https://www.sportident.co.uk/results/CFR/2023/NewlandsValleyRaces/

Pos	No.	Name	Club	Category	Time	Behind	Robin	ison	Hindso	carth	Dale H	lead	High	Spy	Cat B	ells	Fini	sh
1st	521	Finlay Wild	Lochaber Athletic Club	MSEN	1:30:50		0:38:06	1st	0:09:28	1st	0:07:50	1st	0:12:07	1st	0:16:05	1st	0:07:14	1st
							0:38:06	1st	0:47:34	1st	0:55:24	1st	1:07:31	1st	1:23:36	1st	1:30:50	1st
2nd	510	Jonathan Cox	Eden Runners	MSEN	1:39:26	+0:08:36	0:41:39	4th	0:10:14	3rd	0:09:05	11th	0:13:41	2nd	0:17:06	2nd	0:07:41	4th
2rd	200	Sam Stead	Keswick AC	MSEN	1.20.50	+0:09:00	0:41:39	4th	0:51:53	3rd 5th	1:00:58	5th 7th	1:14:39	2nd	1:31:45	2nd	1:39:26	2nd
3rd	300	Sam Stead	Reswick AC	INISEIN	1:39:50	+0.09.00	0:41:37 0:41:37	2nd 2nd	0:10:23 0:52:00	5th	0:08:56 1:00:56	4th	0:13:59 1:14:55	6th 5th	0:17:11 1:32:06	3rd 3rd	0:07:44 1:39:50	5th 3rd
4th	378	David Bunn	Edinburgh University Hare and Hounds	MU23	1:39:57	+0:09:07	0:41:38	3rd	0:10:17	4th	0:08:51	5th	0:13:58	4th=	0:17:46	5th	0:07:27	2nd
	010			111020	1.00.07	10.00.01	0:41:38	3rd	0:51:55	4th	1:00:46	2nd	1:14:44	3rd	1:32:30	4th	1:39:57	4th
5th	506	Alex Mason	Dark Peak Fell Runners	MU23	1:40:11	+0:09:21	0:41:45	5th	0:10:06	2nd	0:08:57	8th	0:13:58	4th=	0:17:48	6th	0:07:37	3rd
							0:41:45	5th	0:51:51	2nd	1:00:48	3rd	1:14:46	4th	1:32:34	5th	1:40:11	5th
6th	392	Keith Wigley	Swaledale Runners	MSEN	1:41:53	+0:11:03	0:43:08	8th=	0:10:27	6th	0:08:38	2nd	0:13:57	3rd	0:17:27	4th	0:08:16	11th
							0:43:08	8th=	0:53:35	8th	1:02:13	8th	1:16:10	8th	1:33:37	6th	1:41:53	6th
7th	486	Matthew Briggs	Helm Hill Runners	MU23	1:43:16	+0:12:26	0:41:50	7th	0:10:28	7th	0:08:42	3rd	0:14:37	13th=	0:18:39	9th	0:09:00	34th
							0:41:50	7th	0:52:18	6th	1:01:00	6th	1:15:37	6th	1:34:16	7th	1:43:16	7th
8th	272	Sam Holding	Cumberland Fell Runners	MSEN	1:44:25	+0:13:35	0:43:08	8th=	0:10:55	10th=	0:08:46	4th	0:14:59	21st	0:18:34	8th	0:08:03	6th=
046	040	Dahard Jahk		N440	4.44.00	10:40:00	0:43:08	8th=	0:54:03	9th	1:02:49	9th	1:17:48	9th	1:36:22	9th	1:44:25	8th
9th	240	Robert Jebb	Helm Hill Runners	M40	1:44:28	+0:13:38	0:41:49	6th	0:10:33	8th 7th	0:09:12	14th 7th	0:14:19	7th	0:19:11	15th	0:09:24	43rd
10th	337	Nichola Jackson	Keswick AC	WSEN	1:44:30	+0:13:40	0:41:49 0:43:43	6th 11th	0:52:22 0:10:37	9th	1:01:34 0:09:09	13th	1:15:53 0:14:43	7th 17th	1:35:04 0:18:15	8th 7th	1:44:28 0:08:03	9th 6th=
IUUI	557		Reswick AC	WOLN	1.44.30	+0.15.40	0:43:43	11th	0:54:20	10th	1:03:29	10th	1:18:12	11th	1:36:27	10th	1:44:30	10th
11th	406	Sam Atkinson	Bowland Fell Runners	MSEN	1:45:46	+0:14:56	0:43:41	10th	0:10:56	12th=	0:08:53	6th	0:14:38	15th	0:18:53	11th	0:08:45	23rd
	100			MOLI	1.10.10		0:43:41	10th	0:54:37	11th	1:03:30	11th	1:18:08	10th	1:37:01	11th	1:45:46	11th
12th	516	Hamish Murray	Keswick AC	MSEN	1:46:32	+0:15:42	0:43:44	12th	0:10:55	10th=	0:08:59	9th	0:15:01	22nd	0:19:07	14th	0:08:46	24th
							0:43:44	12th	0:54:39	12th	1:03:38	12th	1:18:39	12th	1:37:46	12th	1:46:32	12th
13th	473	Charlie Lowther	Eden Runners	M40	1:46:48	+0:15:58	0:44:40	19th	0:11:03	15th	0:09:36	24th	0:14:26	8th	0:18:58	12th	0:08:05	8th
							0:44:40	19th	0:55:43	15th	1:05:19	17th	1:19:45	15th	1:38:43	14th	1:46:48	13th
14th	256	Sam Bennett	Cumberland Fell Runners	MSEN	1:47:15	+0:16:25	0:43:48	13th	0:10:56	12th=	0:09:04	10th	0:14:54	20th	0:19:51	24th	0:08:42	21st
							0:43:48	13th	0:54:44	13th	1:03:48	13th	1:18:42	13th=	1:38:33	13th	1:47:15	14th
15th	468	Ben Jackson	Eden Runners	M40	1:47:22	+0:16:32	0:43:54	14th	0:11:01	14th	0:09:19	17th	0:14:28	9th	0:20:04	27th	0:08:36	16th
1011	0.40	0		14051		0.47.04	0:43:54	14th	0:54:55	14th	1:04:14	14th	1:18:42	13th=	1:38:46	15th	1:47:22	15th
16th	248	Callum Dillon		MSEN	1:48:14	+0:17:24	0:44:33	16th 16th	0:11:15	17th=	0:09:15	15th 15th	0:15:16	25th	0:19:01	13th	0:08:54 1:48:14	28th
17th=	151	Paul Aitken	Helm Hill Runners	M40	1:48:36	+0:17:46	0:44:33 0:44:52	21st=	0:55:48 0:11:20	16th 20th	1:05:03 0:09:32	21st	1:20:19 0:14:31	18th 10th=	1:39:20 0:19:43	16th 21st	0:08:38	16th 19th
1701-	434			10140	1.40.30	+0.17.40	0:44:52	21st=	0:56:12	20th	1:05:44	21st 22nd	1:20:15	16th	1:39:58	19th	1:48:36	17th=
17th=	451	Sam Watson	Wharfedale Harriers	MSEN	1:48:36	+0:17:46	0:44:54	23rd	0:11:24	23rd=	0:09:30	19th=	0:14:35	12th	0:19:33	17th	0:08:40	20th
						00	0:44:54	23rd	0:56:18	22nd	1:05:48	23rd	1:20:23	19th	1:39:56	18th	1:48:36	17th=
19th	509	Bobby Gard-Storry	Eden Runners	MSEN	1:48:37	+0:17:47	0:45:07	24th	0:11:28	25th=	0:09:33	22nd=	0:14:42	16th	0:18:51	10th	0:08:56	29th
							0:45:07	24th	0:56:35	26th	1:06:08	25th	1:20:50	21st	1:39:41	17th	1:48:37	19th
20th	328	Liam Mills	Bowland Fell Runners	MSEN	1:49:31	+0:18:41	0:44:32	15th	0:11:24	23rd=	0:09:21	18th	0:15:20	27th	0:19:39	20th	0:09:15	38th
							0:44:32	15th	0:55:56	17th	1:05:17	16th	1:20:37	20th	1:40:16	20th	1:49:31	20th
21st	448	Andy F		MSEN	1:49:39	+0:18:49	0:44:36	18th	0:11:21	21st	0:09:30	19th=	0:16:01	35th	0:19:34	18th	0:08:37	17th=
00.1	440			1450	1 40 40	.0.40.50	0:44:36	18th	0:55:57	18th	1:05:27	18th	1:21:28	24th	1:41:02	23rd	1:49:39	21st
22nd	413	Bill Stewart	Borrowdale Fell Runners	M50	1:49:48	+0:18:58	0:45:25	26th	0:11:04	16th	0:09:46	29th	0:14:51	19th	0:19:59	25th	0:08:43	22nd
22rd	526	Daniel Jones	Eden Runners	MSEN	1.50.00	+0.10.10	0:45:25	26th	0:56:29	24th	1:06:15	26th	1:21:06	22nd 13th=	1:41:05	24th	1:49:48	22nd
23rd	520	Daniel Julies		WISEN	1:50:09	+0:19:19	0:44:52 0:44:52	21st= 21st=	0:11:15 0:56:07	17th= 19th	0:09:33 1:05:40	22nd= 21st	0:14:37 1:20:17	13th= 17th	0:20:02	26th 21st	0:09:50 1:50:09	61st 23rd
24th	478	Thomas Gladwin	Chorlton Runners	MSEN	1.51.12	+0:20:22		21st-	0:11:16	19th	0:09:06	12th	0:15:41	28th	0:19:36	19th	0:10:18	81st=
2701	7/0				1.01.12	0.20.22	0:45:15	25th	0:56:31	25th	1:05:37	20th	1:21:18	23rd	1:40:54	22nd	1:51:12	24th
25th	329	Daniel Clarke	Bowland Fell Runners	MSEN	1:51:29	+0:20:39	0:46:09	27th	0:11:23	22nd	0:10:43	65th	0:15:09	24th	0:19:28	16th	0:08:37	17th=
							0:46:09	27th	0:57:32	27th	1:08:15	30th	1:23:24	30th	1:42:52	26th	1:51:29	25th
26th	517	Karl Steinegger	Ambleside AC	MSEN	1:51:35	+0:20:45	0:46:14	28th	0:11:43	32nd	0:10:08	43rd=	0:15:08	23rd	0:19:49	23rd	0:08:33	15th
							0:46:14	28th	0:57:57	28th	1:08:05	27th	1:23:13	29th	1:43:02	28th	1:51:35	26th
27th	360	Will Acland	Helm Hill Runners	M40	1:51:38	+0:20:48	0:46:53	32nd	0:11:28	25th=	0:09:50	30th=	0:14:31	10th=	0:20:26	35th	0:08:30	13th=
							0:46:53	32nd	0:58:21	31st	1:08:11	29th	1:22:42	26th	1:43:08	29th	1:51:38	27th
28th	357	Sean Flanagan	Leeds City AC	MSEN	1:51:39	+0:20:49	0:44:34	17th	0:11:39	30th	0:09:16	16th	0:16:06	37th	0:20:21	32nd	0:09:43	54th

			1	1	1		0:44:34	17th	0:56:13	21st	1:05:29	19th	1:21:35	25th	1:41:56	25th	1:51:39	28th
29th	377	Fiona Bunn	Edinburgh University Hare and Hounds	WSEN	1:51:42	+0:20:52	0:46:41	31st	0:11:55	37th=	0:09:41	27th	0:14:48	18th	0:19:48	22nd	0:08:49	25th
							0:46:41	31st	0:58:36	32nd	1:08:17	31st	1:23:05	28th	1:42:53	27th	1:51:42	29th
30th	242	John Woodhouse	Durham Fell Runners	MSEN	1:53:27	+0:22:37	0:44:48	20th	0:11:32	27th	0:09:43	28th	0:16:40	43rd	0:20:43	39th	0:10:01	68th
							0:44:48	20th	0:56:20	23rd	1:06:03	24th	1:22:43	27th	1:43:26	30th	1:53:27	30th
31st	336	Paul Reilly	Helm Hill Runners	M40	1:53:46	+0:22:56	0:47:35	36th=	0:11:55	37th=	0:09:50	30th=	0:15:18	26th	0:20:09	29th	0:08:59	32nd=
20md	E04	Matthew Allen	Black Combe Runners	MSEN	1.54.05	10.02.15	0:47:35	36th=	0:59:30	35th	1:09:20	34th	1:24:38	33rd	1:44:47	31st	1:53:46	31st
32nd	524	Matthew Allen	Black Compe Runners		1:54:05	+0:23:15	0:47:24 0:47:24	33rd 33rd	0:11:42 0:59:06	31st 33rd	0:09:50 1:08:56	30th= 33rd	0:15:43 1:24:39	29th 34th	0:20:33 1:45:12	37th 32nd	0:08:53 1:54:05	26th= 32nd
33rd	474	Will Silvie	Black Combe Runners	MSEN	1:54:09	+0:23:19	0:47:53	45th	0:12:02	39th=	0:09:53	35th=	0:15:46	31st	0:20:23	33rd	0:08:12	10th
							0:47:53	45th	0:59:55	41st	1:09:48	38th	1:25:34	37th	1:45:57	36th	1:54:09	33rd
34th	375	Lee Procter	Helm Hill Runners	M40	1:54:55	+0:24:05	0:47:32	34th	0:11:51	34th	0:09:59	38th	0:15:52	33rd	0:20:42	38th	0:08:59	32nd=
							0:47:32	34th	0:59:23	34th	1:09:22	35th	1:25:14	35th=	1:45:56	35th	1:54:55	34th
35th	311	David Kirkham	Wharfedale Harriers	M40	1:55:02	+0:24:12	0:46:23	29th	0:11:47	33rd	0:09:58	37th	0:16:27	40th	0:20:52	40th	0:09:35	51st=
0.041	005				1 55 40		0:46:23	29th	0:58:10	30th	1:08:08	28th	1:24:35	32nd	1:45:27	33rd=	1:55:02	35th
36th	295	Jacob Tonkin	Keswick AC	MSEN	1:55:19	+0:24:29	0:47:54	46th	0:11:52	35th	0:10:13	46th	0:16:32	41st	0:20:24	34th	0:08:24	12th
37th	313	Kieran Hodgson	Helm Hill Runners	M40	1:55:51	+0:25:01	0:47:54 0:46:24	46th 30th	0:59:46 0:11:36	38th 29th	1:09:59 0:10:18	40th 48th=	1:26:31 0:15:58	40th 34th	1:46:55 0:21:11	38th 44th	1:55:19 0:10:24	36th 87th=
57 11	515	Interall Hougson		10140	1.00.01	10.20.01	0:46:24	30th	0:58:00	29th	1:08:18	32nd	1:24:16	31st	1:45:27	33rd=	1:55:51	37th
38th	444	Joe Moore	Bowland Fell Runners	MSEN	1:55:56	+0:25:06	0:47:49	43rd=	0:11:54	36th	0:09:40	25th=	0:15:51	32nd	0:21:15	45th	0:09:27	44th
							0:47:49	43rd=	0:59:43	36th	1:09:23	36th	1:25:14	35th=	1:46:29	37th	1:55:56	38th
39th	330	Paul Bowyer	Bowland Fell Runners	MSEN	1:56:13	+0:25:23	0:48:50	51st	0:12:15	46th=	0:11:00	80th	0:15:45	30th	0:20:13	31st	0:08:10	9th
							0:48:50	51st	1:01:05	51st	1:12:05	52nd	1:27:50	47th	1:48:03	42nd	1:56:13	39th
40th	431	Simon Darmody	Keswick AC	M40	1:56:31	+0:25:41	0:49:26	56th	0:12:13	43rd	0:10:07	42nd	0:16:03	36th	0:20:12	30th	0:08:30	13th=
	074				1 50 54	0.00.04	0:49:26	56th	1:01:39	55th	1:11:46	48th	1:27:49	46th	1:48:01	41st	1:56:31	40th
41st	271	Julian Simpson		M40	1:56:54	+0:26:04	0:48:53 0:48:53	53rd	0:11:35 1:00:28	28th 48th	0:09:40	25th= 43rd	0:16:22 1:26:30	38th= 39th	0:20:32 1:47:02	36th 39th	0:09:52 1:56:54	63rd=
42nd	235	James Byrne	Ambleside AC	M40	1:57:05	+0:26:15	0:48:53	53rd 40th	0:12:14	4001 44th=	1:10:08 0:10:12	45th	0:16:34	42nd	0:20:57	41st	0:09:30	41st 45th=
42110	200	James Dyrne		10140	1.57.05	10.20.10	0:47:38	40th	0:59:52	40th	1:10:04	41st	1:26:38	41st	1:47:35	40th	1:57:05	42nd
43rd	268	Alex Fowler	Horwich R M I Harriers	MSEN	1:58:23	+0:27:33	0:47:37	39th	0:12:35	57th=	0:10:04	40th	0:17:09	52nd=	0:21:42	53rd	0:09:16	39th
							0:47:37	39th	1:00:12	43rd	1:10:16	46th	1:27:25	43rd	1:49:07	43rd	1:58:23	43rd
44th	348	Michael Rudd	Northern Fells Running Club	M40	1:58:50	+0:28:00	0:47:58	47th=	0:12:28	53rd	0:10:03	39th	0:17:35	60th	0:21:48	55th=	0:08:58	31st
							0:47:58	47th=	1:00:26	47th	1:10:29	47th	1:28:04	48th	1:49:52	48th	1:58:50	44th
45th	472	Dale Bell	Northern Fells Running Club	MSEN	1:58:58	+0:28:08	0:47:59	49th	0:12:15	46th=	0:09:52	33rd=	0:17:21	57th	0:21:43	54th	0:09:48	58th=
404	445	Mishaal Jamaa Dailau	Deviden d Fall Duran and	MOEN	4.50.05	10.00.45	0:47:59	49th	1:00:14	44th	1:10:06	42nd	1:27:27	44th	1:49:10	44th	1:58:58	45th
46th	445	Michael James Bailey	Bowland Fell Runners	MSEN	1:59:05	+0:28:15	0:47:35 0:47:35	36th=	0:12:10 0:59:45	41st 37th	0:10:05 1:09:50	41st 39th	0:17:41 1:27:31	61st 45th	0:22:02 1:49:33	59th	0:09:32 1:59:05	49th=
47th	233	Martin Hurst	Bowland Fell Runners	MSEN	1:59:15	+0:28:25	0:47:36	36th= 38th	0:12:26	52nd	0:10:08	43rd=	0:17:04	4501 51st	0:22:10	46th 62nd=	0:09:51	46th 62nd
	200				1.00.10	10.20.20	0:47:36	38th	1:00:02	42nd	1:10:10	45th	1:27:14	42nd	1:49:24	45th	1:59:15	47th
48th	318	Jack Walton	Keighley & Craven AC	MU23	1:59:38	+0:28:48	0:49:51	65th	0:12:23	51st	0:10:41	62nd=	0:17:42	62nd	0:20:08	28th	0:08:53	26th=
							0:49:51	65th	1:02:14	60th	1:12:55	62nd	1:30:37	58th	1:50:45	50th	1:59:38	48th
49th	512	Douglas Tullie	Hunters Bog Trotters	MSEN	1:59:49	+0:28:59	0:47:47	42nd	0:12:02	39th=	0:09:53	35th=	0:16:22	38th=	0:23:38	89th	0:10:07	71st=
							0:47:47	42nd	0:59:49	39th	1:09:42	37th	1:26:04	38th	1:49:42	47th	1:59:49	49th
50th	411	Mark McBride	Derwent AC	M40	2:00:10	+0:29:20	0:49:24	55th	0:12:11	42nd	0:10:24	50th	0:16:47	44th	0:22:10	62nd=	0:09:14	37th
51st	391	Ross Hold	Swaledale Runners	MSEN	2:00:18	+0:29:28	0:49:24 0:48:52	55th 52nd	1:01:35 0:12:31	54th 54th	1:11:59 0:10:33	51st 55th=	1:28:46 0:17:00	50th 48th	1:50:56 0:21:34	52nd 50th=	2:00:10 0:09:48	50th 58th=
JISC	591	11035 11010		WIJEN	2.00.18	10.29.20	0:48:52	52nd 52nd	1:01:23	53rd	1:11:56	49th	1:28:56	4001 51st	1:50:30	49th	2:00:18	51st
52nd	369	Celia Powell	Ambleside AC	WSEN	2:00:23	+0:29:33	0:49:37	57th=	0:12:35	57th=	0:10:18	48th=	0:16:51	45th	0:21:32	49th	0:09:30	45th=
02.1.4	000				2.00.20	0.20.00	0:49:37	57th=	1:02:12	59th	1:12:30	56th=	1:29:21	52nd	1:50:53	51st	2:00:23	52nd
53rd	258	Craig Jeffery	Dark Peak Fell Runners	M40	2:00:56	+0:30:06	0:49:41	60th	0:12:14	44th=	0:10:35	59th=	0:16:58	47th	0:21:31	47th=	0:09:57	65th
							0:49:41	60th	1:01:55	56th	1:12:30	56th=	1:29:28	53rd	1:50:59	53rd	2:00:56	53rd
54th	428	James Haworth	Keswick AC	M50	2:01:11	+0:30:21	0:50:02	67th	0:12:16	48th	0:10:44	66th=	0:17:03	50th	0:21:57	57th=	0:09:09	36th
							0:50:02	67th	1:02:18	61st	1:13:02	64th	1:30:05	57th	1:52:02	56th	2:01:11	54th
55th	261	Javier Simon	Helm Hill Runners	M40	2:01:19	+0:30:29	0:47:58	47th=	0:12:19	49th	0:09:52	33rd=	0:17:57	69th	0:22:59	78th	0:10:14	76th
E C th	200	leffrey Conner		MEO	0.01.04	10.20.24	0:47:58	47th=	1:00:17	45th	1:10:09	44th	1:28:06	49th	1:51:05	54th	2:01:19	55th
56th	300	Jeffrey Capper		M50	2:01:24	+0:30:34	0:49:48 0:49:48	64th 64th	0:12:37 1:02:25	59th 63rd	0:10:15 1:12:40	47th 59th	0:17:24 1:30:04	58th 56th	0:21:48 1:51:52	55th= 55th	0:09:32 2:01:24	49th= 56th
		1																1 3001

58th 27							35th	1:00:24	46th	1:12:11	53rd	1:30:56	62nd	1:52:59	62nd	2:02:00	57th
	74 Craig Blakey	Bowland Fell Runners	MSEN	2:02:04	+0:31:14	0:47:33 0:49:44	62nd	0:12:50	68th	0:10:25	51st	0:17:56	68th	0:21:34	50th=	0:09:35	51st=
	5 ,					0:49:44	62nd	1:02:34	65th=	1:12:59	63rd	1:30:55	61st	1:52:29	58th	2:02:04	58th
59th 51	15 Ross Coles	Cumberland Fell Runners	MSEN	2:02:15	+0:31:25	0:50:57	72nd	0:12:48	67th	0:10:28	52nd	0:17:55	67th	0:21:10	43rd	0:08:57	30th
						0:50:57	72nd	1:03:45	71st	1:14:13	69th	1:32:08	68th	1:53:18	65th	2:02:15	59th
60th 36	67 Matthew Seddon	Pudsey & Bramley AC	MSEN	2:02:18	+0:31:28	0:50:10	69th	0:12:47	63rd=	0:10:30	53rd=	0:17:58	70th	0:21:22	46th	0:09:31	48th
						0:50:10	69th	1:02:57	68th	1:13:27	66th	1:31:25	65th	1:52:47	61st	2:02:18	60th
61st 42	25 Guy Illingworth	Keswick AC	M50	2:02:28	+0:31:38	0:49:39	59th	0:12:41	60th=	0:10:34	57th=	0:17:51	65th	0:21:57	57th=	0:09:46	56th
00 1 50			MOEN	0.00.40	.0.04.50	0:49:39	59th	1:02:20	62nd	1:12:54	61st	1:30:45	59th	1:52:42	60th	2:02:28	61st
62nd 52	22 Mark Irving	Ellenborough AC	MSEN	2:02:43	+0:31:53	0:49:42	61st	0:12:21	50th	0:10:33	55th=	0:17:01	49th	0:22:48	72nd	0:10:18	81st=
63rd 27	76 Chris Upson	Cambuslang Harriers	M50	2:02:59	+0:32:09	0:49:42 0:47:45	61st 41st	1:02:03 0:13:04	58th 75th	1:12:36 0:11:29	58th 98th=	1:29:37 0:17:27	54th 59th	1:52:25 0:22:49	57th 73rd=	2:02:43 0:10:25	62nd 90th
0310 27			10130	2.02.35	+0.32.09	0:47:45	41st	1:00:49	49th	1:12:18	54th	1:29:45	55th	1:52:34	59th	2:02:59	63rd
64th 51	19 Sam Ferguson	Bowland Fell Runners	MSEN	2:03:31	+0:32:41	0:47:49	43rd=	0:13:06	76th	0:11:51	108th=	0:18:04	72nd	0:22:17	64th	0:10:24	87th=
				2.00.01	0.02	0:47:49	43rd=	1:00:55	50th	1:12:46	60th	1:30:50	60th	1:53:07	63rd	2:03:31	64th
65th 31	16 Arran Horne	Northern Fells Running Club	MU23	2:03:43	+0:32:53	0:52:05	74th	0:12:52	70th=	0:10:44	66th=	0:16:52	46th	0:21:06	42nd	0:10:04	70th
						0:52:05	74th	1:04:57	75th	1:15:41	76th	1:32:33	70th	1:53:39	66th	2:03:43	65th
66th 39	99 Lou Osborn	Ambleside AC	W50	2:04:12	+0:33:22	0:49:37	57th=	0:12:57	73rd=	0:10:41	62nd=	0:17:52	66th	0:22:04	61st	0:11:01	112th=
						0:49:37	57th=	1:02:34	65th=	1:13:15	65th	1:31:07	63rd	1:53:11	64th	2:04:12	66th
67th 31	19 Alexandra Whitaker	Harrogate Harriers & AC	WU23	2:04:36	+0:33:46	0:51:51	73rd	0:12:56	72nd	0:10:46	69th	0:17:16	54th=	0:22:28	66th=	0:09:19	40th
						0:51:51	73rd	1:04:47	73rd	1:15:33	73rd	1:32:49	73rd	1:55:17	68th	2:04:36	67th
68th 26	6 Dan Gilbert	Horwich R M I Harriers	M40	2:04:54	+0:34:04	0:48:49	50th	0:12:32	55th	0:10:37	61st	0:19:14	98th	0:22:42	69th	0:11:00	111th
CO46 00		Lister Lill Door are	MEO	0.05.00	10.24.42	0:48:49	50th	1:01:21	52nd	1:11:58	50th	1:31:12	64th	1:53:54	67th	2:04:54	68th
69th 23	39 Steven Paterson	Helm Hill Runners	M50	2:05:03	+0:34:13	0:52:14	75th	0:12:41	60th=	0:10:41	62nd=	0:17:20	56th	0:22:28	66th=	0:09:39	53rd
70th 44	40 James Simon	Bowland Fell Runners	MSEN	2:05:40	+0:34:50	0:52:14 0:49:23	75th 54th	1:04:55 0:12:34	74th 56th	1:15:36 0:10:30	74th 53rd=	1:32:56 0:19:05	74th 95th	1:55:24 0:23:59	69th 95th	2:05:03 0:10:09	69th 73rd
7001 44			WISEN	2.03.40	+0.34.30	0:49:23	54th	1:01:57	57th	1:12:27	55th	1:31:32	66th	1:55:31	70th	2:05:40	70th
71st 44	43 Christopher Balderson	Bowland Fell Runners	M50	2:06:03	+0:35:13	0:52:17	77th=	0:12:47	63rd=	0:10:34	57th=	0:17:09	52nd=	0:23:06	79th=	0:10:10	74th
				2.00.00	0.000.10	0:52:17	77th=	1:05:04	76th	1:15:38	75th	1:32:47	72nd	1:55:53	71st	2:06:03	71st
72nd 50	08 William Barker	North Leeds Fell Runners	MSEN	2:06:20	+0:35:30	0:52:15	76th	0:12:52	70th=	0:10:45	68th	0:17:46	63rd=	0:22:54	77th	0:09:48	58th=
						0:52:15	76th	1:05:07	77th	1:15:52	77th	1:33:38	75th	1:56:32	75th	2:06:20	72nd
73rd 31	15 Jack Eastham		MSEN	2:06:31	+0:35:41	0:50:43	71st	0:12:47	63rd=	0:11:03	82nd	0:17:59	71st	0:23:32	83rd	0:10:27	91st=
						0:50:43	71st	1:03:30	70th	1:14:33	70th	1:32:32	69th	1:56:04	72nd	2:06:31	73rd
74th 37	72 Andrew Jackson	Bowland Fell Runners	M40	2:06:40	+0:35:50	0:50:08	68th	0:13:16	79th	0:11:28	96th=	0:18:47	84th=	0:22:43	70th	0:10:18	81st=
754 47				0.00.44	10.25.54	0:50:08	68th	1:03:24	69th	1:14:52	71st	1:33:39	76th	1:56:22	74th	2:06:40	74th
75th 47	70 Shirley Murray	Keswick AC	WSEN	2:06:44	+0:35:54	0:49:47 0:49:47	63rd	0:12:43 1:02:30	62nd	0:10:59 1:13:29	79th 67th	0:18:33 1:32:02	78th= 67th	0:24:09 1:56:11	99th	0:10:33 2:06:44	95th=
76th 37	76 Nigel Bunn	Tring Running Club	M50	2:07:19	+0:36:29	0:53:25	63rd 86th	0:13:11	64th 77th	0:10:57	75th=	0:17:46	63rd=	0:22:39	73rd 68th	0:09:21	75th 41st
			1000	2.07.10	10.00.20	0:53:25	86th	1:06:36	85th	1:17:33	84th	1:35:19	79th	1:57:58	77th	2:07:19	76th
77th 35	59 Nicholas Barber	Helm Hill Runners	MSEN	2:08:10	+0:37:20	0:54:33	97th=	0:13:34	89th=	0:10:49	70th=	0:18:08	74th	0:21:36	52nd	0:09:30	45th=
						0:54:33	97th=	1:08:07	96th	1:18:56	92nd	1:37:04	89th	1:58:40	78th	2:08:10	77th
78th 119	91 Jordan Palmer	Keswick AC	MSEN	2:08:21	+0:37:31	0:49:55	66th	0:12:47	63rd=	0:10:57	75th=	0:18:59	91st	0:24:18	104th	0:11:25	122nd
						0:49:55	66th	1:02:42	67th	1:13:39	68th	1:32:38	71st	1:56:56	76th	2:08:21	78th
79th 48	39 Daniel Clayton		M40	2:08:25	+0:37:35	0:54:46	101st	0:13:29	86th	0:11:08	84th=	0:17:16	54th=	0:22:23	65th	0:09:23	42nd
						0:54:46	101st	1:08:15	98th	1:19:23	98th	1:36:39	86th=	1:59:02	83rd	2:08:25	79th
80th 38	37 David Riding		M40	2:08:47	+0:37:57	0:53:36	90th	0:13:58	100th	0:11:29	98th=	0:18:13	76th	0:21:31	47th=	0:10:00	67th
04-1 00		Manuallaniana	MEO	0.00.00	10.20.20	0:53:36	90th	1:07:34	92nd	1:19:03	94th	1:37:16	91st	1:58:47	80th	2:08:47	80th
81st 32	26 Andy Watson	Manx Harriers	M50	2:09:20	+0:38:30	0:52:24	84th	0:12:57	73rd=	0:10:50	72nd=	0:19:04	94th	0:23:35	86th=	0:10:30	93rd=
82nd 31	12 Craig Burrow	Helm Hill Runners	M40	2:09:23	+0:38:33	0:52:24 0:52:22	84th 83rd	1:05:21 0:13:34	78th 89th=	1:16:11 0:10:57	78th 75th=	1:35:15 0:18:35	78th 80th	1:58:50 0:23:17	81st 81st	2:09:20 0:10:38	81st 100th
				2.03.20	10.00.00	0:52:22	83rd	1:05:56	82nd	1:16:53	82nd	1:35:28	80th	1:58:45	79th	2:09:23	82nd
83rd 25	53 Lindsey Brindle	Horwich R M I Harriers	W40	2:09:34	+0:38:44	0:52:18	79th=	0:13:23	84th	0:10:49	70th=	0:19:02	93rd	0:23:44	90th	0:10:18	81st=
						0:52:18	79th=	1:05:41	80th	1:16:30	80th	1:35:32	81st	1:59:16	84th	2:09:34	83rd
84th 39	93 Mike Johnson	Bowland Fell Runners	M60	2:09:46	+0:38:56	0:50:33	70th	0:13:20	81st	0:11:10	87th=	0:18:53	88th	0:25:01	114th=	0:10:49	108th
						0:50:33	70th	1:03:53	72nd	1:15:03	72nd	1:33:56	77th	1:58:57	82nd	2:09:46	84th
85th 31	14 Tony Bolton	Northern Fells Running Club	M60	2:09:55	+0:39:05	0:54:01	92nd	0:13:26	85th	0:11:16	90th=	0:18:07	73rd	0:22:50	75th=	0:10:15	77th=
						0:54:01	92nd	1:07:27	89th	1:18:43	90th	1:36:50	88th	1:59:40	86th	2:09:55	85th
86th 33	34 Ben Fletcher	Bowland Fell Runners	M40	2:10:01	+0:39:11	0:52:18	79th=	0:13:34	89th=	0:11:04	83rd	0:18:57	90th	0:23:35	86th=	0:10:33	95th=

1	I	1	I	I	1		0:52:18	79th=	1:05:52	81st	1:16:56	83rd	1:35:53	83rd	1:59:28	85th	2:10:01	86th
87th	514	Daniel Worsell	Cumberland Fell Runners	MSEN	2:10:08	+0:39:18	0:53:34	88th	0:13:22	82nd=	0:10:55	74th	0:18:12	75th	0:23:49	91st=	0:10:16	79th
							0:53:34	88th	1:06:56	88th	1:17:51	87th	1:36:03	84th	1:59:52	87th	2:10:08	87th
88th	507	Rob Downs	Cheshire Hill Racers	M50	2:10:15	+0:39:25	0:53:28	87th	0:13:22	82nd=	0:10:57	75th=	0:19:23	101st=	0:22:50	75th=	0:10:15	77th=
							0:53:28	87th	1:06:50	87th	1:17:47	86th	1:37:10	90th	2:00:00	89th	2:10:15	88th
89th	475	Jodie Gray	Keswick AC	WSEN	2:10:23	+0:39:33	0:52:21	82nd	0:13:59	101st	0:11:24	94th	0:18:55	89th	0:23:26	82nd	0:10:18	81st=
0.0+h	247	Devid Duder		M40	2.10.25	10.20.25	0:52:21	82nd	1:06:20	84th	1:17:44	85th	1:36:39	86th=	2:00:05	90th	2:10:23	89th
90th	247	David Ryder	FRA	M40	2:10:25	+0:39:35	0:54:13 0:54:13	93rd 93rd	0:13:19 1:07:32	80th 91st	0:11:28 1:19:00	96th= 93rd	0:18:52 1:37:52	87th 95th	0:22:46 2:00:38	71st 93rd	0:09:47 2:10:25	57th 90th
91st	331	Jonathan Coney	North Leeds Fell Runners	MSEN	2:10:44	+0:39:54	0:52:20	81st	0:13:42	95th=	0:10:35	59th=	0:19:34	105th=	0:24:13	101st	0:10:20	86th
0150		Concerne and Concerne a			2.10.44	.0.00.04	0:52:20	81st	1:06:02	83rd	1:16:37	81st	1:36:11	85th	2:00:24	91st	2:10:44	91st
92nd	267	Jonathan Fletcher		MSEN	2:10:54	+0:40:04	0:52:17	77th=	0:13:14	78th	0:10:50	72nd=	0:19:20	100th	0:24:17	102nd=	0:10:56	110th
							0:52:17	77th=	1:05:31	79th	1:16:21	79th	1:35:41	82nd	1:59:58	88th	2:10:54	92nd
93rd	504	Amy Kelland	Eden Runners	WSEN	2:10:59	+0:40:09	0:54:00	91st	0:13:37	93rd	0:11:09	86th	0:18:43	82nd	0:23:06	79th=	0:10:24	87th=
							0:54:00	91st	1:07:37	93rd	1:18:46	91st	1:37:29	93rd	2:00:35	92nd	2:10:59	93rd
94th	308	David Crout	Keswick AC	M50	2:11:02	+0:40:12	0:54:21	95th	0:13:33	87th=	0:11:17	92nd	0:19:00	92nd	0:22:49	73rd=	0:10:02	69th
							0:54:21	95th	1:07:54	95th	1:19:11	95th	1:38:11	96th	2:01:00	95th	2:11:02	94th
95th	250	Saul Lovatt	Staffs moorlands AC	MSEN	2:11:48	+0:40:58	0:54:33	97th=	0:13:57	99th	0:11:33	101st	0:18:26	77th	0:23:35	86th=	0:09:44	55th
OCth	457	Matthew Dourne	Reviend Fell Dunners	MEO	2.12.00	10:41:10	0:54:33	97th=	1:08:30 0:13:50	100th	1:20:03	101st	1:38:29	99th	2:02:04	96th	2:11:48	95th
96th	457	Matthew Bourne	Bowland Fell Runners	M50	2:12:09	+0:41:19	0:54:49 0:54:49	102nd 102nd	1:08:39	97th 101st	0:11:02 1:19:41	81st 100th	0:18:47 1:38:28	84th= 98th	0:23:49 2:02:17	91st= 97th	0:09:52 2:12:09	63rd= 96th
97th	283	Michael Devereux-Cole	Swaledale Runners	MSEN	2:12:20	+0:41:30	0:52:26	85th	0:14:18	101st	0:11:10	87th=	0:19:24	103rd	0:23:33	84th=	0:11:29	124th
0/ui	200				2.12.20	.0.41.00	0:52:26	85th	1:06:44	86th	1:17:54	88th	1:37:18	92nd	2:00:51	94th	2:12:20	97th
98th	505	Annie Hassell	Wharfedale Harriers	WSEN	2:12:35	+0:41:45	0:54:31	96th	0:13:39	94th	0:11:08	84th=	0:19:23	101st=	0:23:56	94th	0:09:58	66th
							0:54:31	96th	1:08:10	97th	1:19:18	96th=	1:38:41	100th	2:02:37	99th	2:12:35	98th
99th	485	Sean Prendiville		M40	2:13:06	+0:42:16	0:55:12	105th	0:13:33	87th=	0:11:22	93rd	0:19:09	96th	0:23:33	84th=	0:10:17	80th
							0:55:12	105th	1:08:45	102nd	1:20:07	102nd	1:39:16	102nd	2:02:49	100th	2:13:06	99th
100th	484	Peter Crompton	Cumberland Fell Runners	M60	2:13:07	+0:42:17	0:54:16	94th	0:13:36	92nd	0:11:26	95th	0:18:33	78th=	0:24:36	107th	0:10:40	102nd=
							0:54:16	94th	1:07:52	94th	1:19:18	96th=	1:37:51	94th	2:02:27	98th	2:13:07	100th
101st	324	David Banks	Ambleside AC	M50	2:14:58	+0:44:08	0:54:58	104th	0:14:01	102nd	0:11:31	100th	0:19:55	108th	0:24:26	105th	0:10:07	71st=
100md	200	Care Hadreen	Kanutak AC	14/50	0.15.10	10:44:20	0:54:58	104th	1:08:59	104th	1:20:30	104th	1:40:25	104th	2:04:51	104th	2:14:58	101st
102nd	389	Sara Hodgson	Keswick AC	W50	2:15:10	+0:44:20	0:54:43 0:54:43	100th 100th	0:14:08 1:08:51	103rd 103rd	0:11:35 1:20:26	102nd 103rd	0:19:17 1:39:43	99th 103rd	0:24:52 2:04:35	112th 102nd	0:10:35 2:15:10	97th 102nd
103rd	395	Jonny Howe	Eden Runners	MSEN	2:16:05	+0:45:15	0:53:35	89th	0:13:53	98th	0:11:10	87th=	0:20:33	124th=	0:25:14	120th	0:11:40	129th
10510	000	Sonny nowe		MOLIN	2.10.00	10.40.10	0:53:35	89th	1:07:28	90th	1:18:38	89th	1:39:11	101st	2:04:25	101st	2:16:05	103rd
104th	402	Kenny Short	Teviotdale Harriers	M50	2:16:34	+0:45:44	0:55:14	106th	0:14:20	107th	0:11:41	103rd	0:21:02	131st	0:24:04	97th	0:10:13	75th
-							0:55:14	106th	1:09:34	106th	1:21:15	105th	1:42:17	106th	2:06:21	106th	2:16:34	104th
105th	301	Crispin Halsall	Bowland Fell Runners	M50	2:17:01	+0:46:11	0:55:18	107th	0:14:30	108th	0:12:04	113th=	0:20:04	112th=	0:24:17	102nd=	0:10:48	107th
							0:55:18	107th	1:09:48	107th	1:21:52	107th	1:41:56	105th	2:06:13	105th	2:17:01	105th
106th	339	Daniel Starkey	North Leeds Fell Runners	MSEN	2:18:17	+0:47:27	0:56:56	118th	0:14:12	104th	0:12:38	139th=	0:19:34	105th=	0:23:55	93rd	0:11:02	114th
							0:56:56	118th	1:11:08	110th	1:23:46	109th	1:43:20	108th	2:07:15	107th	2:18:17	106th
107th	379	Jenny Roberts	Ilkley Harriers AC	WSEN	2:18:58	+0:48:08	0:56:44	114th	0:15:05	128th	0:12:38	139th=	0:19:10	97th	0:24:03	96th	0:11:18	120th=
108th	170	lan Sharpe	Chorlton Runners	M50	2:19:08	+0:48:18	0:56:44	114th	1:11:49	119th	1:24:27	117th	1:43:37	110th	2:07:40	108th	2:18:58	107th
10001	4/5			10130	2.19.00	+0.40.10											2:19:08	108th
109th	278	Simon Johnson	100 Marathon Club	M40	2:19:19	+0:48:29	0:56:43	113th	0:14:38	110th	0:12:30	134th=	0:20:00	109th	0:24:41	108th	0:10:47	105th=
							0:56:43	113th	1:11:21	111th	1:23:51	111th	1:43:51	112th	2:08:32	109th	2:19:19	109th
110th	404	John Tullie	Teviotdale Harriers	M60	2:19:25	+0:48:35	0:57:14	121st	0:15:15	133rd=	0:12:07	117th	0:20:03	110th=	0:24:06	98th	0:10:40	102nd=
							0:57:14	121st	1:12:29	121st	1:24:36	120th	1:44:39	116th	2:08:45	110th	2:19:25	110th
111th	511	Heather Catherine Marshall	Cumberland Fell Runners	W40	2:19:28	+0:48:38	0:56:42	111th=	0:14:48	116th	0:12:46	150th=	0:19:33	104th	0:25:02	116th	0:10:37	99th
							0:56:42	111th=	1:11:30	113th	1:24:16	114th	1:43:49	111th	2:08:51	111th	2:19:28	111th
112th	469	Benjamin Morison		M40	2:19:47	+0:48:57	0:54:36	99th	0:13:42	95th=	0:11:16	90th=	0:18:47	84th=	0:26:24	142nd=	0:15:02	229th
4400	444	Course Manufactor		MOEN	0.01.11	10.50.04	0:54:36	99th	1:08:18	99th	1:19:34	99th	1:38:21	97th	2:04:45	103rd	2:19:47	112th
113th	414	Coral Mowbray		WSEN	2:21:11	+0:50:21	0:56:42	1111th=	0:14:56 1:11:38	123rd 114th	0:12:46 1:24:24	150th=	0:19:45 1:44:09	107th 113th	0:25:26 2:09:35	124th 114th	0:11:36 2:21:11	128th
114th	412	Robin Varley		MSEN	2:21:13	+0:50:23	0:56:42 0:56:37	1111th= 109th=	0:14:16	105th	0:13:25	116th 183rd	0:18:37	113th 81st	0:26:03	114th 137th	0:12:15	113th 147th
	217				2.21.10	0.00.20	0:56:37	109th=	1:10:53	109th	1:24:18	115th	1:42:55	107th	2:08:58	112th	2:21:13	147th
115th	420	Michael Buckenham		M50	2:21:36	+0:50:46		126th	0:14:41		0:12:00	112th		110th=		119th	0:11:33	
						0.00.10	0.00.00	1 0			0		0.20.00		0.20.10		0	

							0:58:06	126th	1:12:47	122nd	1:24:47	121st	1:44:50	118th	2:10:03	118th	2:21:36	115th
116th	300	John Bagge	Helm Hill Runners	M60	2:21:51	+0:51:01	0:56:45	115th=	0:14:58	125th	0:12:06	116th	0:20:30	122nd	0:25:11	118th	0:12:21	154th=
							0:56:45	115th=	1:11:43	116th	1:23:49	110th	1:44:19	114th	2:09:30	113th	2:21:51	116th
117th	265	Johana Mackova	Dynafit Czech Republic	WSEN	2:21:55	+0:51:05	0:56:50	117th	0:15:01	126th=	0:12:20	125th	0:20:17	118th	0:25:32	125th	0:11:55	135th
							0:56:50	117th	1:11:51	120th	1:24:11	113th	1:44:28	115th	2:10:00	117th	2:21:55	117th
118th	481	John Douglas	Allithwaite Running Club	M50	2:22:02	+0:51:12	0:57:09	120th	0:14:36	109th	0:11:54	111th	0:21:30	137th	0:24:34	106th	0:12:19	151st=
							0:57:09	120th	1:11:45	118th	1:23:39	108th	1:45:09	120th	2:09:43	116th	2:22:02	118th
119th=	234	Rachel Simpson	Helm Hill Runners	WSEN	2:22:39	+0:51:49	0:58:29	133rd	0:15:11	132nd	0:12:29	131st=	0:20:14	116th	0:24:50	110th=	0:11:26	123rd
1101	500			1440	0.00.00	.0.54.40	0:58:29	133rd	1:13:40	133rd	1:26:09	131st	1:46:23	128th	2:11:13	120th	2:22:39	119th=
119th=	502	Darren Earnshaw	Calder Valley Fell Runners	M40	2:22:39	+0:51:49											0.00.00	110th-
121st	501	George King	Eden Runners	MSEN	2:22:49	+0:51:59	0:54:51	103rd	0:14:40	111th	0:12:18	122nd=	0:21:41	142nd=	0:26:38	150th	2:22:39 0:12:41	119th= 163rd
12130	501				2.22.43	10.01.00	0:54:51	103rd	1:09:31	105th	1:21:49	106th	1:43:30	109th	2:10:08	119th	2:22:49	121st
122nd	424	Mark Fleming	Keswick AC	M50	2:22:50	+0:52:00	0:58:39	136th=	0:14:53	118th	0:12:40	142nd=	0:20:47	128th=	0:25:21	122nd	0:10:30	93rd=
122110					2.22.00	10.02.00	0:58:39	136th=	1:13:32	130th	1:26:12	132nd	1:46:59	130th	2:12:20	128th	2:22:50	122nd
123rd	358	Keith Loan	Keswick AC	M60	2:23:20	+0:52:30	0:58:39	136th=	0:14:55	121st=	0:12:14	121st	0:20:19	119th=	0:25:55	134th	0:11:18	120th=
							0:58:39	136th=	1:13:34	131st	1:25:48	128th	1:46:07	125th	2:12:02	125th	2:23:20	123rd
124th	289	lain Dalglish	Bowland Fell Runners	M50	2:23:22	+0:52:32	0:56:37	109th=	0:14:46	115th	0:12:29	131st=	0:22:00	151st=	0:26:14	139th	0:11:16	118th
							0:56:37	109th=	1:11:23	112th	1:23:52	112th	1:45:52	123rd	2:12:06	127th	2:23:22	124th
125th	332	Blyth Davies	Pudsey & Bramley AC	MSEN	2:23:25	+0:52:35	1:00:49	151st	0:14:43	113th	0:11:48	105th	0:20:04	112th=	0:24:12	100th	0:11:49	132nd=
							1:00:49	151st	1:15:32	148th	1:27:20	145th	1:47:24	132nd	2:11:36	122nd=	2:23:25	125th
126th	380	Niamh Jackson	North Leeds Fell Runners	W40	2:23:47	+0:52:57	0:56:45	115th=	0:14:55	121st=	0:12:48	155th	0:20:26	121st	0:24:45	109th	0:14:08	209th
							0:56:45	115th=	1:11:40	115th	1:24:28	118th	1:44:54	119th	2:09:39	115th	2:23:47	126th
127th	423	Katherine Downie	Keswick AC	WSEN	2:23:52	+0:53:02	0:57:42	124th	0:15:16	135th	0:12:08	118th=	0:21:06	133rd	0:25:51	129th=	0:11:49	132nd=
4004	057	Jamaa Malavahlia	Overskander of Fall Decements	MEO	0.04.04	10.50.44	0:57:42	124th	1:12:58	123rd	1:25:06	123rd	1:46:12	126th	2:12:03	126th	2:23:52	127th
128th	257	James Mclaughlin	Cumberland Fell Runners	M50	2:24:01	+0:53:11	0:59:00 0:59:00	141st 141st	0:15:07	129th	0:12:22 1:26:29	126th=	0:20:51 1:47:20	130th 131st	0:25:51	129th= 132nd	0:10:50 2:24:01	109th 128th
129th	303	Sally Braithwaite	Eden Runners	WU23	2:24:08	+0:53:18	0:58:22	130th	1:14:07 0:14:57	137th 124th	0:11:52	135th 110th	0:21:07	131st	2:13:11 0:25:07	117th	0:12:43	165th
12901	525			0023	2.24.00	+0.55.10	0:58:22	130th	1:13:19	124th	1:25:11	124th	1:46:18	127th	2:11:25	121st	2:24:08	129th
130th	453	Peter Dukes	Meltham AC	M50	2:24:20	+0:53:30	0:57:00	119th	0:14:44	114th	0:12:47	153rd=	0:20:12	114th	0:26:53	152nd	0:12:44	166th
						0.00.00	0:57:00	119th	1:11:44	117th	1:24:31	119th	1:44:43	117th	2:11:36	122nd=	2:24:20	130th
131st	523	Robert Browne	Black Combe Runners	MSEN	2:24:29	+0:53:39	0:58:07	127th	0:15:08	130th	0:12:04	113th=	0:20:31	123rd	0:25:53	131st=	0:12:46	167th=
							0:58:07	127th	1:13:15	127th	1:25:19	125th	1:45:50	121st=	2:11:43	124th	2:24:29	131st
132nd	232	Mark Wise	Cumberland Fell Runners	M60	2:24:32	+0:53:42	0:58:37	134th=	0:15:20	136th	0:12:30	134th=	0:21:04	132nd	0:25:44	127th=	0:11:17	119th
							0:58:37	134th=	1:13:57	135th	1:26:27	134th	1:47:31	133rd=	2:13:15	133rd	2:24:32	132nd
133rd	441	Chris Gibbons	Bowland Fell Runners	M40	2:24:54	+0:54:04	0:59:25	147th	0:15:09	131st	0:12:22	126th=	0:20:35	126th	0:25:23	123rd	0:12:00	137th
							0:59:25	147th	1:14:34	143rd	1:26:56	140th	1:47:31	133rd=	2:12:54	130th	2:24:54	133rd
134th	405	Darren Foote	Ambleside AC	M50	2:25:10	+0:54:20	0:58:28	132nd	0:14:49	117th	0:12:26	130th	0:20:13	115th	0:26:34	147th	0:12:40	162nd
1051	000			14/50	0.05.05	.0.54.45	0:58:28	132nd	1:13:17	128th	1:25:43	127th	1:45:56	124th	2:12:30	129th	2:25:10	134th
135th	260	Jenny Caddick	Dark Peak Fell Runners	W50	2:25:35	+0:54:45	0:58:58 0:58:58	140th	0:15:34 1:14:32	143rd 142nd	0:12:43 1:27:15	146th=	0:20:47 1:48:02	128th= 136th	0:26:00	136th 134th	0:11:33 2:25:35	126th=
136th	513	Michael Ward	North Leeds Fell Runners	M40	2:25:38	+0:54:48	1:00:52	140th 152nd	0:14:54	14211u 119th=	0:12:08	144th 118th=	0:21:19	135th	2:14:02 0:25:38	126th	0:10:47	135th 105th=
10001	515			10140	2.20.00	10.04.40	1:00:52	152nd	1:15:46	149th	1:27:54	149th	1:49:13	144th	2:14:51	138th	2:25:38	136th
137th	450	Alex Hayes		MSEN	2:26:33	+0:55:43	0:59:09	142nd	0:15:15	133rd=	0:12:22	126th=	0:21:26	136th	0:26:35	148th	0:11:46	131st
							0:59:09	142nd	1:14:24	141st	1:26:46	137th	1:48:12	137th=	2:14:47	136th	2:26:33	137th
138th	296	Steven O'Keeffe	Northern Fells Running Club	M50	2:26:48	+0:55:58	0:58:16	128th	0:14:54	119th=	0:12:25	129th	0:20:15	117th	0:27:13	158th=	0:13:45	198th
			_				0:58:16	128th	1:13:10	124th	1:25:35	126th	1:45:50	121st=	2:13:03	131st	2:26:48	138th
139th	408	Matthew Murgatroyd		MSEN	2:26:55	+0:56:05	0:59:12	143rd	0:15:43	153rd=	0:12:32	137th=	0:22:33	159th	0:24:50	110th=	0:12:05	141st
							0:59:12	143rd	1:14:55	144th	1:27:27	146th	1:50:00	147th	2:14:50	137th	2:26:55	139th
140th	465	Alice Gamble	Sheffield University Orienteering & FR	WU23	2:27:05	+0:56:15	1:01:04	158th	0:15:35	144th=	0:11:51	108th=	0:21:37	138th=	0:24:57	113th	0:12:01	138th
					0.07.15	0.50.00	1:01:04	158th	1:16:39	154th	1:28:30	150th	1:50:07	149th	2:15:04	139th=	2:27:05	140th
141st	394	Matthew Wilcock	Trawden Athletic Club	M50	2:27:15	+0:56:25	1:00:57	155th	0:16:03	163rd	0:12:32	137th=	0:20:33	124th=	0:25:57	135th	0:11:13	117th
140	204	Neil Deumer	Swaladala Dunnara	MEO	0.07.04	10.50.44	1:00:57	155th	1:17:00	156th	1:29:32	154th	1:50:05	148th	2:16:02	146th	2:27:15	141st
142nd	304	Neil Bowmer	Swaledale Runners	M50	2:27:34	+0:56:44	0:57:33 0:57:33	122nd	0:15:38 1:13:11	147th=	0:12:49 1:26:00	156th	0:21:41 1:47:41	142nd=	0:26:24 2:14:05	142nd= 135th	0:13:29 2:27:34	190th=
143rd	415	Kerry Cornforth	Keswick AC	W50	2:27:47	+0:56:57	0:57:33	122nd 138th	0:15:37	125th 146th	0:12:38	129th 139th=	0:21:37	135th 138th=	0:27:17	160th=	0:11:58	142nd 136th
145IU	415			100	2.21.41	10.30.37	0:58:40	138th	1:14:17	140th	1:26:55	139th	1:48:32	139th=	2:15:49	143rd	2:27:47	143rd
144th	427	Gillian Atkinson	Keswick AC	W50	2:27:55	+0:57:05												139th
144th	427	Gillian Atkinson	Keswick AC	W50	2:27:55	+0:57:05	0:58:37	134th=	0:15:33	142nd	0:12:44	148th=	0:21:38	140th	0:27:20	162nd	0:12:03	

1		I	1	1	1	I I	0:58:37	134th=	1:14:10	138th	1:26:54	138th	1:48:32	139th=	2:15:52	144th	2:27:55	144th
145th	400	Mike Innerdale	Eden Runners	M50	2:28:00	+0:57:10	0:57:35	123rd	0:15:39	149th	0:13:01	164th	0:21:57	149th	0:27:30	165th	0:12:18	149th=
							0:57:35	123rd	1:13:14	126th	1:26:15	133rd	1:48:12	137th=	2:15:42	142nd	2:28:00	145th
146th	385	Jon French	Blyth Running Club	M40	2:28:15	+0:57:25	0:58:42	139th	0:15:30	141st	0:12:47	153rd=	0:22:01	153rd	0:26:23	141st	0:12:52	171st=
							0:58:42	139th	1:14:12	139th	1:26:59	141st	1:49:00	141st	2:15:23	141st	2:28:15	146th
147th	480	Anna Oakes-Monger		WSEN	2:28:53	+0:58:03	1:00:56	154th	0:15:38	147th=	0:12:18	122nd=	0:22:34	160th	0:25:01	114th=	0:12:26	157th
					2.20.00		1:00:56	154th	1:16:34	152nd	1:28:52	151st=	1:51:26	155th	2:16:27	149th	2:28:53	147th
148th	255	Declan O'Duffy	Bowland Fell Runners	M60	2:28:59	+0:58:09	1:00:44	149th	0:15:24	138th	0:12:44	148th=	0:21:40	141st	0:26:15	140th	0:12:12	144th
							1:00:44	149th	1:16:08	150th	1:28:52	151st=	1:50:32	151st	2:16:47	150th	2:28:59	148th
149th	483	Rebecca Smith		W40	2:29:46	+0:58:56	1:01:11	161st	0:15:25	139th	0:13:00	163rd	0:20:44	127th	0:27:22	163rd	0:12:04	140th
							1:01:11	161st	1:16:36	153rd	1:29:36	155th	1:50:20	150th	2:17:42	151st	2:29:46	149th
150th	459	Chris Derry		M40	2:30:12	+0:59:22	0:58:24	131st	0:15:21	137th	0:12:19	124th	0:23:01	173rd	0:27:17	160th=	0:13:50	200th
		· ,					0:58:24	131st	1:13:45	134th	1:26:04	130th	1:49:05	142nd	2:16:22	148th	2:30:12	150th
151st	281	Daniel O'Callaghan	South Shields Harriers & AC	M40	2:30:13	+0:59:23	0:59:24	146th	0:15:45	156th=	0:12:04	113th=	0:21:54	148th	0:27:10	156th	0:13:56	203rd=
		g					0:59:24	146th	1:15:09	146th	1:27:13	143rd	1:49:07	143rd	2:16:17	147th	2:30:13	151st
152nd	307	Mark Wharton	Calder Valley Fell Runners	M50	2:30:35	+0:59:45	0:57:53	125th	0:15:44	155th	0:12:54	158th	0:24:03	200th	0:27:23	164th	0:12:38	161st
					2.00.00		0:57:53	125th	1:13:37	132nd	1:26:31	136th	1:50:34	152nd	2:17:57	152nd	2:30:35	152nd
153rd	527	Andrew Scholes		M40	2:30:37	+0:59:47	0:58:18	129th	0:15:43	153rd=	0:13:34	192nd	0:22:08	154th	0:26:11	138th	0:14:43	222nd
·····	02.				2.00.01		0:58:18	129th	1:14:01	136th	1:27:35	147th	1:49:43	146th	2:15:54	145th	2:30:37	153rd
154th	460	Robert Crawford	Howgill Harriers	M40	2:30:42	+0:59:52	1:04:07	192nd	0:16:18	168th=	0:13:31	190th	0:20:19	119th=	0:25:44	127th=	0:10:43	104th
TOTAL	100				2.00.12	0.00.02	1:04:07	192nd	1:20:25	186th	1:33:56	181st=	1:54:15	166th	2:19:59	159th	2:30:42	154th
155th	238	Alison Weston	Ilkley Harriers AC	W50	2:30:46	+0:59:56	1:02:35	173rd	0:16:14	166th	0:13:09	168th	0:21:44	145th	0:26:37	149th	0:10:27	91st=
roour	200				2.00.10	0.00.00	1:02:35	173rd	1:18:49	167th	1:31:58	169th	1:53:42	161st	2:20:19	161st=	2:30:46	155th
156th	447	Sean Robinson	Howgill Harriers	M40	2:31:08	+1:00:18	0:59:18	144th	0:15:46	158th=	0:12:46	150th=	0:21:49	147th	0:29:02	194th=	0:12:27	158th
10001					2.01.00	1.00.10	0:59:18	144th	1:15:04	145th	1:27:50	148th	1:49:39	145th	2:18:41	155th	2:31:08	156th
157th	282	Isaac King	Black Combe Runners	MSEN	2:31:14	+1:00:24	0:59:20	145th	0:16:01	161st=	0:11:49	106th=	0:23:55	198th	0:27:13	158th=	0:12:56	173rd
107.01	202	isduo rang		MOLIN	2.01.14	1.00.24	0:59:20	145th	1:15:21	147th	1:27:10	142nd	1:51:05	153rd	2:18:18	153rd	2:31:14	157th
158th	350	Katherine Klunder	Chorley Athletic and Triathlon Club	W40	2:31:21	+1:00:31	1:01:45	169th	0:17:05	197th	0:12:40	142nd=	0:21:41	142nd=	0:25:18	121st	0:12:52	171st=
10001	000			1140	2.01.21	1.00.01	1:01:45	169th	1:18:50	168th	1:31:30	166th	1:53:11	160th	2:18:29	154th	2:31:21	158th
159th	116	Dominic Arnold	Northern Fells Running Club	MSEN	2:31:28	+1:00:38	1:02:25	172nd	0:16:27	173rd=	0:12:50	157th	0:22:38	162nd	0:26:32	145th=	0:10:36	98th
10001	410				2.01.20	11.00.00	1:02:25	172nd	1:18:52	169th	1:31:42	167th	1:54:20	167th	2:20:52	164th	2:31:28	159th
160th	462	Scott Palmer	Ryedale Tri	M40	2:31:31	+1:00:41	1:02:25	159th	0:18:56	245th=	0:12:12	120th	0:22:13	155th	0:25:53	131st=	0:11:12	116th
10001	402			10140	2.01.01	1.00.41	1:01:05	159th	1:20:01	181st	1:32:12	170th	1:54:26	168th	2:20:19	161st=	2:31:31	160th
161st	201	Sophie Fosker	Bowland Fell Runners	W40	2:31:41	+1:00:51	1:01:24	164th	0:15:53	160th	0:12:43	146th=	0:22:20	157th	0:27:00	153rd	0:12:21	154th=
10151	291			1 1040	2.31.41	+1.00.31	1:01:24	164th	1:17:17	158th	1:30:00	158th	1:52:20	158th	2:19:20	157th	2:31:41	161st
162nd	158	Ralph Baines	Clayton-le-Moors Harriers	M50	2:32:03	+1:01:13	1:01:01	156th	0:15:29	140th	0:12:41	145th	0:22:14	156th	0:27:47	169th=	0:12:51	169th=
TOZITU	400			10150	2.32.03	+1.01.13	1:01:01	156th	1:16:30	151st	1:29:11	153rd	1:51:25	154th	2:19:12	156th	2:32:03	162nd
163rd	384	Craig Barker	Borrowdale Fell Runners	M50	2:32:23	+1:01:33	1:03:05	177th	0:15:40	150th=	0:13:11	169th	0:22:52	166th=	0:26:25	144th	0:11:10	115th
10010	004				2.02.20	1.01.05	1:03:05	177th	1:18:45	166th	1:31:56	168th	1:54:48	170th	2:21:13	166th	2:32:23	163rd
164th	368	Belinda Baquero	Pudsey & Bramley AC	W40	2:32:32	+1:01:42	1:01:19	163rd	0:16:13	165th	0:12:57	161st	0:23:39	195th	0:25:53	131st=	0:12:31	160th
10401	500			1040	2.32.32	+1.01.42	1:01:19	163rd	1:17:32	160th	1:30:29	161st	1:54:08	165th	2:20:01	160th	2:32:32	164th
165th	373	Simone Capponi	Bowland Fell Runners	M40	2:33:08	+1:02:18	1:01:18	162nd	0:16:19	170th	0:12:29	131st=	0:21:59	150th	0:27:39	168th	0:13:24	185th=
10501	575			10140	2.33.00	+1.02.10	1:01:18	162nd	1:17:37	162nd	1:30:06	151st-	1:52:05	156th	2:19:44	158th	2:33:08	165th
166th	353	Tim Slater	Eden Runners	MSEN	2:34:01	+1:03:11	0:55:22	10211u 108th	0:15:01	126th=	0:14:32	224th	0:21:45	146th	0:28:24	178th	0:18:57	269th
10001	555			WISLIN	2.34.01	+1.05.11	0:55:22	108th	1:10:23	12011- 108th	1:24:55	122401 122nd	1:46:40	129th	2:15:04	139th=	2:34:01	166th
167th	117	Albert Sunter	Winter Hill Runners	M60	2:34:19	+1:03:29	1:01:02	157th	0:15:45	156th=	0:12:58	162nd	0:22:30	158th	0:28:50	190th	0:13:14	182nd
107 01	417				2.34.19	+1.05.29	1:01:02	157th	1:16:47	155th	1:29:45	157th	1:52:15	157th	2:21:05	165th	2:34:19	167th
168th	107	Wil Spain	Dark Peak Fell Runners	MSEN	2:34:24	+1:03:34	1:03:51	189th	0:15:40	150th=	0:12:56	160th	0:22:56	171st=	0:27:08	155th	0:11:53	134th
10001	407			MISEIN	2.34.24	+1.05.54	1:03:51	189th	1:19:31	176th	1:32:27	172nd	1:55:23	171st	2:22:31	169th	2:34:24	168th
160th	220	Charlotta Jaakaan	Colder Valley Foll Ruppers	WOEN	2.24.20	+1.02.20												
169th	320	Charlotte Jackson	Calder Valley Fell Runners	WSEN	2:34:29	+1:03:39	1:03:25	184th	0:15:40	150th=	0:11:49	106th=	0:23:09	178th	0:26:32	145th=	0:13:54	202nd
170+h	400	Chris Randall	Goyt Valley Striders	M40	2:35:12	+1:04:22	1:03:25	184th	1:19:05 0:16:12	172nd	1:30:54 0:12:40	164th	1:54:03 0:22:52	164th	2:20:35 0:27:01	163rd	2:34:29 0:12:29	169th
170th	430			10140	2.00.12	F1.04.22	1:03:58	191st		164th		142nd=		166th=		154th		159th
171-+	202	Karon Bridge	Edon Bunnoro	14/50	2.25.20	+1.04.20	1:03:58	191st	1:20:10	183rd	1:32:50	175th	1:55:42	172nd	2:22:43	170th	2:35:12	170th
171st	383	Karen Bridge	Eden Runners	W50	2:35:29	+1:04:39	1:01:36	167th	0:15:35	144th=	0:12:30	134th=	0:23:21	185th=	0:28:58	192nd	0:13:29	190th=
470	000	Chambers Durth	Or a structure Otricide as	1400	0.05.50	14.05.00	1:01:36	167th	1:17:11	157th	1:29:41	156th	1:53:02	159th	2:22:00	167th	2:35:29	171st
172nd	333	Stephen Burthem	Spectrum Striders	M60	2:35:56	+1:05:06	1:01:37	168th	0:16:17	167th	0:13:08	166th=	0:22:54	169th	0:28:11	173rd	0:13:49	199th
							1:01:37	168th	1:17:54	164th	1:31:02	165th	1:53:56	163rd	2:22:07	168th	2:35:56	172nd
470-4	292	Josie Greenhalgh	Lostock AC	W50	2:36:22	+1:05:32	1:03:13	179th	0:17:37	214th	0:13:51	204th	0:22:44	163rd	0:28:18	174th	0:10:39	101st

							1:03:13	179th	1:20:50	189th	1:34:41	188th	1:57:25	178th=	2:25:43	178th	2:36:22	173rd
174th	263	Andy Armstrong	Clayton-le-Moors Harriers	M50	2:36:30	+1:05:40	1:04:20	193rd	0:17:15	200th=	0:13:22	180th=	0:23:12	179th=	0:26:50	151st	0:11:31	125th
			- ,				1:04:20	193rd	1:21:35	196th	1:34:57	193rd	1:58:09	190th	2:24:59	175th	2:36:30	174th
175th	471	Thomas Tattersfield	North Leeds Fell Runners	MSEN	2:37:25	+1:06:35	1:00:54	153rd	0:16:40	180th=	0:13:17	175th=	0:23:36	193rd	0:28:40	186th	0:14:18	217th=
							1:00:54	153rd	1:17:34	161st	1:30:51	162nd	1:54:27	169th	2:23:07	171st	2:37:25	175th
176th	241	Matt Yardley		M50	2:37:44	+1:06:54	1:03:18	181st	0:16:18	168th=	0:13:17	175th=	0:23:38	194th	0:27:38	167th	0:13:35	193rd
							1:03:18	181st	1:19:36	178th	1:32:53	176th	1:56:31	174th	2:24:09	173rd	2:37:44	176th
177th	466	Andrew. Sandercock	North Leeds Fell Runners	MSEN	2:38:07	+1:07:17	1:05:29	209th	0:16:39	179th	0:13:29	187th	0:22:00	151st=	0:29:29	205th	0:11:01	112th=
							1:05:29	209th	1:22:08	206th	1:35:37	202nd	1:57:37	182nd	2:27:06	192nd	2:38:07	177th
178th	390	Michael Pattrick		MSEN	2:38:13	+1:07:23	1:05:17	204th=	0:16:23	171st	0:13:22	180th=	0:22:55	170th	0:28:02	172nd	0:12:14	146th
							1:05:17	204th=	1:21:40	198th	1:35:02	195th	1:57:57	187th	2:25:59	179th	2:38:13	178th
179th	401	Tony Marlow	Lostock AC	M50	2:38:14	+1:07:24	1:04:42	197th	0:16:32	175th	0:13:36	193rd=	0:22:53	168th	0:28:21	175th=	0:12:10	142nd=
							1:04:42	197th	1:21:14	191st	1:34:50	191st	1:57:43	185th	2:26:04	180th	2:38:14	179th
180th	270	Rebecca Simpson	Swaledale Runners	W40	2:38:21	+1:07:31	1:03:43	186th	0:16:50	187th	0:13:23	182nd	0:23:13	182nd	0:27:32	166th	0:13:40	195th
101.1	100					4 07 40	1:03:43	186th	1:20:33	188th	1:33:56	181st=	1:57:09	176th	2:24:41	174th	2:38:21	180th
181st=	436	Matthew Moore		M50	2:38:36	+1:07:46	1:03:54	190th	0:17:27	206th=	0:13:12	170th	0:23:08	176th=	0:28:42	187th	0:12:13	145th
101-1-	500	India Castan		14/50	0.00.00	14.07.40	1:03:54	190th	1:21:21	192nd	1:34:33	187th	1:57:41	184th	2:26:23	182nd	2:38:36	181st=
181st=	503	Julie Carter		W50	2:38:36	+1:07:46	1:05:15	203rd	0:16:43	184th	0:13:42	195th=	0:22:37	161st	0:27:58	171st	0:12:21	154th=
400	200	Bish and Cam	Kanuish AQ	MOEN	0.00.57	14.00.07	1:05:15	203rd	1:21:58	203rd	1:35:40	203rd	1:58:17	191st	2:26:15	181st	2:38:36	181st=
183rd	290	Richard Carr	Keswick AC	MSEN	2:38:57	+1:08:07	1:00:47	150th	0:17:01	194th=	0:13:04	165th	0:24:58	213th	0:29:16	199th	0:13:51	201st
104th	446	Grager Smith	Bowland Fell Runners	MOEN	0.00.50	11.00.00	1:00:47	150th	1:17:48	163rd	1:30:52	163rd	1:55:50	173rd	2:25:06	176th	2:38:57	183rd
184th	440	Gregor Smith	Bowland Fell Runners	MSEN	2:38:58	+1:08:08	1:04:21 1:04:21	194th 194th	0:16:40 1:21:01	180th=	0:13:08 1:34:09	166th=	0:23:08 1:57:17	176th= 177th	0:29:23 2:26:40	203rd 184th	0:12:18 2:38:58	149th= 184th
185th	452	Freda Summerfield	Gateshead Harriers & AC	W50	2:39:17	+1:08:27	1:04:21	165th	0:16:01	190th 161st=	0:12:55	183rd 159th	0:23:27	191st	0:29:56	209th=	0:15:29	238th=
10501	452		Gateshead Hamers & AC	0030	2.39.17	+1.00.27	1:01:29	165th	1:17:30	159th	1:30:25	160th	1:53:52	162nd	2:23:48	172nd	2:39:17	185th
186th	245	John Thompson	Nowburgh Nomeda BC	M50	2:39:20	+1:08:30	1:02:18	171st	0:16:38	177th=	0:13:21	179th	0:25:08	216th	0:29:45	207th	0:12:10	142nd=
Toour	345		Newburgh Nomads RC	10100	2.39.20	+1.00.30	1:02:18	171st	1:18:56	170th	1:32:17	17901 171st	1:57:25	178th=	2:27:10	193rd	2:39:20	14211u-
187th	122/	Adrian Hope	Winter Hill Runners	M50	2:39:31	+1:08:41	1:02:10	188th	0:16:40	180th=	0:13:46	200th=	0:23:24	190th	0:27:47	169th=	0:14:05	206th=
10/ 11	1224		Winter Hin Kunners	10100	2.00.01	1.00.41	1:03:49	188th	1:20:29	187th	1:34:15	184th	1:57:39	183rd	2:25:26	177th	2:39:31	187th
188th=	347	Maria Cook	Skelmersdale Boundary Harriers	W40	2:39:54	+1:09:04	1:04:37	195th	0:16:53	189th	0:13:13	171st	0:22:45	164th=	0:29:02	194th=	0:13:24	185th=
looul	011		exempledule boundary marriere		2.00.01	1.00.01	1:04:37	195th	1:21:30	194th	1:34:43	189th	1:57:28	180th	2:26:30	183rd	2:39:54	188th=
188th=	488	Joe Curran	Accrington Road Runners	M60	2:39:54	+1:09:04	1:03:24	183rd	0:18:20	236th	0:13:15	172nd=	0:23:07	175th	0:28:35	182nd	0:13:13	178th=
			·······				1:03:24	183rd	1:21:44	200th	1:34:59	194th	1:58:06	189th	2:26:41	185th	2:39:54	188th=
190th	386	Rebecca Wadeson	Skelmersdale Boundary Harriers	W40	2:39:55	+1:09:05	1:04:38	196th	0:16:55	190th=	0:13:20	178th	0:23:31	192nd	0:28:26	179th	0:13:05	176th
			,, ,				1:04:38	196th	1:21:33	195th	1:34:53	192nd	1:58:24	194th	2:26:50	187th	2:39:55	190th
191st	409	Ryan Crellin	Cumberland Fell Runners	MSEN	2:39:59	+1:09:09	1:06:10	211th	0:17:03	196th	0:13:19	177th	0:23:22	188th=	0:28:23	177th	0:11:42	130th
		,					1:06:10	211th	1:23:13	210th	1:36:32	205th	1:59:54	204th	2:28:17	201st	2:39:59	191st
192nd	463	Giles Bailey	Meltham AC	M50	2:40:00	+1:09:10	1:03:31	185th	0:16:46	186th	0:14:01	209th=	0:23:15	183rd	0:29:14	198th	0:13:13	178th=
		-					1:03:31	185th	1:20:17	184th	1:34:18	185th	1:57:33	181st	2:26:47	186th	2:40:00	192nd
193rd	482	Martin Bland	Accrington Road Runners	M60	2:40:02	+1:09:12	1:05:24	207th	0:16:42	183rd	0:13:27	186th	0:23:03	174th	0:28:27	180th	0:12:59	175th
			-				1:05:24	207th	1:22:06	205th	1:35:33	201st	1:58:36	195th	2:27:03	191st	2:40:02	193rd
194th	435	Annabelle Innerdale	Eden Runners	W50	2:40:11	+1:09:21	1:03:02	176th	0:16:26	172nd	0:13:30	188th=	0:24:00	199th	0:29:56	209th=	0:13:17	184th
							1:03:02	176th	1:19:28	174th	1:32:58	177th	1:56:58	175th	2:26:54	188th	2:40:11	194th
195th	259	Stephen Cox	Bowland Fell Runners	M50	2:40:20	+1:09:30	1:05:00	201st	0:16:38	177th=	0:13:42	195th=	0:23:49	197th	0:28:52	191st	0:12:19	151st=
							1:05:00	201st	1:21:38	197th	1:35:20	198th	1:59:09	198th=	2:28:01	198th	2:40:20	195th
196th	354	Sarah Hall	Northern Fells Running Club	WSEN	2:40:22	+1:09:32	1:02:54	174th	0:16:36	176th	0:13:46	200th=	0:25:06	215th	0:28:34	181st	0:13:26	188th
							1:02:54	174th	1:19:30	175th	1:33:16	179th	1:58:22	193rd	2:26:56	189th	2:40:22	196th
197th	327	Nigel Braithwaite	Eden Runners	M50	2:40:49	+1:09:59	1:05:04	202nd	0:16:57	192nd=	0:13:26	184th=	0:23:21	185th=	0:28:45	188th	0:13:16	183rd
							1:05:04	202nd	1:22:01	204th	1:35:27	200th	1:58:48	196th	2:27:33	194th	2:40:49	197th
198th	426	Stephanie Illingworth	Keswick AC	W50	2:41:04	+1:10:14	1:03:11	178th	0:17:11	199th	0:15:25	248th=	0:23:16	184th	0:28:36	183rd=	0:13:25	187th
							1:03:11	178th	1:20:22	185th	1:35:47	204th	1:59:03	197th	2:27:39	195th	2:41:04	198th
199th	346	Shaun Hardisty	Eden Runners	M50	2:41:08	+1:10:18	1:04:45	199th	0:16:57	192nd=	0:13:26	184th=	0:23:12	179th=	0:28:39	185th	0:14:09	210th=
							1:04:45	199th	1:21:42	199th	1:35:08	197th	1:58:20	192nd	2:26:59	190th	2:41:08	199th
200th	349	Kieran Horrigan	FRA	M60	2:41:15	+1:10:25	1:03:47	187th	0:15:46	158th=	0:13:30	188th=	0:24:43	208th	0:30:19	216th	0:13:10	177th
					0.41.01		1:03:47	187th	1:19:33	177th	1:33:03	178th	1:57:46	186th	2:28:05	199th	2:41:15	200th
201st	303	Luke Everitt		MSEN	2:41:28	+1:10:38	1:02:10	170th	0:17:56	218th	0:13:16	174th	0:25:52	225th	0:29:01	193rd	0:13:13	178th=
000	014			MOEN	0.40.44		1:02:10	170th	1:20:06	182nd	1:33:22	180th	1:59:14	201st	2:28:15	200th	2:41:28	201st
202nd	244	Joe Williams	1	MSEN	2:42:11	+1:11:21	1:06:25	213th	0:16:45	185th	0:13:53	205th	0:23:21	185th=	0:29:27	204th	0:12:20	153rd

			1	1	1		1:06:25	213th	1:23:10	209th	1:37:03	207th	2:00:24	205th	2:29:51	205th	2:42:11	202nd
203rd	397	Denise Wright	Bingley Harriers & AC	W50	2:42:17	+1:11:27	1:02:56	175th	0:16:51	188th	0:14:59	234th=	0:24:27	203rd	0:28:36	183rd=	0:14:28	220th
							1:02:56	175th	1:19:47	180th	1:34:46	190th	1:59:13	200th	2:27:49	196th	2:42:17	203rd
204th	382	Sarah Bannister	North Leeds Fell Runners	WSEN	2:42:40	+1:11:50	1:01:35	166th	0:17:26	204th=	0:13:36	193rd=	0:27:05	235th	0:29:02	194th=	0:13:56	203rd=
							1:01:35	166th	1:19:01	171st	1:32:37	174th	1:59:42	202nd	2:28:44	202nd	2:42:40	204th
205th	252	Sarah Warren	Carnethy Hill Racing Club	W40	2:43:26	+1:12:36	1:04:56	200th	0:16:55	190th=	0:13:33	191st	0:23:45	196th	0:30:00	211th	0:14:17	216th
0004	000	Nine Meser	Elucit Oticida en	14/40	0.40.00	14.40.00	1:04:56	200th	1:21:51	202nd	1:35:24	199th	1:59:09	198th=	2:29:09	203rd	2:43:26	205th
206th	230	Nina Mason	Elvet Striders	W40	2:43:28	+1:12:38	1:06:28 1:06:28	214th	0:17:01 1:23:29	194th= 213th	0:13:54 1:37:23	206th 209th	0:23:22 2:00:45	188th=	0:29:02 2:29:47	194th= 204th	0:13:41 2:43:28	196th
207th	456	Neil Sidaway	Cumberland Fell Runners	M60	2:43:55	+1:13:05	1:00:28	214th 148th	0:17:52	213th	0:14:04	209th 213th	0:25:32	206th 221st	0:29:55	204th	0:15:58	206th 245th
20741	400			1000	2.40.00	1.10.00	1:00:34	148th	1:18:26	165th	1:32:30	173rd	1:58:02	188th	2:27:57	197th	2:43:55	207th
208th	249	lan Pudge	Burnden Road Runners	M50	2:44:22	+1:13:32	1:06:50	217th	0:18:07	225th	0:13:55	207th	0:23:12	179th=	0:28:48	189th	0:13:30	192nd
		3					1:06:50	217th	1:24:57	220th	1:38:52	218th	2:02:04	210th	2:30:52	207th	2:44:22	208th
209th	284	Ali Welsh	Bowland Fell Runners	M60	2:44:41	+1:13:51	1:05:26	208th	0:17:29	208th=	0:14:30	222nd=	0:24:11	201st	0:30:48	222nd	0:12:17	148th
							1:05:26	208th	1:22:55	207th	1:37:25	210th	2:01:36	207th	2:32:24	209th=	2:44:41	209th
210th	254	David Naughton	Cheshire Hill Racers	M60	2:45:10	+1:14:20	1:09:04	238th	0:17:34	212th	0:14:40	225th	0:22:45	164th=	0:28:21	175th=	0:12:46	167th=
							1:09:04	238th	1:26:38	229th	1:41:18	229th	2:04:03	217th	2:32:24	209th=	2:45:10	210th
211th	299	Mick Brankin	Trawden Athletic Club	M50	2:45:19	+1:14:29	1:06:22	212th	0:17:30	210th	0:14:25	220th	0:24:49	210th=	0:29:22	202nd	0:12:51	169th=
							1:06:22	212th	1:23:52	214th	1:38:17	212th	2:03:06	212th	2:32:28	211th	2:45:19	211th
212th	269	Christopher Snell	Cumberland Fell Runners	MSEN	2:45:31	+1:14:41	1:05:17	204th=	0:17:58	219th	0:17:08	272nd	0:24:59	214th	0:27:11	157th	0:12:58	174th
010th	420		Keewiek AC	W/40	0.45.50	11.15.00	1:05:17	204th=	1:23:15	211th	1:40:23	225th	2:05:22	224th	2:32:33	212th	2:45:31	212th
213th	432	Lynne Hume	Keswick AC	W40	2:45:52	+1:15:02	1:03:15 1:03:15	180th 180th	0:16:27 1:19:42	173rd= 179th	0:19:05 1:38:47	280th 217th	0:22:56 2:01:43	171st= 208th	0:29:17 2:31:00	200th 208th	0:14:52 2:45:52	226th=
214th	280	Martin Farrar	Wharfedale Harriers	M60	2:46:43	+1:15:53	1:08:18	229th	0:17:38	215th	0:13:48	203rd	0:24:56	200th	0:29:21	200u1 201st	0:12:42	164th
21401	200			1000	2.40.40	1.10.00	1:08:18	229th	1:25:56	226th	1:39:44	222nd	2:04:40	221st	2:34:01	216th	2:46:43	214th
215th	419	Hayley Wood	Eden Runners	WSEN	2:46:46	+1:15:56	1:04:43	198th	0:17:06	198th	0:13:15	172nd=	0:24:45	209th	0:30:22	217th=	0:16:35	251st=
							1:04:43	198th	1:21:49	201st	1:35:04	196th	1:59:49	203rd	2:30:11	206th	2:46:46	215th
216th	410	Sally McCoy	Lostock AC	W50	2:48:04	+1:17:14	1:05:56	210th	0:17:21	202nd	0:13:43	198th	0:24:49	210th=	0:30:46	220th=	0:15:29	238th=
							1:05:56	210th	1:23:17	212th	1:37:00	206th	2:01:49	209th	2:32:35	213th	2:48:04	216th
217th	455	Andrew Turner	Ambleside AC	M60	2:48:12	+1:17:22	1:05:23	206th	0:17:41	216th	0:14:10	215th	0:26:38	233rd	0:30:06	215th	0:14:14	215th
							1:05:23	206th	1:23:04	208th	1:37:14	208th	2:03:52	216th	2:33:58	215th	2:48:12	217th
218th	335	Paul Doxford	South Shields Harriers & AC	M60	2:48:18	+1:17:28	1:07:15	219th	0:17:26	204th=	0:14:01	209th=	0:25:26	220th	0:30:05	213th=	0:14:05	206th=
0.4011	074			14/50	0.40.00	4 47 00	1:07:15	219th	1:24:41	216th	1:38:42	215th	2:04:08	218th	2:34:13	218th	2:48:18	218th
219th	374	Karen Snaith	South Shields Harriers & AC	W50	2:48:20	+1:17:30	1:07:17	220th	0:17:27	206th=	0:14:01	209th=	0:25:25	219th	0:30:05	213th=	0:14:05	206th=
220th	202	Many Oskandan	Powland Fall Punnara	W60	2:48:24	+1:17:34	1:07:17 1:07:19	220th 221st	1:24:44 0:18:16	217th	1:38:45	216th	2:04:10	219th	2:34:15 0:30:03	219th 212th	2:48:20 0:14:03	219th 205th
220th	302	Mary Ockenden	Bowland Fell Runners	0000	2.40.24	+1.17.34	1:07:19	221st 221st	1:25:35	230th 224th	0:14:20 1:39:55	219th 224th	0:24:23 2:04:18	202nd 220th	2:34:21	212th	2:48:24	205th
221st	491	Simon Hawkyard		M60	2:48:30	+1:17:40	1:07:26	224th	0:17:29	208th=	0:13:42	195th=	0:24:38	206th	0:29:42	206th	0:15:33	240th
					2.10.00		1:07:26	224th	1:24:55	219th	1:38:37	214th	2:03:15	213th	2:32:57	214th	2:48:30	221st
222nd	430	Chloe Haines		WSEN	2:49:02	+1:18:12	1:07:25	223rd	0:17:35	213th	0:14:02	212th	0:24:29	204th	0:30:36	219th	0:14:55	228th
							1:07:25	223rd	1:25:00	221st	1:39:02	220th	2:03:31	215th	2:34:07	217th	2:49:02	222nd
223rd	421	Jordan Sunter	Winter Hill Runners	MSEN	2:51:24	+1:20:34	1:01:08	160th	0:18:17	231st=	0:14:56	231st	0:27:56	246th	0:34:15	250th	0:14:52	226th=
							1:01:08	160th	1:19:25	173rd	1:34:21	186th	2:02:17	211th	2:36:32	222nd	2:51:24	223rd
224th	287	Steve Hill	Bowland Fell Runners	M40	2:52:02	+1:21:12	1:03:19	182nd	0:18:05	223rd	0:16:08	261st	0:27:17	238th	0:30:22	217th=	0:16:51	257th
0054	0.45			1450	0.50.05	1 00 15	1:03:19	182nd	1:21:24	193rd	1:37:32	211th	2:04:49	222nd	2:35:11	221st	2:52:02	224th
225th	245	John Mackintosh		M50	2:53:05	+1:22:15	1:07:22	222nd	0:17:25	203rd	0:14:07	214th	0:26:31	230th	0:34:01	246th=	0:13:39	194th
226th	227	Emme Lloyden	Revuland Fall Dunnara	W/40	0.52.12	11.00.00	1:07:22	222nd	1:24:47	218th	1:38:54	219th	2:05:25	225th	2:39:26	224th	2:53:05	225th
226th	231	Emma Hayden	Bowland Fell Runners	W40	2:53:12	+1:22:22	1:08:57 1:08:57	237th 237th	0:18:04 1:27:01	221st= 232nd	0:14:11 1:41:12	216th 228th	0:25:23 2:06:35	217th= 227th	0:32:53 2:39:28	233rd 225th	0:13:44 2:53:12	197th 226th
227th	477	Nicola Dobra	Chorlton Runners	WSEN	2:54:16	+1:23:26	1:08:21	237th	0:18:47	232nd 243rd	0:13:46	22001 200th=	0:27:26	227th 240th	0:31:30	223rd	0:14:26	220th
22701					2.04.10	1.20.20	1:08:21	230th	1:27:08	2431u 234th	1:40:54	200til=	2:08:20	232nd	2:39:50	226th	2:54:16	213th
228th	243	Caroline Harding	Pudsey & Bramley AC	W40	2:54:56	+1:24:06	1:09:21	240th	0:18:14	229th	0:14:17	218th	0:25:37	224th	0:33:14	238th	0:14:13	214th
							1:09:21	240th	1:27:35	239th	1:41:52	233rd	2:07:29	228th	2:40:43	230th	2:54:56	228th
229th	317	Carol Cervenak		W60	2:55:06	+1:24:16	1:09:09	239th	0:18:04	221st=	0:14:44	226th	0:25:36	223rd	0:33:21	240th	0:14:12	213th
							1:09:09	239th	1:27:13	235th	1:41:57	235th	2:07:33	229th	2:40:54	232nd	2:55:06	229th
230th	285	Peter Butler	Swaledale Runners	M60	2:55:09	+1:24:19	1:07:51	226th	0:18:01	220th	0:13:58	208th	0:26:35	232nd	0:34:26	253rd	0:14:18	217th=
							1:07:51	226th	1:25:52	225th	1:39:50	223rd	2:06:25	226th	2:40:51	231st	2:55:09	230th
231st	297	Jennifer Bushell	Helm Hill Runners	WSEN	2:55:14	+1:24:24	1:08:49	234th	0:18:17	231st=	0:14:29	221st	0:26:26	229th	0:32:29	227th	0:14:44	223rd

				1			1:08:49	234th	1:27:06	233rd	1:41:35	231st	2:08:01	231st	2:40:30	228th	2:55:14	231st
232nd	363	Martin Wood	Cumberland Fell Runners	M60	2:55:53	+1:25:03	1:09:29	241st=	0:18:12	228th	0:15:13	239th	0:25:34	222nd	0:33:16	239th	0:14:09	210th=
-			-				1:09:29	241st=	1:27:41	241st	1:42:54	240th	2:08:28	233rd	2:41:44	237th	2:55:53	232nd
233rd	429	Emma Watson	Wharfedale Harriers	WSEN	2:55:58	+1:25:08	1:09:29	241st=	0:18:08	226th	0:14:16	217th	0:26:39	234th	0:32:03	225th	0:15:23	234th=
							1:09:29	241st=	1:27:37	240th	1:41:53	234th	2:08:32	234th	2:40:35	229th	2:55:58	233rd
234th	279	Ann Cummings	Cumberland Fell Runners	W60	2:56:02	+1:25:12	1:08:16	228th	0:17:15	200th=	0:13:44	199th	0:26:05	227th	0:34:41	255th	0:16:01	247th
		-					1:08:16	228th	1:25:31	223rd	1:39:15	221st	2:05:20	223rd	2:40:01	227th	2:56:02	234th
235th	461	Richard Jarvis	Dallam Running Club	M50	2:56:08	+1:25:18	1:06:34	215th	0:17:31	211th	0:14:30	222nd=	0:24:41	207th	0:35:50	263rd	0:17:02	258th
							1:06:34	215th	1:24:05	215th	1:38:35	213th	2:03:16	214th	2:39:06	223rd	2:56:08	235th
236th	264	Andrew Webster	Clayton-le-Moors Harriers	M50	2:56:28	+1:25:38	1:08:13	227th	0:18:19	234th=	0:14:48	228th	0:26:21	228th	0:33:35	242nd	0:15:12	231st
							1:08:13	227th	1:26:32	228th	1:41:20	230th	2:07:41	230th	2:41:16	233rd	2:56:28	236th
237th	310	Alice Burrow		WSEN	2:56:54	+1:26:04	1:09:44	243rd	0:18:39	238th	0:15:18	241st	0:27:08	237th	0:30:46	220th=	0:15:19	233rd
							1:09:44	243rd	1:28:23	244th	1:43:41	245th	2:10:49	243rd	2:41:35	234th	2:56:54	237th
238th	396	Richard Slack	South Shields Harriers & AC	M50	2:57:12	+1:26:22	1:10:18	247th	0:18:45	242nd	0:15:11	238th	0:24:36	205th	0:32:48	231st=	0:15:34	241st
00011	054			14/40	0.57.04	. 1 00 11	1:10:18	247th	1:29:03	247th	1:44:14	247th	2:08:50	235th	2:41:38	235th	2:57:12	238th
239th	351	Kate Ludley	Lonsdale Fell Runners	W40	2:57:31	+1:26:41	1:08:54	236th	0:18:06	224th	0:14:49	229th	0:27:43	243rd=	0:32:11	226th	0:15:48	243rd
240#	254	Philip Dowid	Neuropette (Steffe) Tri Club	MSEN	0.57.45	11.00.55	1:08:54	236th	1:27:00	231st	1:41:49	232nd	2:09:32	238th	2:41:43	236th	2:57:31	239th 234th=
240th	251	Philip Dawid	Newcastle (Staffs) Tri Club	WISEN	2:57:45	+1:26:55	1:08:46	233rd 233rd	0:19:03 1:27:49	248th	0:15:20 1:43:09	243rd=	0:26:03 2:09:12	226th	0:33:10 2:42:22	236th 238th	0:15:23 2:57:45	234m-
241 of	246	Nieky Puttor	Koowiek AC	W60	2.50.12	+1.07.02	1:08:46 1:12:50	255th	0:18:58	242nd 247th		241st	0:25:23	237th 217th=	0:32:37	230th	0:13:27	189th
241st	240	Nicky Butler	Keswick AC	0000	2:58:13	+1:27:23	1:12:50	255th	1:31:48	247 ui 252nd	0:14:58 1:46:46	233rd 251st	2:12:09	245th=	2:44:46	22001 244th	2:58:13	241st
242nd	325	James Sunley	Elswick Harriers	MSEN	2:58:34	+1:27:44	1:08:38	232nd	0:18:53	23211u 244th	0:14:47	227th	0:27:35	243tri=	0:32:41	229th	0:16:00	241st 246th
242110	525			WIGLIN	2.30.34	+1.27.44	1:08:38	232nd 232nd	1:27:31	238th	1:42:18	238th	2:09:53	239th	2:42:34	229th	2:58:34	24001 242nd
243rd	338	Karon Forster	Spectrum Striders	W60	2:59:05	+1:28:15	1:07:10	23211u 218th	0:18:11	230th	0:15:24	230th	0:28:21	248th	0:35:20	259th	0:14:39	2421iu 221st
24510	550		opectrum ounders		2.00.00	1.20.15	1:07:10	218th	1:25:21	222nd	1:40:45	226th	2:09:06	236th	2:44:26	242nd	2:59:05	243rd
244th	403	Mark Shuttleworth	Lostock AC	M50	2:59:27	+1:28:37	1:08:51	235th	0:18:33	237th	0:14:51	230th	0:27:39	242nd	0:32:48	231st=	0:16:45	254th
24401	400			10100	2.00.21	1.20.07	1:08:51	235th	1:27:24	236th	1:42:15	230th	2:09:54	240th	2:42:42	240th	2:59:27	244th
245th	361	Bob Howard	Calder Valley Fell Runners	M60	2:59:36	+1:28:46	1:10:07	246th	0:18:19	234th=	0:14:59	234th=	0:26:33	231st	0:32:58	235th	0:16:40	253rd
21041	001				2.00.00	1.20.10	1:10:07	246th	1:28:26	245th	1:43:25	244th	2:09:58	241st	2:42:56	241st	2:59:36	245th
246th	398	Nicola Carruthers	Northern Fells Running Club	W40	2:59:41	+1:28:51	1:10:01	245th	0:18:44	241st	0:14:59	234th=	0:28:25	250th	0:32:42	230th	0:14:50	225th
					2.00		1:10:01	245th	1:28:45	246th	1:43:44	246th	2:12:09	245th=	2:44:51	245th	2:59:41	246th
247th	293	Jenny Russell	Northern Fells Running Club	W50	3:00:50	+1:30:00	1:09:58	244th	0:18:17	231st=	0:15:06	237th	0:28:29	253rd	0:32:54	234th	0:16:06	248th
			5				1:09:58	244th	1:28:15	243rd	1:43:21	243rd	2:11:50	244th	2:44:44	243rd	3:00:50	247th
248th	273	Jamie Jephcott	Eden Runners	M50	3:01:31	+1:30:41	1:06:40	216th	0:19:49	261st	0:16:21	265th=	0:27:22	239th	0:35:34	262nd	0:15:45	242nd
							1:06:40	216th	1:26:29	227th	1:42:50	239th	2:10:12	242nd	2:45:46	246th	3:01:31	248th
249th	286	Adam Gornall		MSEN	3:01:44	+1:30:54	1:07:33	225th	0:19:11	250th	0:15:25	248th=	0:30:08	262nd	0:34:40	254th	0:14:47	224th
							1:07:33	225th	1:26:44	230th	1:42:09	236th	2:12:17	247th	2:46:57	247th	3:01:44	249th
250th	294	Alan Davies	Todmorden Harriers	M60	3:03:52	+1:33:02	1:14:23	260th=	0:18:43	240th	0:15:34	253rd	0:27:45	245th	0:32:00	224th	0:15:27	237th
							1:14:23	260th=	1:33:06	256th	1:48:40	255th	2:16:25	253rd	2:48:25	249th	3:03:52	250th
251st	321	Stuart Clarkson	Swaledale Runners	M40	3:04:41	+1:33:51	1:16:18	264th	0:18:42	239th	0:14:57	232nd	0:27:06	236th	0:33:28	241st	0:14:10	212th
							1:16:18	264th	1:35:00	263rd	1:49:57	260th	2:17:03	254th	2:50:31	252nd	3:04:41	251st
252nd	476	Isabelle Read	Keswick AC	WSEN	3:05:34	+1:34:44	1:08:32	231st	0:18:56	245th=	0:15:45	256th	0:29:09	257th	0:35:24	260th	0:17:48	264th
							1:08:32	231st	1:27:28	237th	1:43:13	242nd	2:12:22	248th	2:47:46	248th	3:05:34	252nd
253rd	356	Allon Welsh	Northumberland Fell Runners	M50	3:06:40	+1:35:50	1:14:17	259th	0:20:07	267th=	0:16:44	270th	0:29:08	256th	0:33:11	237th	0:13:13	178th=
							1:14:17	259th	1:34:24	260th	1:51:08	263rd	2:20:16	262nd	2:53:27	258th	3:06:40	253rd
254th	467	Daniel Mullinder		M50	3:07:31	+1:36:41	1:11:29	249th	0:19:19	252nd	0:15:42	255th	0:28:24	249th	0:34:17	251st	0:18:20	267th=
							1:11:29	249th	1:30:48	248th	1:46:30	248th	2:14:54	249th	2:49:11	250th	3:07:31	254th
255th	464	Carolyn Millican	Border Harriers & AC	W40	3:07:32	+1:36:42	1:11:33	250th	0:19:28	256th=	0:15:33	252nd	0:28:43	254th	0:34:01	246th=	0:18:14	266th
							1:11:33	250th	1:31:01	249th	1:46:34	249th	2:15:17	250th	2:49:18	251st	3:07:32	255th
256th	298	Stewart Lavender	Keswick AC	M40	3:07:55	+1:37:05	1:14:14	258th	0:19:23	254th	0:16:04	258th	0:28:27	252nd	0:34:22	252nd	0:15:25	236th
0570	0.40			MOTH	0.00.00	. 1 07 10	1:14:14	258th	1:33:37	259th	1:49:41	259th	2:18:08	258th	2:52:30	257th	3:07:55	256th
257th	343	Holly Arnold	Fellside Ladies	WSEN	3:08:36	+1:37:46	1:12:48	254th	0:19:20	253rd	0:15:23	246th	0:30:30	265th=	0:34:10	248th	0:16:25	250th
050		- ·		MOTH	0.00.55	1 00 05	1:12:48	254th	1:32:08	254th	1:47:31	254th	2:18:01	257th	2:52:11	255th	3:08:36	257th
258th	341	Emma Lane	North Leeds Fell Runners	WSEN	3:08:55	+1:38:05	1:16:25	265th	0:19:25	255th	0:15:41	254th	0:28:26	251st	0:33:44	243rd=	0:15:14	232nd
0504	205		Devidend Fell Duranens	1400	0.40.00	14.00.40	1:16:25	265th	1:35:50	265th	1:51:31	264th	2:19:57	261st	2:53:41	259th	3:08:55	258th
259th	305	Clive Hodgson	Bowland Fell Runners	M60	3:10:09	+1:39:19	1:17:10	269th	0:19:39	259th	0:16:05	259th	0:28:10	247th	0:33:58	245th	0:15:07	230th
260+	266	Angela Irving		10/40	2.10.14	+1.20.04	1:17:10	269th	1:36:49	267th	1:52:54	267th	2:21:04	264th	2:55:02	264th	3:10:09	259th
20001-	300		I	W40	3.10.14	+1:39:24	1.12.41	253rd	0:19:16	251st	0:15:15	240th	0:29:10	258th	0:35:57	265th=	0:17:55	265th

262nd 340 1 263rd 344 1 264th 304 1 265th 407 1 266th 449 1	Joanna Cartmell Helen Lilley Ralph Liddell Hannah Greenlee Matt Lees Tom Scott Hilary Lane	Northern Fells Running Club North Shields Polytechnic Club Eden Runners Chorlton Runners Bollington Harriers	W40 WSEN M70 WSEN M50	3:10:14 3:10:42 3:10:45 3:11:12	+1:39:24 +1:39:52 +1:39:55 +1:40:22	1:12:41 1:12:39 1:12:39 1:11:22 1:11:22 1:11:22 1:13:13 1:13:13	253rd 252nd 252nd 248th 248th 256th	1:31:57 0:19:06 1:31:45 0:19:55 1:31:17	253rd 249th 251st 262nd 250th	1:47:12 0:15:19 1:47:04 0:15:25 1:46:42	253rd 242nd 252nd 248th= 250th	2:16:22 0:28:55 2:15:59 0:30:30 2:17:12	252nd 255th 251st 265th= 255th	2:52:19 0:35:55 2:51:54 0:33:44 2:50:56	256th 264th 254th 243rd= 253rd	3:10:14 0:18:20 3:10:14 0:19:46 3:10:42	260th= 267th= 260th= 274th
262nd 340 1 263rd 344 1 264th 304 1 265th 407 1 266th 449 1	Helen Lilley Ralph Liddell Hannah Greenlee Matt Lees Tom Scott	North Shields Polytechnic Club Eden Runners Chorlton Runners	WSEN M70 WSEN	3:10:42 3:10:45 3:11:12	+1:39:52 +1:39:55	1:12:39 1:11:22 1:11:22 1:13:13 1:13:13	252nd 248th 248th 256th	1:31:45 0:19:55 1:31:17	251st 262nd	1:47:04 0:15:25	252nd 248th=	2:15:59 0:30:30	251st 265th=	2:51:54 0:33:44	254th 243rd=	3:10:14 0:19:46	260th= 274th
263rd 344 1 264th 304 1 265th 407 1 266th 449 1	Ralph Liddell Hannah Greenlee Matt Lees Tom Scott	Eden Runners Choriton Runners	M70 WSEN	3:10:45 3:11:12	+1:39:55	1:11:22 1:13:13 1:13:13	248th 256th	1:31:17									
264th 304 1 265th 407 1 266th 449	Hannah Greenlee Matt Lees Tom Scott	Chorlton Runners	WSEN	3:11:12		1:13:13 1:13:13	256th		250th	1:46:42	250th	2.17.12	255th	2.20.26	253rd	3:10:42	
264th 304 1 265th 407 1 266th 449	Hannah Greenlee Matt Lees Tom Scott	Chorlton Runners	WSEN	3:11:12		1:13:13		0 40 50			20001	2.17.12	2000	2.00.00			262nd
265th 407 I 266th 449	Matt Lees Tom Scott				+1:40:22			0:19:56	263rd	0:16:20	264th	0:29:23	259th	0:35:57	265th=	0:15:56	244th
265th 407 I 266th 449	Matt Lees Tom Scott				+1:40:22		256th	1:33:09	257th	1:49:29	257th	2:18:52	259th	2:54:49	262nd	3:10:45	263rd
266th 449	Tom Scott	Bollington Harriers	M50			1:14:37	262nd	0:20:02	265th	0:15:21	245th	0:30:37	267th	0:34:14	249th	0:16:21	249th
266th 449	Tom Scott	Bollington Harriers	M50			1:14:37	262nd	1:34:39	262nd	1:50:00	261st	2:20:37	263rd	2:54:51	263rd	3:11:12	264th
				3:11:24	+1:40:34	1:13:19	257th	0:19:57	264th	0:15:55	257th	0:30:10	263rd	0:35:16	258th	0:16:47	255th=
			M40	3:13:22	+1:42:32	1:13:19	257th	1:33:16 0:20:06	258th	1:49:11 0:16:55	256th 271st	2:19:21 0:27:43	260th 243rd=	2:54:37 0:36:33	261st 269th	3:11:24 0:19:31	265th 272nd
00711 0.40	Hilary Lane	1	10140	3.13.22	+1.42.32	1:12:34 1:12:34	251st 251st	1:32:40	266th 255th	1:49:35	27 ISt 258th	0.27.43 2:17:18	243ru- 256th	0.36.33 2:53:51	269th	3:13:22	272nu 266th
	r mary Lane	North Leeds Fell Runners	W60	3:13:55	+1:43:05	1:12:34	266th	0:19:28	256th=	0:15:32	25001 251st	0:29:47	260th	0:34:57	256th	0:17:39	263rd
267th 342 I			**00	0.10.00	11.45.05	1:16:32	266th	1:36:00	266th	1:51:32	265th	2:21:19	265th	2:56:16	265th	3:13:55	267th
268th 352 I	Emma Blundell	Lonsdale Fell Runners	WSEN	3:14:29	+1:43:39	1:14:23	260th=	0:20:11	270th	0:16:12	263rd	0:31:27	270th	0:35:29	261st	0:16:47	255th=
				0		1:14:23	260th=	1:34:34	261st	1:50:46	262nd	2:22:13	266th	2:57:42	266th	3:14:29	268th
269th 418 I	Michele Sunter	Winter Hill Runners	W60	3:21:26	+1:50:36	1:16:51	267th	0:21:28	276th	0:16:38	268th	0:30:54	269th	0:38:03	272nd	0:17:32	261st
						1:16:51	267th	1:38:19	271st	1:54:57	270th	2:25:51	269th	3:03:54	268th	3:21:26	269th
270th 422 I	Donna Kelsall	Winter Hill Runners	W40	3:21:27	+1:50:37	1:16:55	268th	0:21:29	277th	0:16:37	267th	0:30:51	268th	0:38:07	273rd	0:17:28	260th
						1:16:55	268th	1:38:24	272nd	1:55:01	271st	2:25:52	270th	3:03:59	269th	3:21:27	270th
271st 520 I	Mo Sayed	Chorlton Runners	MSEN	3:22:36	+1:51:46	1:18:31	274th	0:19:30	258th	0:15:20	243rd=	0:33:02	275th	0:38:47	274th	0:17:26	259th
						1:18:31	274th	1:38:01	270th	1:53:21	268th	2:26:23	271st	3:05:10	272nd	3:22:36	271st
272nd 433 I	Beverley Armstrong	DH Runners	W50	3:23:15	+1:52:25	1:17:39	270th	0:20:07	267th=	0:18:07	277th	0:32:05	273rd	0:35:02	257th	0:20:15	276th
						1:17:39	270th	1:37:46	268th	1:55:53	273rd	2:27:58	272nd	3:03:00	267th	3:23:15	272nd
273rd 442	Julie Story	DH Runners	W50	3:23:53	+1:53:03	1:17:48	272nd	0:20:48	271st	0:17:38	276th	0:32:00	271st	0:36:10	267th	0:19:29	271st
07411 404		DU D	1440	0.00.54	.4.50.04	1:17:48	272nd	1:38:36	273rd	1:56:14	275th	2:28:14	273rd	3:04:24	270th	3:23:53	273rd
274th 434	Brian Hazlewood	DH Runners	M40	3:23:54	+1:53:04	1:17:45	271st 271st	0:20:56 1:38:41	272nd= 274th	0:17:15 1:55:56	274th 274th	0:32:39 2:28:35	274th 274th	0:36:12 3:04:47	268th 271st	0:19:07 3:23:54	270th 274th
275th 381	Jill Libby	Eden Runners	W60	3:24:23	+1:53:33	1:17:45 1:20:32	271st 278th	0:21:48	274th	0:16:21	265th=	0:30:14	264th	0:37:54	271st	0:17:34	2/4m 262nd
27501 501		Luen Runners	000	5.24.25	+1.55.55	1:20:32	278th	1:42:20	278th	1:58:41	203th	2:28:55	204th 276th	3:06:49	271st 274th	3:24:23	275th
276th 231 I	Debbie Rycroft	Pickering Running Club	W50	3:28:17	+1:57:27	1:18:34	275th	0:20:56	272nd=	0:16:07	260th	0:33:16	276th	0:36:36	274th	0:22:48	27301 281st
				0.20.17	1.07.27	1:18:34	275th	1:39:30	275th	1:55:37	272nd	2:28:53	275th	3:05:29	273rd	3:28:17	276th
277th 365 I	Richard Macilwaine	Spectrum Striders	M60	3:34:17	+2:03:27	1:18:39	276th	0:21:23	275th	0:17:23	275th	0:34:12	278th	0:42:53	277th	0:19:47	275th
		'				1:18:39	276th	1:40:02	277th	1:57:25	277th	2:31:37	278th	3:14:30	275th	3:34:17	277th
278th 309	Alexis Boddy	Cumberland Fell Runners	M50	3:34:45	+2:03:55	1:18:09	273rd	0:19:47	260th	0:16:11	262nd	0:30:06	261st	0:53:57	282nd	0:16:35	251st=
						1:18:09	273rd	1:37:56	269th	1:54:07	269th	2:24:13	267th	3:18:10	277th	3:34:45	278th
279th 518 I	Linden Burke	Keswick AC	M50	3:39:03	+2:08:13	1:18:41	277th	0:21:14	274th	0:16:40	269th	0:33:27	277th	0:47:24	279th	0:21:37	280th
						1:18:41	277th	1:39:55	276th	1:56:35	276th	2:30:02	277th	3:17:26	276th	3:39:03	279th
280th 525	Andrew Kelly	Cumberland AC	M40	3:41:29	+2:10:39	1:14:54	263rd	0:20:09	269th	0:17:09	273rd	0:32:02	272nd	0:56:26	283rd	0:20:49	278th=
						1:14:54	263rd	1:35:03	264th	1:52:12	266th	2:24:14	268th	3:20:40	278th	3:41:29	280th
281st 439	Michelle Spencer	Southport Waterloo AC	W40	3:48:01	+2:17:11	1:25:12	279th	0:24:30	281st	0:19:22	283rd	0:38:34	282nd	0:39:48	276th	0:20:35	277th
000	Carab OlCaraa	Couther of Westerlage AC		0.40.07	10:47:47	1:25:12	279th	1:49:42	281st	2:09:04	282nd	2:47:38	282nd	3:27:26	280th	3:48:01	281st
282nd 438	Sarah O'Connor	Southport Waterloo AC	WSEN	3:48:07	+2:17:17	1:25:17	280th	0:24:34	283rd	0:19:09	281st	0:38:43	283rd	0:39:35	275th	0:20:49	278th=
283rd 437	Jill Gates	Settle Harriers	W60	3:50:35	+2:19:45	1:25:17 1:28:26	280th 283rd	1:49:51 0:24:33	282nd 282nd	2:09:00 0:19:00	281st 279th	2:47:43 0:35:00	283rd 280th	3:27:18 0:43:58	279th 278th	3:48:07 0:19:38	282nd 273rd
20010 407	Ull Gales		000	0.00.00	12.13.43	1:28:26	283rd	1:52:59	283rd	2:11:59	27901 283rd	0:35:00 2:46:59	281st	0.43.58 3:30:57	27001 282nd	3:50:35	273rd 283rd
284th 355 I	Richard Hindle	Keighley & Craven AC	M70	3:53:26	+2:22:36	1:27:15	282nd	0:22:13	279th	0:18:35	278th	0:34:40	279th	0:47:28	280th	0:23:15	282nd
				0.00.20		1:27:15	282nd	1:49:28	280th	2:08:03	280th	2:42:43	279th	3:30:11	281st	3:53:26	284th
285th 362 I	Brian Barnes	Chorlton Runners	M60	4:01:28	+2:30:38	1:25:23	281st	0:23:05	280th	0:19:16	282nd	0:37:40	281st	0:50:41	281st	0:25:23	283rd
						1:25:23	281st	1:48:28	279th	2:07:44	279th	2:45:24	280th	3:36:05	283rd	4:01:28	285th
322	Kenny Forster	Spectrum Striders	M60	rtd													
262	Greg Rimmer	Dark Peak Fell Runners	M60	rtd													