

Sale Fell Race - 25th Nov 2023

<http://www.timingupnorthresults.co.uk/results.aspx?CId=16576&RId=9001>

Pos	Num	Name	Category	Club	Time
1	87	Oliver Heaton	Sen	Preston Harriers	0:25:41
2	17	Sam Bennett	Sen	Cumberland Fell Runners	0:26:05
3	93	Mylo Jewell	Sen	Cumberland Fell Runners	0:26:11
4	160	Jacob Tonkin	Sen	Keswick AC	0:26:19
5	39	Ross Coles	Sen	Cumberland Fell Runners	0:26:22
6	52	Adam Cresswell	Sen	Cumberland Fell Runners	0:26:34
7	58	Jim Davies	V50	Borrowdale Fell Runners	0:26:51
8	76	Jack Gilbert	Sen	Cumberland Fell Runners	0:27:04
9	16	Dale Bell	Sen	Northern Fells Running Club	0:27:16
10	170	Micah Wightman	Sen	Keswick AC	0:27:36
11	141	Michael Rudd	V40	Northern Fells Running Club	0:27:57
12	124	Thom Noonan	Sen	Cumberland Fell Runners	0:28:02
13	137	Bruce Rigby	Sen		0:28:11
14	106	Chris Lister	V40	Ellenborough AC	0:28:29
15	122	Simon Mounsey	V50	Howgill Harriers	0:28:31
16	127	Jordan Palmer	Sen	Keswick AC	0:28:34
17	155	Joshua Taylor	Sen		0:28:35
18	162	Philippa Wakefield	V40	Keswick AC	0:28:38
19	2	Steven Agar	V40	Eden Runners	0:28:43
20	159	Ian Thompson	Sen		0:28:50
21	60	James Desmond	Sen	Derwent AC	0:28:59
22	108	Dave Lund	V40	Ambleside AC	0:29:21
23	81	Jodie Gray	Sen	Keswick AC	0:29:24
24	180	Daniel Worsell	Sen	Cumberland Fell Runners	0:29:30
25	109	Adam Malloy	V40	Northumberland Fell Runners	0:29:31
26	183	Jonathan Wynne	Sen	Kenilworth Runners	0:29:34
27	156	Peter Taylor	V50	Cumberland Fell Runners	0:29:37
28	83	Bobby Hagan	Sen	Morpeth Harriers & AC	0:29:40
29	5	Adam Armata	V40		0:29:42
30	74	Ed Gamble	V50	Cheshire Hill Racers	0:29:54
31	65	Alex Fairman	Sen	Cumberland Fell Runners	0:30:00
32	31	Ross Butler	V40	Keswick AC	0:30:03
33	77	Matt Gittins	V40	Didsbury Runners	0:30:07
34	167	Robert White	Sen	Cumberland Fell Runners	0:30:12
35	104	Jonathan Lamb	Sen	Keswick AC	0:30:24
36	32	Max Buttinger	V40	Keswick AC	0:30:27
37	114	David McCabe	V50	Trawden Athletic Club	0:30:32
38	67	Pete Faulkner	V40	Cumberland Fell Runners	0:30:44
39	98	Christopher Joyce	V40		0:30:49
40	4	Sheena Allport	Sen		0:30:51
41	143	Matt Santo	V40		0:31:05
42	154	James Taylor	Sen		0:31:08
43	64	John Duff	V50	Northumberland Fell Runners	0:31:14
44	82	Daniel Grisedale	Sen		0:31:19
45	35	Gareth Cavanagh	Sen	Cumberland AC	0:31:20
46	149	Robin Steels	V40	Cumberland Fell Runners	0:31:48
47	71	Ashley Fryer	Sen	Tri Lakeland	0:31:55
48	146	Scott Stanley	Sen	Cumberland Fell Runners	0:32:01
49	152	Tom Sutton	V40	Keswick AC	0:32:05
50	22	Andrew Bradley	V60	Cumberland Fell Runners	0:32:09
51	144	Neil Sidaway	V60	Cumberland Fell Runners	0:32:14
52	140	George Royston-Bishop	V40	Derwent AC	0:32:18
53	53	Peter Crompton	V60	Cumberland Fell Runners	0:32:21
54	165	Adam Wedgwood	V40		0:32:25
55	135	Johny Rastoaca	Sen		0:32:41
56	29	Mark Bullock	V50	Cumberland Fell Runners	0:32:43
57	28	Ritchie Budd	Sen		0:32:59
58	101	David Kenwright	V40		0:33:02
59	38	Richard Clarke	V50	Northern Fells Running Club	0:33:03
60	33	Joanna Cartmell	V40	Northern Fells Running Club	0:33:05

61	15	Trudy Beetham	V40	Keswick AC	0:33:08
62	90	Alan Homer	V40	Derwent AC	0:33:09
63	176	Karolina Woloszczyk	Sen		0:33:27
64	37	Jennie Chatterley	V50	Cumberland Fell Runners	0:33:38
65	111	Chris Mathieson	Sen	Derwent AC	0:33:42
66	169	Steven Whitehurst	V50		0:33:45
67	175	Mark Wise	V60	Cumberland Fell Runners	0:33:51
68	24	Sally Braithwaite	Sen	Eden Runners	0:33:55
69	10	Daniel Austin	Sen	Cumberland Fell Runners	0:33:57
70	172	Ian Wilson	Sen	Cumberland AC	0:34:01
71	89	Tracy Hodgson	V40	Netherhall AC	0:34:03
72	97	Christopher Joy	Sen		0:34:07
73	13	Erin Barry	Sen	Keswick AC	0:34:09
74	72	Juliet Fullwood	Sen	Cumberland Fell Runners	0:34:22
75	84	Sarah Hall	Sen	Northern Fells Running Club	0:34:28
76	168	Scott White	V50	Keswick AC	0:34:41
77	115	James McLaughlin	V50	Cumberland Fell Runners	0:34:50
78	51	Ryan Crellin	Sen	Cumberland Fell Runners	0:35:00
79	8	Gillian Atkinson	V50	Keswick AC	0:35:10
80	25	David Brown	Sen	Northern Fells Running Club	0:35:15
81	158	Simon Thomas	V40	Eden Runners	0:35:22
82	125	Emma O'rourke	V40	Keswick AC	0:35:26
83	50	Rob Crawford	V40	Howgill Harriers	0:35:32
84	68	Duncan Fawcett	Sen		0:35:43
85	21	Susie Bone	V40	Eden Runners	0:35:53
86	151	Nicky Sutton	V40	Keswick AC	0:35:56
87	164	Colin Webb	V70	Cumberland Fell Runners	0:36:05
88	105	Sophie Likeman	Sen	Cumberland Fell Runners	0:36:06
89	178	Hayley Wood	Sen	Eden Runners	0:36:12
90	20	Fred Boardman	V40	Cumberland Fell Runners	0:36:15
91	128	Darren Parker	V50	Cumberland Fell Runners	0:36:18
92	177	David Wood	Sen	Cumberland Fell Runners	0:36:20
93	179	Mark Wood	V40	Netherhall AC	0:36:22
94	18	Freya Billinghamurst	Sen	Netherhall AC	0:36:25
95	147	Dan Steels	V40	Keswick AC	0:36:27
96	174	Angela Wilson	V50	Northern Fells Running Club	0:36:29
97	47	Mark Cowperthwaite	V50	Cumberland AC	0:36:34
98	23	Nigel Braithwaite	V50	Eden Runners	0:36:36
99	34	Tamsin Cass	V40	Derwentside AC	0:36:50
100	161	Magda Trafas	V40		0:37:03
101	79	Isobel Graham	V50	Derwent AC	0:37:07
102	86	Victoria Haworth	Sen	Keswick AC	0:37:08
103	36	Shaun Cavanagh	V50	Cumberland AC	0:37:37
104	80	Michael Graham	Sen		0:37:40
105	134	Matt Poulton	Sen		0:37:45
106	14	Tony Bastin	V50	Abbey Runners	0:37:49
107	1	Elizabeth Adams	V40	Derwent AC	0:38:03
108	41	Divya Conlon	Sen	Cumberland Fell Runners	0:38:17
109	153	Trevor Symonds	V60	Northern Fells Running Club	0:38:20
110	3	Mehdi Ahmedzada	Sen	Cumberland Fell Runners	0:38:23
111	11	Leeann Barber	V40	Cumberland Fell Runners	0:38:25
112	19	Jacob Billinghamurst	Sen	Netherhall AC	0:38:28
113	145	Rose Singleton	Sen	Northern Fells Running Club	0:38:40
114	126	Mark Osborne	V60	Keswick AC	0:38:43
115	48	Sarah Crake	Sen		0:38:47
116	30	Andrew Butcher	V50		0:39:08
117	85	Leanne Harris	Sen	Netherhall AC	0:39:11
118	99	Andrew Kelly	V40	Cumberland AC	0:39:12
119	75	Russell Geraghty	V50	Nidd Valley Road Runners	0:39:16
120	63	Jim Downie	V70	Keswick AC	0:39:20
121	6	Paul Arts	V50	Cumberland Fell Runners	0:39:20
122	54	Ann Cummings	V60	Cumberland Fell Runners	0:39:25
123	43	Tammy Connor	V40	Cumberland Fell Runners	0:39:26

124	107	Amy Lockwood	V50		0:39:36
125	120	Graham Moffat	V60	Howgill Harriers	0:40:20
126	26	Louise Brown	V50	Keswick AC	0:40:26
127	123	Lorela Movileanu	Sen	Keswick AC	0:40:29
128	173	Vic Wilson	V40	Cumberland Fell Runners	0:40:42
129	184	Kevin Zwolinski	V60	Stratford Upon Avon AC	0:40:45
130	66	Bev Faulder	V40	Cumberland AC	0:40:47
131	44	Steve Cowlbeck	V50		0:41:03
132	163	Graham Watson	V60	Cumberland Fell Runners	0:41:15
133	49	Andrew Cramp	V60		0:41:18
134	94	Andy Johnson	V60	Netherhall AC	0:41:45
135	112	Laura Mathieson	Sen		0:42:02
136	55	David Daghish	V40		0:42:18
137	56	Mandy Daghish	V40		0:42:19
138	92	Paul Jennings	V50	Cumberland Fell Runners	0:42:21
139	103	Rachael Knight	Sen	Keswick AC	0:42:45
140	119	Jenny Mitchell	V40	Northern Fells Running Club	0:42:51
141	157	Carreana Taylor	V40	Cumberland AC	0:42:55
142	133	Liz Polkey	V50		0:42:59
143	7	Stella Atherton	V50	Cumberland AC	0:43:16
144	100	Viki Kent-Carlile	V40		0:44:38
145	148	Nicky Steels	V40	Keswick AC	0:44:40
146	45	Victoria Cowlbeck	V40		0:44:52
147	102	Jack King	V70	Cumberland Fell Runners	0:44:59
148	46	Karen Cowperthwaite	V50	Cumberland AC	0:45:04
149	73	Karen Fyles	V50	Howgill Harriers	0:45:15
150	181	Alison Wright	V50	Cumberland Fell Runners	0:45:25
151	27	Lindsay Buck	V60	Cumberland Fell Runners	0:45:28
152	110	Charlotte Martin	Sen	Tri Lakeland	0:45:33
153	9	Nick Barker	Sen	Cumberland Fell Runners	0:46:47
154	166	Debs White	V50	Keswick AC	0:47:00
155	40	Gemma Colling	Sen	Derwent AC	0:47:03
156	88	Mike Hind	V70	Borrowdale Fell Runners	0:47:56
157	129	Dot Patton	V60	Cumberland Fell Runners	0:49:01
158	121	Jane Mottram	V60	Cumberland Fell Runners	0:49:05
159	139	Susan Routledge	V40	Tri Lakeland	0:49:20
160	182	Sarah Wright	V40	Eden Runners	0:50:17
161	138	Julia Ross	V50		0:50:22
162	116	Karen Mclean	V60	Cumberland AC	0:50:37
163	136	Tristan Reid	V40	Northern Fells Running Club	0:55:38
164	95	Barry Johnson	V80	Cumberland Fell Runners	1:03:35