North Western Fells (25 Feb 2019)

A short résumé of this one. The North Western fells are my local fells and there was only a small fraction of this route that I hadn't travelled before. Despite still being winter, the day was sunny and warm. I got badly dehydrated for 3 hours during the hottest part of the day and, by the end, I couldn't eat and felt sick ascending Castle Crag. (I didn't realise at the time that this was the harbinger of things to come.) I was in pain when descending which slowed me down. Despite these difficulties, I had an enjoyable day.

(71km, 4392m of ascent. Time taken – 14:19; stationary 0:21; 2:31 in the dark.)



Sunrise from Barf



Mist in the valleys from Grisedale Pike