Tried my luck on an ultra....
By Ambleside, everything had gone off the rails, and I had to convince myself that the time didn't matter and plodded on for the remaining 16 miles. Reaching Coniston and completing the route at 1am really made it feel all worthwhile. The event really makes every runner feel special.
Support through Ambleside was unbelievable with all the locals and race supporters cheering you on so loudly it felt great when at a low point.
I couldn't take on food or gels when running so stopped at checkpoints longer than I would like and walked more than I wanted too but it’s all experience for the next one that I don’t plan on ever doing!
Rest required