Abraham's Tea Round

Pete Faulkner

I set off at 06:43am (wanted to get parked in Keswick and avoid tourists on Catbells). I ran solo, unsupported (refilled with water filtered from the stream descending High Stile, and fuelled using Tailwind Nutrition). Conditions were perfect; dry all day, not too windy. My intended route was clockwise, though my actual route varied slightly in places, as I like to explore a bit and play on the rocks!











