd |
|  |  |  |  |  |  |  | 1:09:44 | 243rd | 1:28:23 | 244th | 1:43:41 | 245th | 2:10:49 | 243rd | 2:41:35 | 234th | 2:56:54 | 237th |
| 238th | 396 | Richard Slack | South Shields Harriers \& AC | M50 | 2:57:12 | +1:26:22 | 1:10:18 | 247th | 0:18:45 | 242nd | 0:15:11 | 238th | 0:24:36 | 205th | 0:32:48 | 231st= | 0:15:34 | 241st |
|  |  |  |  |  |  |  | 1:10:18 | 247th | 1:29:03 | 247th | 1:44:14 | 247th | 2:08:50 | 235th | 2:41:38 | 235th | 2:57:12 | 238th |
| 239th | 351 | Kate Ludley | Lonsdale Fell Runners | W40 | 2:57:31 | +1:26:41 | 1:08:54 | 236th | 0:18:06 | 224th | 0:14:49 | 229th | 0:27:43 | 243rd= | 0:32:11 | 226th | 0:15:48 | 243rd |
|  |  |  |  |  |  |  | 1:08:54 | 236th | 1:27:00 | 231st | 1:41:49 | 232nd | 2:09:32 | 238th | 2:41:43 | 236th | 2:57:31 | 239th |
| 240th | 251 | Philip Dawid | Newcastle (Staffs) Tri Club | MSEN | 2:57:45 | +1:26:55 | 1:08:46 | 233rd | 0:19:03 | 248th | 0:15:20 | 243rd= | 0:26:03 | 226th | 0:33:10 | 236th | 0:15:23 | 234th= |
|  |  |  |  |  |  |  | 1:08:46 | 233rd | 1:27:49 | 242nd | 1:43:09 | 241st | 2:09:12 | 237th | 2:42:22 | 238th | 2:57:45 | 240th |
| 241st | 246 | Nicky Butler | Keswick AC | W60 | 2:58:13 | +1:27:23 | 1:12:50 | 255th | 0:18:58 | 247th | 0:14:58 | 233rd | 0:25:23 | 217th= | 0:32:37 | 228th | 0:13:27 | 189th |
|  |  |  |  |  |  |  | 1:12:50 | 255th | 1:31:48 | 252nd | 1:46:46 | 251st | 2:12:09 | 245th= | 2:44:46 | 244th | 2:58:13 | 241st |
| 242nd | 325 | James Sunley | Elswick Harriers | MSEN | 2:58:34 | +1:27:44 | 1:08:38 | 232nd | 0:18:53 | 244th | 0:14:47 | 227th | 0:27:35 | 241st | 0:32:41 | 229th | 0:16:00 | 246th |
|  |  |  |  |  |  |  | 1:08:38 | 232nd | 1:27:31 | 238th | 1:42:18 | 238th | 2:09:53 | 239th | 2:42:34 | 239th | 2:58:34 | 242nd |
| 243rd | 338 | Karon Forster | Spectrum Striders | W60 | 2:59:05 | +1:28:15 | 1:07:10 | 218th | 0:18:11 | 227th | 0:15:24 | 247th | 0:28:21 | 248th | 0:35:20 | 259th | 0:14:39 | 221st |
|  |  |  |  |  |  |  | 1:07:10 | 218th | 1:25:21 | 222nd | 1:40:45 | 226th | 2:09:06 | 236th | 2:44:26 | 242nd | 2:59:05 | 243rd |
| 244th | 403 | Mark Shuttleworth | Lostock AC | M50 | 2:59:27 | +1:28:37 | 1:08:51 | 235th | 0:18:33 | 237th | 0:14:51 | 230th | 0:27:39 | 242nd | 0:32:48 | 231st= | 0:16:45 | 254th |
|  |  |  |  |  |  |  | 1:08:51 | 235th | 1:27:24 | 236th | 1:42:15 | 237th | 2:09:54 | 240th | 2:42:42 | 240th | 2:59:27 | 244th |
| 245th | 361 | Bob Howard | Calder Valley Fell Runners | M60 | 2:59:36 | +1:28:46 | 1:10:07 | 246th | 0:18:19 | 234th= | 0:14:59 | 234th= | 0:26:33 | 231st | 0:32:58 | 235th | 0:16:40 | 253rd |
|  |  |  |  |  |  |  | 1:10:07 | 246th | 1:28:26 | 245th | 1:43:25 | 244th | 2:09:58 | 241st | 2:42:56 | 241st | 2:59:36 | 245th |
| 246th | 398 | Nicola Carruthers | Northern Fells Running Club | W40 | 2:59:41 | +1:28:51 | 1:10:01 | 245th | 0:18:44 | 241st | 0:14:59 | 234th= | 0:28:25 | 250th | 0:32:42 | 230th | 0:14:50 | 225th |
|  |  |  |  |  |  |  | 1:10:01 | 245th | 1:28:45 | 246th | 1:43:44 | 246th | 2:12:09 | 245th= | 2:44:51 | 245th | 2:59:41 | 246th |
| 247th | 293 | Jenny Russell | Northern Fells Running Club | W50 | 3:00:50 | +1:30:00 | 1:09:58 | 244th | 0:18:17 | 231st= | 0:15:06 | 237th | 0:28:29 | 253rd | 0:32:54 | 234th | 0:16:06 | 248th |
|  |  |  |  |  |  |  | 1:09:58 | 244th | 1:28:15 | 243rd | 1:43:21 | 243rd | 2:11:50 | 244th | 2:44:44 | 243rd | 3:00:50 | 247th |
| 248th | 273 | Jamie Jephcott | Eden Runners | M50 | 3:01:31 | +1:30:41 | 1:06:40 | 216th | 0:19:49 | 261st | 0:16:21 | 265th= | 0:27:22 | 239th | 0:35:34 | 262nd | 0:15:45 | 242nd |
|  |  |  |  |  |  |  | 1:06:40 | 216th | 1:26:29 | 227th | 1:42:50 | 239th | 2:10:12 | 242nd | 2:45:46 | 246th | 3:01:31 | 248th |
| 249th | 286 | Adam Gornall |  | MSEN | 3:01:44 | +1:30:54 | 1:07:33 | 225th | 0:19:11 | 250th | 0:15:25 | 248th= | 0:30:08 | 262nd | 0:34:40 | 254th | 0:14:47 | 224th |
|  |  |  |  |  |  |  | 1:07:33 | 225th | 1:26:44 | 230th | 1:42:09 | 236th | 2:12:17 | 247th | 2:46:57 | 247th | 3:01:44 | 249th |
| 250th | 294 | Alan Davies | Todmorden Harriers | M60 | 3:03:52 | +1:33:02 | 1:14:23 | 260th= | 0:18:43 | 240th | 0:15:34 | 253rd | 0:27:45 | 245th | 0:32:00 | 224th | 0:15:27 | 237th |
|  |  |  |  |  |  |  | 1:14:23 | 260th= | 1:33:06 | 256th | 1:48:40 | 255th | 2:16:25 | 253rd | 2:48:25 | 249th | 3:03:52 | 250th |
| 251st | 321 | Stuart Clarkson | Swaledale Runners | M40 | 3:04:41 | +1:33:51 | 1:16:18 | 264th | 0:18:42 | 239th | 0:14:57 | 232nd | 0:27:06 | 236th | 0:33:28 | 241st | 0:14:10 | 212th |
|  |  |  |  |  |  |  | 1:16:18 | 264th | 1:35:00 | 263rd | 1:49:57 | 260th | 2:17:03 | 254th | 2:50:31 | 252nd | 3:04:41 | 251st |
| 252nd | 476 | Isabelle Read | Keswick AC | WSEN | 3:05:34 | +1:34:44 | 1:08:32 | 231st | 0:18:56 | 245th= | 0:15:45 | 256th | 0:29:09 | 257th | 0:35:24 | 260th | 0:17:48 | 264th |
|  |  |  |  |  |  |  | 1:08:32 | 231st | 1:27:28 | 237th | 1:43:13 | 242nd | 2:12:22 | 248th | 2:47:46 | 248th | 3:05:34 | 252nd |
| 253rd | 356 | Allon Welsh | Northumberland Fell Runners | M50 | 3:06:40 | +1:35:50 | 1:14:17 | 259th | 0:20:07 | 267th= | 0:16:44 | 270th | 0:29:08 | 256th | 0:33:11 | 237th | 0:13:13 | 178th= |
|  |  |  |  |  |  |  | 1:14:17 | 259th | 1:34:24 | 260th | 1:51:08 | 263rd | 2:20:16 | 262nd | 2:53:27 | 258th | 3:06:40 | 253rd |
| 254th | 467 | Daniel Mullinder |  | M50 | 3:07:31 | +1:36:41 | 1:11:29 | 249th | 0:19:19 | 252nd | 0:15:42 | 255th | 0:28:24 | 249th | 0:34:17 | 251st | 0:18:20 | 267th= |
|  |  |  |  |  |  |  | 1:11:29 | 249th | 1:30:48 | 248th | 1:46:30 | 248th | 2:14:54 | 249th | 2:49:11 | 250th | 3:07:31 | 254th |
| 255th | 464 | Carolyn Millican | Border Harriers \& AC | W40 | 3:07:32 | +1:36:42 | 1:11:33 | 250th | 0:19:28 | 256th= | 0:15:33 | 252nd | 0:28:43 | 254th | 0:34:01 | 246th= | 0:18:14 | 266th |
|  |  |  |  |  |  |  | 1:11:33 | 250th | 1:31:01 | 249th | 1:46:34 | 249th | 2:15:17 | 250th | 2:49:18 | 251st | 3:07:32 | 255th |
| 256th | 298 | Stewart Lavender | Keswick AC | M40 | 3:07:55 | +1:37:05 | 1:14:14 | 258th | 0:19:23 | 254th | 0:16:04 | 258th | 0:28:27 | 252nd | 0:34:22 | 252nd | 0:15:25 | 236th |
|  |  |  |  |  |  |  | 1:14:14 | 258th | 1:33:37 | 259th | 1:49:41 | 259th | 2:18:08 | 258th | 2:52:30 | 257th | 3:07:55 | 256th |
| 257th | 343 | Holly Arnold | Fellside Ladies | WSEN | 3:08:36 | +1:37:46 | 1:12:48 | 254th | 0:19:20 | 253rd | 0:15:23 | 246th | 0:30:30 | 265th= | 0:34:10 | 248th | 0:16:25 | 250th |
|  |  |  |  |  |  |  | 1:12:48 | 254th | 1:32:08 | 254th | 1:47:31 | 254th | 2:18:01 | 257th | 2:52:11 | 255th | 3:08:36 | 257th |
| 258th | 341 | Emma Lane | North Leeds Fell Runners | WSEN | 3:08:55 | +1:38:05 | 1:16:25 | 265th | 0:19:25 | 255th | 0:15:41 | 254th | 0:28:26 | 251st | 0:33:44 | 243rd= | 0:15:14 | 232nd |
|  |  |  |  |  |  |  | 1:16:25 | 265th | 1:35:50 | 265th | 1:51:31 | 264th | 2:19:57 | 261st | 2:53:41 | 259th | 3:08:55 | 258th |
| 259th | 305 | Clive Hodgson | Bowland Fell Runners | M60 | 3:10:09 | +1:39:19 | 1:17:10 | 269th | 0:19:39 | 259th | 0:16:05 | 259th | 0:28:10 | 247th | 0:33:58 | 245th | 0:15:07 | 230th |
|  |  |  |  |  |  |  | 1:17:10 | 269th | 1:36:49 | 267th | 1:52:54 | 267th | 2:21:04 | 264th | 2:55:02 | 264th | 3:10:09 | 259th |
| 260th= | 366 | Angela Irving |  | W40 | 3:10:14 | +1:39:24 | 1:12:41 | 253rd | 0:19:16 | 251st | 0:15:15 | 240th | 0:29:10 | 258th | 0:35:57 | 265th= | 0:17:55 | 265th |


| 260th= | 371 | Joanna Cartmell | Northern Fells Running Club | W40 | 3:10:14 | +1:39:24 | 1:12:411:12:391:12:39 | $\begin{aligned} & \text { 253rd } \\ & \text { 252nd } \\ & \text { 252nd } \end{aligned}$ | $\begin{aligned} & 1: 31: 57 \\ & 0: 19: 06 \\ & 1: 31: 45 \end{aligned}$ | $\begin{aligned} & \text { 253rd } \\ & \text { 249th } \\ & \text { 251st } \end{aligned}$ | $\begin{aligned} & \text { 1:47:12 } \\ & \text { 0:15:19 } \\ & \text { 1:47:04 } \end{aligned}$ | $\begin{aligned} & \text { 253rd } \\ & \text { 242nd } \\ & \text { 252nd } \end{aligned}$ | $\begin{aligned} & \text { 2:16:22 } \\ & 0: 28: 55 \\ & \text { 2:15:59 } \end{aligned}$ | $\begin{aligned} & \text { 252nd } \\ & \text { 255th } \\ & \text { 251st } \end{aligned}$ | $\begin{aligned} & \text { 2:52:19 } \\ & \text { 0:35:55 } \\ & \text { 2:51:54 } \end{aligned}$ | 256th <br> 264th <br> 254th | $\begin{aligned} & 3: 10: 14 \\ & 0: 18: 20 \\ & 3: 10: 14 \end{aligned}$ | $\begin{aligned} & 260 \mathrm{th}= \\ & 267 \mathrm{th}= \\ & 260 \mathrm{th}= \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 262nd | 340 | Helen Lilley | North Shields Polytechnic Club | WSEN | 3:10:42 | +1:39:52 | 1:11:22 | 248th | 0:19:55 | 262nd | 0:15:25 | 248th= | 0:30:30 | 265th= | 0:33:44 | 243rd= | 0:19:46 | 274th |
|  |  |  |  |  |  |  | 1:11:22 | 248th | 1:31:17 | 250th | 1:46:42 | 250th | 2:17:12 | 255th | 2:50:56 | 253rd | 3:10:42 | 262nd |
| 263rd | 344 | Ralph Liddell | Eden Runners |  | 3:10:45 | $+1: 39: 55$ | 1:13:13 | 256th | 0:19:56 | 263rd | 0:16:20 | 264th | 0:29:23 | 259th | 0:35:57 | 265th= | 0:15:56 | 244th |
|  |  |  |  |  |  |  | 1:13:13 | 256th | 1:33:09 | 257th | 1:49:29 | 257th | 2:18:52 | 259th | 2:54:49 | 262nd | 3:10:45 | 263rd |
| 264th | 304 | Hannah Greenlee | Chorlton Runners | WSEN |  | +1:40:22 | 1:14:37 | 262nd | 0:20:02 | 265th | 0:15:21 | 245th | 0:30:37 | 267th | 0:34:14 | 249th | 0:16:21 | 249th |
|  |  |  |  |  |  |  | 1:14:37 | 262nd | 1:34:39 | 262nd | 1:50:00 | 261st | 2:20:37 | 263rd | 2:54:51 | 263rd | 3:11:12 | 264th |
| 265th | 407 | Matt Lees | Bollington Harriers | M50 | 3:11:24 | +1:40:34 | 1:13:19 | 257th | 0:19:57 | 264th | 0:15:55 | 257th | 0:30:10 | 263rd | 0:35:16 | 258th | 0:16:47 | 255th= |
|  |  |  |  |  |  |  | 1:13:19 | 257th | 1:33:16 | 258th | 1:49:11 | 256th | 2:19:21 | 260th | 2:54:37 | 261st | 3:11:24 | 265th |
| 266th | 449 | Tom Scott |  | M40 | 3:13:22 | +1:42:32 | 1:12:34 | 251st | 0:20:06 | 266th | 0:16:55 | 271st | 0:27:43 | 243rd= | 0:36:33 | 269th | 0:19:31 | 272nd |
|  |  |  |  |  |  |  | 1:12:34 | 251st | 1:32:40 | 255th | 1:49:35 | 258th | 2:17:18 | 256th | 2:53:51 | 260th | 3:13:22 | 266th |
| 267th | 342 | Hilary Lane | North Leeds Fell Runners | W60 | 3:13:55 | +1:43:05 | 1:16:32 | 266th | 0:19:28 | 256th= | 0:15:32 | 251st | 0:29:47 | 260th | 0:34:57 | 256th | 0:17:39 | 263rd |
|  |  |  |  |  |  |  | 1:16:32 | 266th | 1:36:00 | 266th | 1:51:32 | 265th | 2:21:19 | 265th | 2:56:16 | 265th | 3:13:55 | 267th |
| 268th | 352 | Emma Blundell | Lonsdale Fell Runners | WSEN | 3:14:29 | +1:43:39 | 1:14:23 | 260th= | 0:20:11 | 270th | 0:16:12 | 263rd | 0:31:27 | 270th | 0:35:29 | 261st | 0:16:47 | 255th= |
|  |  |  |  |  |  |  | 1:14:23 | 260th= | 1:34:34 | 261st | 1:50:46 | 262nd | 2:22:13 | 266th | 2:57:42 | 266th | 3:14:29 | 268th |
| 269th | 418 | Michele Sunter | Winter Hill Runners | W60 | 3:21:26 | +1:50:36 | 1:16:51 | 267th | 0:21:28 | 276th | 0:16:38 | 268th | 0:30:54 | 269th | 0:38:03 | 272nd | 0:17:32 | 261st |
|  |  |  |  |  |  |  | 1:16:51 | 267th | 1:38:19 | 271st | 1:54:57 | 270th | 2:25:51 | 269th | 3:03:54 | 268th | 3:21:26 | 269th |
| 270th | 422 | Donna Kelsall | Winter Hill Runners | W40 | 3:21:27 | +1:50:37 | 1:16:55 | 268th | 0:21:29 | 277th | 0:16:37 | 267th | 0:30:51 | 268th | 0:38:07 | 273rd | 0:17:28 | 260th |
|  |  |  |  |  |  |  | 1:16:55 | 268th | 1:38:24 | 272nd | 1:55:01 | 271st | 2:25:52 | 270th | 3:03:59 | 269th | 3:21:27 | 270th |
| 271st | 520 | Mo Sayed | Chorlton Runners | MSEN | 3:22:36 | +1:51:46 | 1:18:31 | 274th | 0:19:30 | 258th | 0:15:20 | 243rd= | 0:33:02 | 275th | 0:38:47 | 274th | 0:17:26 | 259th |
|  |  |  |  |  |  |  | 1:18:31 | 274th | 1:38:01 | 270th | 1:53:21 | 268th | 2:26:23 | 271st | 3:05:10 | 272nd | 3:22:36 | 271st |
| 272nd | 433 | Beverley Armstrong | DH Runners | W50 | 3:23:15 | +1:52:25 | 1:17:39 | 270th | 0:20:07 | 267th $=$ | 0:18:07 | 277th | 0:32:05 | 273rd | 0:35:02 | 257th | 0:20:15 | 276th |
|  |  |  |  |  |  |  | 1:17:39 | 270th | 1:37:46 | 268th | 1:55:53 | 273rd | 2:27:58 | 272nd | 3:03:00 | 267th | 3:23:15 | 272nd |
| 273rd | 442 | Julie Story | DH Runners | W50 | 3:23:53 | +1:53:03 | 1:17:48 | 272nd | 0:20:48 | 271st | 0:17:38 | 276th | 0:32:00 | 271st | 0:36:10 | 267th | 0:19:29 | 271st |
|  |  |  |  |  |  |  | 1:17:48 | 272nd | 1:38:36 | 273rd | 1:56:14 | 275th | 2:28:14 | 273rd | 3:04:24 | 270th | 3:23:53 | 273rd |
| 274th | 434 | Brian Hazlewood | DH Runners | M40 | 3:23:54 | +1:53:04 | 1:17:45 | 271st | 0:20:56 | 272nd= | 0:17:15 | 274th | 0:32:39 | 274th | 0:36:12 | 268th | 0:19:07 | 270th |
|  |  |  |  |  |  |  | 1:17:45 | 271st | 1:38:41 | 274th | 1:55:56 | 274th | 2:28:35 | 274th | 3:04:47 | 271st | 3:23:54 | 274th |
| 275th | 381 | Jill Libby | Eden Runners | W60 | 3:24:23 | +1:53:33 | 1:20:32 | 278th | 0:21:48 | 278th | 0:16:21 | 265th= | 0:30:14 | 264th | 0:37:54 | 271st | 0:17:34 | 262nd |
|  |  |  |  |  |  |  | 1:20:32 | 278th | 1:42:20 | 278th | 1:58:41 | 278th | 2:28:55 | 276th | 3:06:49 | 274th | 3:24:23 | 275th |
| 276th | 231 | Debbie Rycroft | Pickering Running Club | W50 | 3:28:17 | +1:57:27 | 1:18:34 | 275th | 0:20:56 | 272nd= | 0:16:07 | 260th | 0:33:16 | 276th | 0:36:36 | 270th | 0:22:48 | 281st |
|  |  |  |  |  |  |  | 1:18:34 | 275th | 1:39:30 | 275th | 1:55:37 | 272nd | 2:28:53 | 275th | 3:05:29 | 273rd | 3:28:17 | 276th |
| 277th | 365 | Richard Macilwaine | Spectrum Striders | M60 | 3:34:17 | +2:03:27 | 1:18:39 | 276th | 0:21:23 | 275th | 0:17:23 | 275th | 0:34:12 | 278th | 0:42:53 | 277th | 0:19:47 | 275th |
|  |  |  |  |  |  |  | 1:18:39 | 276th | 1:40:02 | 277th | 1:57:25 | 277th | 2:31:37 | 278th | 3:14:30 | 275th | 3:34:17 | 277th |
| 278th | 309 | Alexis Boddy | Cumberland Fell Runners | M50 | 3:34:45 | +2:03:55 | 1:18:09 | 273rd | 0:19:47 | 260th | 0:16:11 | 262nd | 0:30:06 | 261st | 0:53:57 | 282nd | 0:16:35 | 251st= |
|  |  |  |  |  |  |  | 1:18:09 | 273rd | 1:37:56 | 269th | 1:54:07 | 269th | 2:24:13 | 267th | 3:18:10 | 277th | 3:34:45 | 278th |
| 279th | 518 | Linden Burke | Keswick AC | M50 | 3:39:03 | +2:08:13 | 1:18:41 | 277th | 0:21:14 | 274th | 0:16:40 | 269th | 0:33:27 | 277th | 0:47:24 | 279th | 0:21:37 | 280th |
|  |  |  |  |  |  |  | 1:18:41 | 277th | 1:39:55 | 276th | 1:56:35 | 276th | 2:30:02 | 277th | 3:17:26 | 276th | 3:39:03 | 279th |
| 280th | 525 | Andrew Kelly | Cumberland AC | M40 | 3:41:29 | +2:10:39 | 1:14:54 | 263rd | 0:20:09 | 269th | 0:17:09 | 273rd | 0:32:02 | 272nd | 0:56:26 | 283rd | 0:20:49 | 278th= |
|  |  |  |  |  |  |  | 1:14:54 | 263rd | 1:35:03 | 264th | 1:52:12 | 266th | 2:24:14 | 268th | 3:20:40 | 278th | 3:41:29 | 280th |
| 281st | 439 | Michelle Spencer | Southport Waterloo AC | W40 | 3:48:01 | +2:17:11 | 1:25:12 | 279th | 0:24:30 | 281st | 0:19:22 | 283rd | 0:38:34 | 282nd | 0:39:48 | 276th | 0:20:35 | 277th |
|  |  |  |  |  |  |  | 1:25:12 | 279th | 1:49:42 | 281st | 2:09:04 | 282nd | 2:47:38 | 282nd | 3:27:26 | 280th | 3:48:01 | 281st |
| 282nd | 438 | Sarah O'Connor | Southport Waterloo AC | WSEN | 3:48:07 | +2:17:17 | 1:25:17 | 280th | 0:24:34 | 283rd | 0:19:09 | 281st | 0:38:43 | 283rd | 0:39:35 | 275th | 0:20:49 | 278th= |
|  |  |  |  |  |  |  | 1:25:17 | 280th | 1:49:51 | 282nd | 2:09:00 | 281st | 2:47:43 | 283rd | 3:27:18 | 279th | 3:48:07 | 282nd |
| 283rd | 437 | Jill Gates | Settle Harriers | W60 | 3:50:35 | +2:19:45 | 1:28:26 | 283rd | 0:24:33 | 282nd | 0:19:00 | 279th | 0:35:00 | 280th | 0:43:58 | 278th | 0:19:38 | 273rd |
|  |  |  |  |  |  |  | 1:28:26 | 283rd | 1:52:59 | 283rd | 2:11:59 | 283rd | 2:46:59 | 281st | 3:30:57 | 282nd | 3:50:35 | 283rd |
| 284th | 355 | Richard Hindle | Keighley \& Craven AC | M70 | 3:53:26 | +2:22:36 | 1:27:15 | 282nd | 0:22:13 | 279th | 0:18:35 | 278th | 0:34:40 | 279th | 0:47:28 | 280th | 0:23:15 | 282nd |
|  |  |  |  |  |  |  | 1:27:15 | 282nd | 1:49:28 | 280th | 2:08:03 | 280th | 2:42:43 | 279th | 3:30:11 | 281st | 3:53:26 | 284th |
| 285th | 362 | Brian Barnes | Chorlton Runners | M60 | 4:01:28 | +2:30:38 | 1:25:23 | 281st | 0:23:05 | 280th | 0:19:16 | 282nd | 0:37:40 | 281st | 0:50:41 | 281st | 0:25:23 | 283rd |
|  |  |  |  |  |  |  | 1:25:23 | 281st | 1:48:28 | 279th | 2:07:44 | 279th | 2:45:24 | 280th | 3:36:05 | 283rd | 4:01:28 | 285th |
|  | 322 | Kenny Forster | Spectrum Striders | M60 | rtd |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 262 | Greg Rimmer | Dark Peak Fell Runners | M60 | rtd |  |  |  |  |  |  |  |  |  |  |  |  |  |

