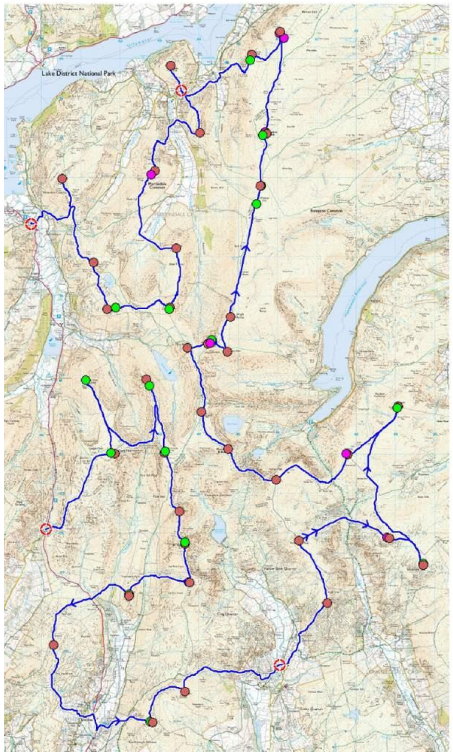
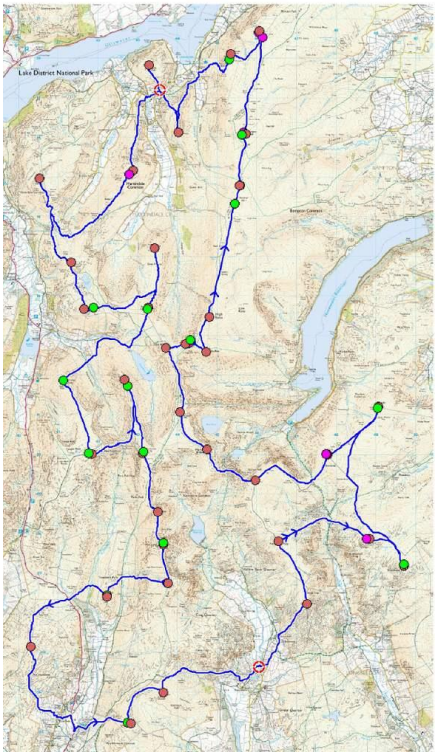
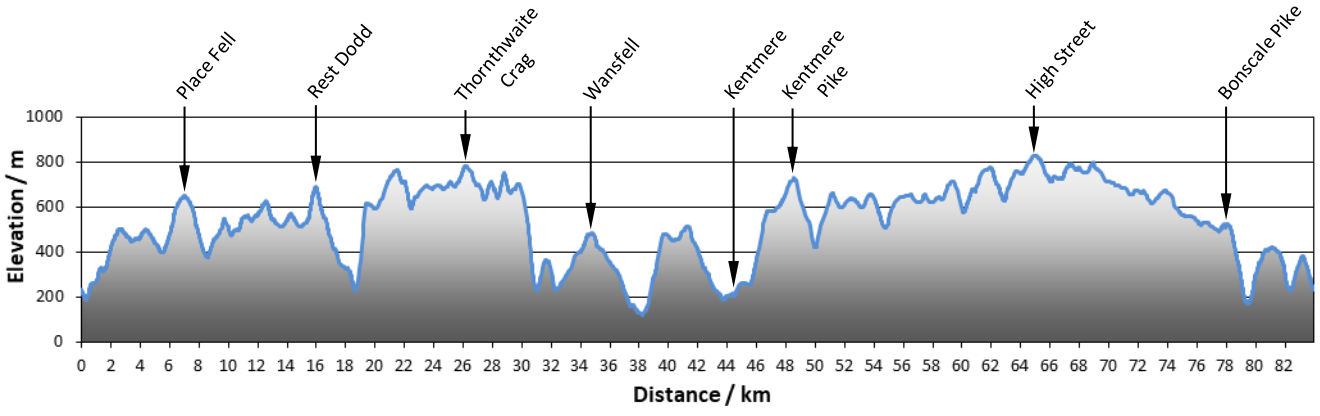
2. Far Eastern Fells

Type	Direction	Distance / km	Ascent / m	Descent / m	Time / h:mm
Linear	Kirkstone Pass -> Patterdale	84	5424	5722	15:35
Circular		84	5475	5475	15:32





The hills on of the western side of the region form rounded ridges with steep sides which necessitates a few there-and-backs to avoid losing height. The southern section is closer to civilisation before the climb out of Kentmere takes you back into the hills. The going is good in the western half but there are boggier sections in the east, especially around Grey Crag, and the High Street ridge was surprisingly boggy when I did it, although it was after many weeks of prolonged periods of rain. The linear route follows Steve Birkenshaw's route. The circular route is the one I followed, starting at St Peter's Church, Martindale, and takes in Steel Fell and Hallin Fell at the end. It is marginally quicker to do Steel Fell first, but I like to think I'm getting going by rapidly moving away from the starting point. Hallin Fell is a great summit to finish on, with fine views of Ullswater and slipper-friendly grass to run back down. You could ascend Gray Crag after Rest Dodd and circle round to Hartsop Dodd as a there-and-back but the times are identical. Rest Dodd and The Nab could be possibly be done after The Knott.



Elevation profile of the Far Eastern Fells circular route.